



A slightly early but very well deserved Happy Valentines day to all of our St Nic's families.

It has been a busy but exciting half term and we all look forward to a week's break to recharge the batteries ready for the run into Easter.

Have a great week and see everyone back on Monday 20th February  
Mr Lincoln and the Senior Leadership Team.

## 1. DATES AND UPCOMING EVENTS:

- **Monday 13<sup>th</sup> - Friday 17<sup>th</sup> February:** Half-Term
- **Wednesday 22<sup>nd</sup> February:** Ash Wednesday Eucharist, 9.15am KS2 ONLY. Parents are welcome to attend. Children will be offered the opportunity to be blessed and sign of the cross made on their forehead with ash. For children that regularly take communion in their own churches there will be the chance to partake in this.
- **Monday 27<sup>th</sup> February:** Little Fishes Nursery parent consultations

## 2. REQUESTS, REMINDERS AND GENERAL NOTES

- **WhatsApp:** we are aware that some children are using WhatsApp, both for private messages and group messages. Please be advised that the minimum age to use WhatsApp is 16 years old.
- **New Parent Governor:** we are delighted to have Amy Jenkins join the local governing body as a parent Governor. Amy has a child in Little Fishes nursery and works as an Early Years Leader and member of SLT of a local school.
- **Free School Meal Vouchers:** For those entitled to Free School Meal, you will receive a voucher from Wonde to cover the February half term period.
- **Second Hand Sofa:** As a school we are looking to introduce a larger space in the school which children can use to work in small groups or 1:1 with adults in a calm and comfortable environment. We are therefore asking if any families have a small sofa that is still in fairly good condition that you would be willing to donate to the school. We would also very happily receive any clean small rugs or bean bags. If you think you can help with us, please do contact the school office and we will be in touch.
- **Reward day:** We wanted to say well done to all the children for their hard work this half term (and across the year). As you will be aware a small number of children were given the opportunity to come into school in non-school uniform if they were in the KS2 Autumn term Best Point winning house (Yellow) or achieved a leaf on the tree of success (KSI). Whilst a number of parents (and children) were excited about their reward day, we do understand that for some children seeing their peers in non-school uniform may have been difficult. Each term we will reflect and decide on what we can do to celebrate the efforts of all the children but also acknowledge those moments or collective efforts of a KS2 House or individual child. For next term, we will look at other alternatives including a lunchtime disco or tea party. When we have made that decision we will communicate it to parents.
- **Packed lunches:** At school we encourage healthy eating. Please join us in encouraging children to have a healthy balanced lunchtime meal. According to research carried out by the University of Leeds in 2016, only

1.6% of primary school packed lunches met the Governments School Food Standards that hot school meals are required to meet.

### 3. PARKING

We must remind you to not use the staff car park when dropping off, picking up - this includes any clubs after school, Octopus breakfast club and Starfish after school club. This week alone we have spotted half a dozen cars using the car park, even parking in the disabled bay - there are clear signs on the front gate that say it is for staff use only. It is a busy area and we ask you to please respect our request. There is parking on surrounding streets and over at Buckingham Park.



4. **Food & Fitness Week PE Timetable Wc 20.02.23:** This week at St Nic's will be Food and Fitness week. We will be focusing on staying active with many playground challenges as well as tasting new and healthy foods and learning about their importance. Please could your child/children wear PE kit on the days they have PE during the week commencing 20.02.23!

Monday	Tuesday	Wednesday	Thursday	Friday
Y6 Coral Y6 Oyster	Year 1 Spinner Dolphins Year 1 Dusky Dolphins Y2 Puffins	<b>KS2 must come to school in uniform for Eucharist and bring in PE kits for PE today.</b>  <b>Reception</b> Grey Whales & Blue Whales Y2 Penguins Y4 Sea Otters Y4 Seahorses	Y1 Spinner Dolphins Y1 Dusky Dolphins Y2 Puffins Y2 Penguins Y3 Sea Lions Y5 Turtles Y5 Terrapins Y6 Coral Y6 Oyster	Y3 Seals Y3 Sea Lions Y4 Seahorses Y5 Turtles Y5 Terrapins

5. **Half-term events at Ropetackle:** 20% off the published ticket price with promo code halfterm20:

