I. Dates & Events

Event	Yr	Date	Time	
Y6 Oyster Bollywood Showcase – parents & carers welcome (changed from 12 th March)	Y6 Oys	Thursday 19 th March	9.15am	
YI SD trip to St Mary de Haura Church – children to be dropped off at the church at 9am	YI SD	Monday 23 rd March	9 – 11.30am	
LF Stay & Play Session for April starters	LF – April starters	Monday 23 rd March	3.15–4.15pm	
YI DD trip to St Mary de Haura Church – children to be dropped off at the church at 9am	YI DD	Wednesday 25 th March	9 – 11.30am	
Y3 Sea Lion Music Showcase – parents & carers welcome	Y3 SL	Wednesday 25 th March	9.15am	
Y3 Seal Music Showcase – parents & carers welcome	Y3 Sea	Wednesday 25 th March	2.45am	
Happy Tunes Music Makers assembly	All	Friday 27 th March	9.15–9.35am	
Y6 Open Box Chembakolli Workshop	Y6	Friday 27 th March	am	
Little Fishes Nursery tour for prospective parents/carers		Friday 27 th March	1.30pm	

Don't forget to check the dates for the whole term on the website!

2. NEW DATES / AMENDMENTS TO DATES

• YR visit to Washbrook Farm – Thursday 14th May, 9.15am – 2pm

SCHOOL CALENDAR: We know that parents/carers can find it difficult to keep up with school events, especially at busy times of the year, and we would like to see if an online calendar would help. We have created a school calendar that can either be viewed on our website (via the red 'Calendar & Dates' tab on the News & Events section half-way down the home page) or subscribed to via your own calendar: Link to St Nic's calendar. If you subscribe to the calendars relevant to you at the start of each school year, any new events or changes to existing events will automatically appear in your own calendar. Instructions are available when you click on the link to help you use and subscribe to the calendars. Although we are not able to individually support parents/carers with subscribing to the calendars we look forward to receiving any feedback that you would like to share in order to improve the calendar further via this short feedback survey.

The normal dates list is still available and we will continue to have both on the website for the remainder of this academic year.

- 3. Letters sent home this week: Click on the link to see past letters http://www.stnicolasmary.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56
 - Y6 Openbox Indian Workshop (em)
 - YI Spinner Dolphins visit to St Mary de Haura (em)
 - YI Dusky Dolphins visit to St Mary de Haura (em)
 - ALL Coronavirus Letter 2

4. CLUBS

- Gardening Club: there are a few spaces in Gardening Club which is held on a Wednesday lunchtime from 12.30-1pm. Initially this club was for Y6 only but is now open to Year 5 pupils. If any of your children are interested please let the office know.
- 5. **WORSHIP & ETHOS:** 'I keep my eyes always on the Lord. With him at my right hand, I will not be shaken' **Psalms 16:8**
- **6.** Octopus & Starfish Club & Little Octopus & Little Starfish Clubs: bookings slots for the 2nd half of the spring term are available on sQuid.

7. REQUESTS & REMINDERS

- Sussex Homeless Support: one of our former parents helps Sussex Homeless Support. They are in desperate need of clean adult coats, blankets and sleeping bags. SHS provide support, accommodation, advice, and outreach to people suffering housing crisis in Sussex. It is run by volunteers and they rely solely on donations to continue their work. Every Sunday they run a Street Kitchen at The Clocktower in Brighton where they serve meals, give out clothes and advice to over 120 homeless people. There will be a box in the school foyer from Monday and donations of adult coats, blankets and sleeping bags would be greatly appreciated. Thank you.
- **Borrowed clothing/underwear** if your child is provided with a change of clothing in school, please can this be washed and returned to school as soon as possible as we are running low on spares.
- **Junk modelling please!** Blue Whale class would be very grateful for junk modelling items, particularly smaller items such as yoghurt pots, small boxes etc. Please bring to the office. Thank you.
- **8. British Science Week:** this week the children have been taking part in various activities for Science Week including setting up mini-investigations eg using handheld microscopes, extended science activities and a carousel of activities for children to explore. We would like to encourage children to enter this year's national British Science Week poster competition (https://www.britishscienceweek.org/plan-your-activities/poster-competition/)

Whizz Pop Bang! Science Magazine: please find attached a letter about the award-winning science magazine for kids. If five or more pupils subscribe to Whizz Pop Bang magazine using our school's unique coupon code (on the letter), the school will have access to their online library of hundreds of top-quality science lesson plans and reading resources for FREE, worth £150. If fifteen or more pupils subscribe, the school will get a FREE magazine subscription as well!

