

## School and parent/carer resources available on NSPCC websites

Parent/carer resources	Website location/link
<p><b>Our Speak out Stay safe assembly</b> – suitable for home-learning.</p> <p><b>Activities for kids at home</b> - Keep busy while learning about staying safe and speaking out with our at-home activities for primary school children.</p> <p>New books/fun crafts available from the NSPCC shop.</p>	<p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/</a></p> <p><a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p> <p><a href="https://shop.nspcc.org.uk/collections/books">https://shop.nspcc.org.uk/collections/books</a>  <a href="https://shop.nspcc.org.uk/collections/things-to-do-at-home">https://shop.nspcc.org.uk/collections/things-to-do-at-home</a></p>
<p><b>Supporting children with special educational needs and disabilities</b></p> <p>Advice for parents and carers on supporting SEND children during coronavirus (COVID-19).</p>	<p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/coronavirus-supporting-children-special-educational-needs-disabilities/</a></p>
<p><b>O2 and NSPCC</b></p> <p>Bringing together O2’s tech know-how and the NSPCC’s expertise in protecting children, we’ve developed <b>Net Aware</b>, your guide to the latest apps, games and social media sites used by young people.</p> <p>Visit our <b>online safety in lockdown hub</b>. Right now, kids will be spending more time online, so we’ve got advice to help you keep your kids safe during lockdown and beyond</p> <p>Visit our <b>SEND Online safety hub for</b> online safety tips, advice and activities specifically for parents and carers of children with SEND.</p> <p><b>Online safety resources</b></p> <p>We’ve created colouring in sheets, a family agreement, quizzes and a word search to help kick start your online safety conversations.</p>	<p><a href="https://www.o2.co.uk/help/online-safety">https://www.o2.co.uk/help/online-safety</a></p> <p><a href="https://www.net-aware.org.uk/">https://www.net-aware.org.uk/</a></p> <p><a href="https://www.net-aware.org.uk/online-safety-lockdown/">https://www.net-aware.org.uk/online-safety-lockdown/</a></p> <p><a href="https://www.net-aware.org.uk/send-online-safety-hub/">https://www.net-aware.org.uk/send-online-safety-hub/</a></p> <p><a href="https://www.net-aware.org.uk/resources/">https://www.net-aware.org.uk/resources/</a></p>
<p><b>Talking PANTS with your children</b></p> <p>Talk PANTS is a simple conversation to help keep your child safe from sexual abuse. You can find out more and download the free resources on our website.</p> <p>Penguin and Ladybird have also partnered with the NSPCC to create a brand new Pantosaurus book aimed at children ages 4 - 8. The book is available in English and they will also ensure the content is made available in Welsh. All profits from the sale of this book will support the NSPCC.</p>	<p><a href="http://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a></p> <p>You can find copies of the new book on sale, either in Matalan’s selected stores and online, selected SPAR stores or at: <a href="https://shop.nspcc.org.uk">https://shop.nspcc.org.uk</a>.</p>

# NSPCC

<b>Coronavirus (COVID-19) advice and support for parents and carers</b>	<a href="https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/">https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/</a>
<b>Supporting your child at home</b> Tips for talking to a child worried about coronavirus (COVID-19)	<a href="https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/">https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/</a>

Whether you're working from home with your kids or supporting children with anxiety due to coronavirus, we've got tips and advice for you.

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

**You can also find a variety of [NSPCC videos](#) on YouTube, including the selection below which you may find helpful.**

NSPCC Videos for parents	Website location/link
<p><b>Infant Mental Health with NSPCC</b></p> <p><b>The Baby Show</b></p> <p>We're joined by Clinical Psychologists for NSPCC who work with children aged 0-5 and their families. Here they are talking through Infant Mental Health, what it is and offering tools and advice to not only support your babies &amp; toddlers, but also yourself and your own mental health. They have also answered some of your questions around the affects of lockdown on your baby and your mental health and how to stay positive during these times.</p> <p><b>Look Say Sing Play</b></p> <p>Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain.</p> <p><b>Singing Day   Look Say Sing Play   NSPCC</b></p> <p><b>Our Brain's Air Traffic Control (Executive Function)   NSPCC</b></p> <p><b>Building Strong Brain Architecture   NSPCC</b></p>	<p><a href="https://www.youtube.com/watch?v=YrgROexMLgQ">https://www.youtube.com/watch?v=YrgROexMLgQ</a></p> <p><a href="#">The Baby Show - YouTube</a></p> <p><a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/</a></p> <p><a href="#">Sign up for brain-building tips</a></p> <p><a href="https://www.youtube.com/watch?v=KySkBRvJxNw">https://www.youtube.com/watch?v=KySkBRvJxNw</a></p> <p><a href="#">Our Brain's Air Traffic Control (Executive Function)   NSPCC - YouTube</a></p> <p><a href="#">Building Strong Brain Architecture   NSPCC - YouTube</a></p>