- **Be a Bee Workshop** - Friday 17th Feb - 2pm (Normal ticket price £7) For ages 6-12. Earn your wings with the **Honey Bee Flying Aces**, and learn everything you need to know about being a bee in this half-term activity workshop! We'll be learning about nectar, practising our waggle dances, collecting pollen, and finding out all the amazing ways that bees make life better for everyone. Make a mask too! All details here: <https://ropetacklecentre.co.uk/events/be-a-bee-workshop/>
- **Hulla Balloony Moon Time** (puppet show) Saturday 18th Feb - 11am and 2pm Various prices. Ages: 2-8. A lively puppet show with original music & catchy songs. Magical, educational and fun! Based on the Pat a Cake Baby Books. All details here: <https://ropetacklecentre.co.uk/events/long-nose-puppets-hulla-balloony-moon-time-2/>

## ST NICS SPORT!

- **Year 3 and 4 Girls Football:** The year 3 and 4 girls football team attended the area finals this week in Angmering. They started off steady with a draw (goal scored by Summer), followed with 2 wins (4 goals from Amelie!) and a loss to complete their group stage. They went through to the semi finals, a close match but they just missed out on the finals. A last push in the final game and the girls secured joint 3rd out of the 10 participating schools. A great afternoon of football. The girls were a credit to the school and a special Mention to Summer N who received a medal for outstanding performance. Well done Mr Redford and the 3/4 Girls Football team!!





# Valentine's Celebration

Saturday Feb 11  
12 noon - 3pm

- Be serenaded by Cheryl Hopley's beautiful ballads
- Discover crafted gifts & cards for partners, family, friends & pets!
- Enjoy a cream tea (with tea, coffee or prosecco)
- Chocolate tombola and raffle prizes

contact Jill on 07796932420 for details



Church of the Good Shepherd  
Church Hall, Kings Walk,  
Shoreham Beach, BN43 5LF

# Tales of wonder

A half-term afternoon of story  
and creativity for families

Tues 14th, Wed 15th February  
3pm-4.30pm

For primary school age children with their grown-ups

To book your place for one or both sessions,  
email: bartlett.jane@ntlworld.com



Church of the  
Good Shepherd

Free!

Donations welcome

Church of the Good Shepherd Hall,  
Kings Walk, Shoreham Beach

# Tales from Acorn Wood

Based on the favourite stories by  
JULIA DONALDSON & AXEL SCHEFFLER

LIVE  
ON  
STAGE

FEATURING: Rabbit's Nap — Fox's Socks — Hide-and-Seek Pig — Postman Bear

Based on the Tales from Acorn Wood stories © Julia Donaldson and Axel Scheffler 2000 and 2021, published by Macmillan Children's Books

Staying Healthy

Illness

Feelings

Getting Help

A fun and interactive resource  
for learning about health



## Parents and Carers!

As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

[www.healthforkids.co.uk](http://www.healthforkids.co.uk)

Follow us: @SussexCommunityNHS @NHS\_SCFT

### Parentline:

Text a school nurse for  
confidential advice and  
support

**07312 277011**

Disclaimer: We may need to inform someone if we are concerned about your safety but we would usually speak to you first. Your messages are stored securely and can only be accessed by other authorised health care professionals who follow the same strict confidentiality rules. We aim to reply to your message within one working day and you should get an immediate message back from us to confirm we have received your text. Texts will only be seen Monday to Friday from 9 am - 4.30 pm (excluding bank holidays and weekends) If you need help before you hear back from us, please contact your GP, nearest walk-in centre or dial 111. In an emergency please dial 999. Unfortunately, our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some number masking mobile apps). To opt-out of receiving messages from a healthcare professional, please text 'STOP' to our number. Messages are charged at your usual rates.

Party entertainment for all the family!

# GIGS 4 KIDZ

SATURDAY 11<sup>TH</sup> FEBRUARY  
From 3pm – 5.30pm  
at the SWISS COTTAGE PUB, SHOREHAM

Live music, singing & dancing fun  
for your half-term holiday!

Free Entry & open to all!

[www.gigs4kidz.co.uk](http://www.gigs4kidz.co.uk)

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