9. Key Stage 2 Creative Competition: Help Blue Cross to Find Britain's Most Heroic Tails!

National pet charity Blue Cross is calling for all Key Stage 2 animal lovers and aspiring artists to enter a new creative competition to design a movie poster all about their favourite 'su-purr' hero! 2020 marks the 80th Anniversary of the Blue Cross Medal, an annual initiative set up by Blue Cross to celebrate everyday pets who are changing or saving lives across the UK – with one extra special pet being awarded the winning medal each year. Last year, a papillon crossbreed Lily-Rose won the medal for saving her owner's life and then the life of her owner's mother after alerting to a heart-attack in the middle of the night. To celebrate this major milestone, we are asking pupils in Years 3 – 6 to draw their favourite pet on the front of an A4 sized superhero-themed movie poster



– alongside 150-200 words why their pet is such a champion. No pet? No problem! Pupils who don't own a pet are invited to draw their imaginary 'super pet' and explain what their powers would be. Five winning movie posters will be selected by Blue Cross in May, and showcased at a special exhibition in London in June called 'Pet Heroes Through the Ages'. For further information please visit bluecross.org.uk/postercomp. The closing date for entries is 3pm on Friday 15th May. All entries must be sent to bluecross@thephagroup.com or sent in the post to 'Blue Cross Competition', The PHA Group, 115-117 Wardour Street, London, W1F 0UN' by this date. Remember – not all heroes wear capes!

10. LITTLE FISHES NURSERY

In order for children to access Extended FE in the Summer term their 30 hour code must be issued by HMRC by 31 March 2020. Please note, any existing codes with a grace period ending 31 March 2020 or earlier must also be reconfirmed by this deadline. Apply now to ensure you have your 30 hours code by 31 March 2020. Log in to your childcare account to check your details are up to date, and reconfirm your eligibility to ensure your child continues to be eligible for Extended FE: uk/sign-in-childcare-account Please contact the HMRC helpline on 0300 1234 097 if you experience issues applying for, or reconfirming your code.

11. HEALTH & SAFETY: Coronavirus Update

The current emphasis of the government's response to COVID-19 has now moved to the 'Delay phase' of the action plan launched last week, however work on the research and mitigation phases continues. https://www.gov.uk/government/publications/coronavirus-action-plan.

Advice from Public Health England continues to be for education settings to remain open unless advised otherwise. We are continually reviewing the situation and are updating our plans and procedures in the event of a school closure (please see separate letter from Mr Etherton).

In line with guidance, we are ensuring children wash their hands or use hand sanitiser when they come into school and before they leave school at the end of the day as well as at key points during the day such as before eating. The advice also states that we should all wash our hands before leaving home to go to school or work and it would be

great if you could reinforce these messages at home. Here are links to two short NHS films on how to wash your hands properly: https://youtu.be/bQCP7waTRWU

and for young children: https://www.youtube.com/watch?v=S9VjelWLnEg

New measures introduced yesterday state that 'anyone with a "new, continuous" cough or high temperature is advised to self-isolate for seven days'. We are therefore asking staff and parents to apply this measure. If children start to feel unwell during the school day and they either have a new, continuous cough or a temperature of 38°C or more we will be contacting parents to ask them to collect their child and keep them at home for seven days.

Travel Advice is changing and if you are returning from overseas or planning a trip away we would ask you please to check the guidance. The latest travel guidance can be found here: www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public.