## Specifically for schools

School/teacher resources	Website location/link
<b>Speak out Stay safe online (assembly)</b>	<a href="https://learning.nspcc.org.uk/services/speak-out-stay-safe">https://learning.nspcc.org.uk/services/speak-out-stay-safe</a>
<b>Keeping up-to-date:</b> Our weekly awareness email for child protection policy, practice and research is a good way to keep up-to-date with the changing legislation and guidance in all four nations of the UK. Sign up to CASPAR	<a href="https://learning.nspcc.org.uk/newsletter/caspar/">https://learning.nspcc.org.uk/newsletter/caspar/</a>
<b>Let children know you're listening</b> Helping adults respond to children disclosing abuse. We've created evidence-informed resources to help adults ensure children always feel listened to.	<a href="https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening">https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening</a>
<b>Child protection training courses</b>	<a href="https://learning.nspcc.org.uk/training/schools-safeguarding-courses/">https://learning.nspcc.org.uk/training/schools-safeguarding-courses/</a>
<b>Safeguarding and child protection consultancy</b>	<a href="https://learning.nspcc.org.uk/services/child-protection-consultancy">https://learning.nspcc.org.uk/services/child-protection-consultancy</a>
<b>Designated and lead officer training</b>	<a href="https://learning.nspcc.org.uk/training/designated-lead-courses/">https://learning.nspcc.org.uk/training/designated-lead-courses/</a>
<b>Monthly Safeguarding in Education Updates email</b>	<a href="https://learning.nspcc.org.uk/newsletter/safeguarding-in-education-update/">https://learning.nspcc.org.uk/newsletter/safeguarding-in-education-update/</a>
<b>Teaching resources</b>	<a href="https://learning.nspcc.org.uk/safeguarding-child-protection-schools/teaching-resources-lesson-plans/">https://learning.nspcc.org.uk/safeguarding-child-protection-schools/teaching-resources-lesson-plans/</a>
<b>Briefings and factsheets on key topics</b>	<a href="https://learning.nspcc.org.uk/research-resources/">https://learning.nspcc.org.uk/research-resources/</a>
<b>Safeguarding in Education Self-Assessment Tool (ESAT)</b>	<a href="https://learning.nspcc.org.uk/research-resources/schools/safeguarding-education-self-assessment-tool-esat/">https://learning.nspcc.org.uk/research-resources/schools/safeguarding-education-self-assessment-tool-esat/</a>
<b>Safeguarding d/Deaf and disabled children and young people</b>	<a href="http://www.nspcc.org.uk/disabled">http://www.nspcc.org.uk/disabled</a>
<b>SEND Online Safety Hub (net-aware.org.uk)</b>	<a href="https://www.net-aware.org.uk/send-online-safety-hub/">https://www.net-aware.org.uk/send-online-safety-hub/</a>
<b>Schools and COVID-19</b> The coronavirus pandemic has created huge challenges and disruption for schools. As circumstances change, schools need to continually adapt their practices and how they are supporting children and young people. We've produced a range of resources to help, which are updated as the guidance changes.	<a href="https://learning.nspcc.org.uk/safeguarding-child-protection-schools">https://learning.nspcc.org.uk/safeguarding-child-protection-schools</a>  <a href="https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus">https://learning.nspcc.org.uk/safeguarding-child-protection/coronavirus</a>  <a href="https://learning.nspcc.org.uk/research-resources/2020/coronavirus-briefing-safeguarding-guidance-information-schools">https://learning.nspcc.org.uk/research-resources/2020/coronavirus-briefing-safeguarding-guidance-information-schools</a>