Further information on what you should do if you are asked to self-isolate can be found here: https://publichealthmatters.blog.gov.uk/2020/02/20/what-is-self-isolation-and-why-is-it-important/

For questions about COVID-19 relating to education and children's social care you can contact:

Phone: 0800 046 8687 Opening hours: 8am to 6pm (Monday to Friday)

Email: DfE.coronavirushelpline@education.gov.uk

(they are currently experiencing high volumes of calls and apologise for any wait)



ONLINE SAFETY TALK FOR PARENTS & CARERS HOSTED BY ST ANDREW'S COFE HIGH SCHOOL FOR BOYS, WORTHING

WIN

a Samsung tablet!

- IS YOUR FAMILY BATTLING WITH SCREENTIME?
- OUT OF TOUCH WITH THE APPS YOUR CHILD IS USING?
- WANT TO BE A PART OF THEIR ONLINE LIFE?

JOIN US FOR AN INFORMATIVE WORKSHOP WITH DIGITAL AWARENESS UK, SUPPORTED BY VODAFONE.

- DATE: Wednesday 18th March 2020
- VENUE: St Andrew's, Sackville Road, Worthing, BN14 8BG
- TIME: 18:00 19:15
- COST: Free
- REGISTER YOUR SPACE (link): tinyurl.com/vzoob7r

For more information, please contact: mackayj@st-andrews-boys.org.uk







www.digitalawarenessuk.com www.vodafone.co.uk/mobile/digital-parenting



Dragonfly: Impact Education

Thrive 365 #6

Did you know?

Anxiety isn't something to be anxious about! It's a normal human response to a perceived problem. It only becomes an issue when it becomes a prolonged experience and/or starts to have an impact on day-to-day life.

What can you try?

1. Come off Autopilot

Learn to recognise your own automatic responses to anxiety. What behaviours does the fight/flight/freeze response trigger for you? Are you snappy or irritable? Do you feel a need to hide away from the world or tune out and scroll through your phone? Noticing our behaviours and responses to anxiety is the first step toward moving the brain from autopilot and back into conscious control.

2. Don't Think of a Pink Elephant!

You thought of a pink elephant didn't you? The more we try not to think about something, the more it pops into our head! Accept and alter thoughts rather than try to stop them. So, instead of trying not to think 'I can't cope', change it to 'I feel like I can't cope at this moment, but feelings pass quickly'.

3. Take Small Steps

Focus on bravery rather than getting rid of the anxiety. Taking small steps can help build confidence and courage, for example if someone is afraid of clowns, looking at pictures of them might be the first small step, followed by walking past a street performer etc. This is called graded exposure and the idea is to stay in each situation until it's no longer scary.

We hope you find this knowledge useful. Warm wishes, Claire and Rachael, Dragonfly Co-founders.

TALKS www.dragonflyimpact.co.uk TRAINING
@dragonflyimpact

CONSULTANCY

info@dragonflyimpact.co.uk

Dragonfly: Impact Education

Thrive 365 #7

Did you know?

Learning to recognise how an emotion feels in the body can be an effective grounding technique. A grounding technique is a method of bringing yourself out of your mind and rooting yourself in the present by focusing on the physical senses.

What can you try?

1. Recognise the feeling

It might sound strange, but there are lots of things we feel everyday that don't even register on our conscious radar. We might be busy, or not want to deal with an unpleasant emotion so automatically look to distract ourselves (think phone games/scrolling!). Then, at the end of the day, we have a lot of subconscious feelings that we haven't dealt with but can't quite put our finger on why we feel so low. So, first of all, notice when a feeling washes over you by pausing and taking a breath.

2. Identify the feeling

A lot of young people can identify happy, sad or angry. If it doesn't fit into happy/sad, they tend to default to angry! Try and categorise the emotion into a broad category (happy/sad/angry/disgusted/surprised) and then try and put a more specific label on it (surprised in a good way or bad way? Dismayed/shocked/excited/ amazed/confused?).

3. Concentrate on the body and breathe

Once the feeling has been recognised and identified, think about where you are physically feeling it in your body: tense shoulders? Butterflies in tummy? Tight chest? Tingling on the back of your neck? Chances are it will be felt in more than one place. If you notice your jaw is clenched, or your hands, or you're holding your breath, try to consciously relax those areas. Take a few seconds to acknowledge the feelings, breathing in for 3, out for 4. This will take you out of your mind and can be an effective way of stopping negative thought cycles.

We hope you find this knowledge useful. Warm wishes, Claire and Rachael, Dragonfly Co-founders.

TALKS www.dragonflyimpact.co.uk TRAINING

@dragonflyimpact

CONSULTANCY

@dragonffyImpact

info@dragonflyimpact.co.uk

Neither the Governors nor West Sussex County Council support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this bulletin or any other publication).



Empowering families of children and young people with special educational needs and disabilities

Training Roadshow—Summer 2020

Making Sense of Transition to Secondary School

Monday 27th April 6.45pm-9.30pm St Andrews Methodist Church, Horsham

A discussion based workshop which aims to help Parent-Carers support their children with SEND to prepare for Secondary School. Evening Workshop

Making Sense of Issues around Food

Friday 12th June 9.45am-12.30pm The Methodist Church, Haywards Heath

Explore challenges such as selective eating; particularly relating to autistic spectrum conditions, sensory processing difficulties, behavioural issues and anxiety, and take away practical strategies to help your child.

Making Sense of EHC Needs Assessments and Plans

Tuesday 12th May 9.45am-12.00noon **Broadfield Community Centre, Crawley**

An overview of EHC needs assessment and what a good EHCP should contain, including requesting an assessment and reviewing an existing EHCP.

Making Sense of Challenging Behaviour (age 2-11 years)

Monday 22nd June 6.45pm-9.30pm Girlguiding Centre, Littlehampton

Explore ways to respond to your child so that positive behaviour is encouraged and challenging behaviours are reduced. Evening Workshop

Handling Stress and Building Your Own Resilience

Thursday 21st May 9.45am-12.30pm St Nicolas and St Mary School, Shoreham

Learn how to recognise stress in yourself, strategies to reduce it and how to become more resilient.

Making Sense of Sensory Processing Difficulties

Monday 29th June 9.45am-12.00noon **Chichester Baptist Church**

Find out about sensory processing difficulties and learn ways to help your child/young person.

Booking: Please visit reachingfamilies.org.uk/training and follow the link to Eventbrite

Any queries, please email admin@reachingfamilies.org.uk; Call our office: 01903 366360; or call our Outreach & Training Co-ordinator, Michele on 07470 005734

FREE **WORKSHOPS**

> Suggested donation

> > £3



www.reachingfamilies.org.uk

Registered Charity No: 1150906 Company Limited by Guarantee, No: 8261096 Unit 16 Oaklands Business Centre, 64-68 Elm Grove, Worthing, BN11 5LH

Booking: Please visit reachingfamilies.org.uk/training and follow the link to Eventbrite.

) YOU CREW ST NIC'S SCHOOL SHOREHAM Do you have a 7-12 year old budding YouTube star?

Send them to YouCrew to learn how to make their own videos in a fun and safe environment, at the first club of its kind in Sussex!



Videos inc: Choc Tasting | Egg Smash | Slime | Animation | Easter Egg Hunt



6th April @ St Nicholas & St Mary's School, Shoreham 10am - 5pm: A Full Day of Awesome Video Creating! £50 inc. 4 x Videos, all Equipment & Easter treats

Call or email us to book! 07802749181

CrookedTreeEvents.com Hello@ CrookedTreeEvents.com

What's in Store...

N.

Gymnastics

If your child loves gymnastics look no further than Premier Educations's Holiday Camps, dedicated to their number one activity. We have teamed up with British Gymnastics to provide a jam-packed schedule with some of the country's best and brightest Activity Professionals.



Football

Play the beautiful game under the watchful eyes of FA qualified coaches and scouts. Dribbling, passing, shooting and lots of matches are sure to give your child a fun-filled day playing football.

Zorb football

Combining the beautiful game with bubbles to create hilarious, fun and excitement. Whether it's king or queen of the ring, bubble relays, or zorb football matches, there is guaranteed amusement to be had!

Multi-Sports

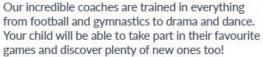
The best team activities and sports combined, our courses blend traditional sports with exciting, up-and-coming games and activities. Whether it's learning new sports like Archery or mastering the classics like Dodgeball, our sports camps have something for everyone.

Soft Play Invasion

Adrenaline pumping fun adventures to be had by all in a variety of nerf challenges and games set in a safe environment. Action packed challenges and competitions are sure to bring the competitive side out in everyone in these thrill-a-minute nerf activities.

......

What's in Store...





Easter Holiday Camps!

Half term activity eggstravaganza for children aged 4* to 11!

Easter half term is on the horizon, so hop to it and book your child's place! Premier Education Holiday Camps feature a cracking range of games and activities to keep the fun going all day long.



Book now at... premier-education.com/holidaycamps

*Four year olds are only able to attend half days at Ofsted registered venues



ST NICOLAS & ST MARY'S COFE PRIMARY SCHOOL, SHOREHAM

Tuesday 7th April – Thursday 9th April 9.00am – 3.30pm Full day for just £15.00 9.00am – 12.00pm Half day for just £8.00

1	TUESDAY	WEDNESDAY	THURSDAY
9am - 9.15am	Registration	Registration	Registration
9.15am - 10.00am	Fun Energy Games	Fun Energy Games	Fun Energy Games
10.00am - 10.15am	Break	Break	Break
10.15am - 12.00pm	Soft Play Invasion Gymnastics	Bench Ball Gymnastics	Cricket Gymnastics
12.00pm - 12.40pm	Lunch	Lunch	Lunch
12.40pm - 1.50pm	Soft Play Invasion Gymnastics	Fencing Gymnastics	Dodgeball Gymnastics
1.50pm - 2.00pm	Break	Break	Break
2.00pm - 3.00pm	Soft Play Invasion Gymnastics	Zorb Football Gymnastics	Football Gymnastics
3.00pm - 3.30pm	Cool Down Games	Cool Down Games	Cool Down Games
3.30pm	De-registration	De-registration	De-registration





Tuesday 14th April – Thursday 16th April 9.00am – 3.30pm Full day for just £15.00 9.00am – 12.00pm Half day for just £8.00

	TUESDAY	WEDNESDAY	THURSDAY
9am - 9.15am	Registration	Registration	Registration
9.15am - 10.00am	Fun Energy Games	Fun Energy Games	Fun Energy Games
10.00am - 10.15am	Break	Break	Break
10.15am - 12.00pm	Zorb Football Gymnastics	Parachute Games Gymnastics	Soft Play Invasion Gymnastics
12.00pm - 12.40pm	Lunch	Lunch	Lunch
12.40pm - 1.50pm	Cricket Gymnastics	Dodgeball Gymnastics	Soft Play Invasion Gymnastics
1.50pm - 2.00pm	Break	Break	Break
2.00pm - 3.00pm	Archery Gymnastics	Football Gymnastics	Soft Play Invasion Gymnastics
3.00pm - 3.30pm	Cool Down Games	Cool Down Games	Cool Down Games
3.30pm	De-registration	De-registration	De-registration

What's in Store...

Our incredible coaches are trained in everything from football and gymnastics to drama and dance. Your child will be able to take part in their favourite games and discover plenty of new ones too!











The Childcare Club

Buckingham Park Primary Buckingham Road Shoreham-by-Sea BN43 5UD

Tel: 07551 062186 Ofsted: EV548960

Easter holidays

Monday 6th to Friday 17th April 2020





All children from any school aged 3 to 12 years old welcome.

We are a Playwork based setting allowing all children to have a choice in what they do, while they are in our company. Every day we provide a wide and varied range of resources, equipment and activities for them to choose from and actively encourage them to make new friends and participate in any planned activities. The daily timetables are clearly displayed in the setting each day, but we are flexible in our planning; as our aim is that the children have non-stop FUN all day, every day, therefore we may change/adjust plans to suit their needs and their play ideas.

N.B. 3 and 4 year olds will be allocated an Early Years qualified keyworker.
Yr 4 + children have additional area with their own activities, equipment and "chill out" zone







Useful information

- Please send your child with a packed lunch, if they are attending all day, with an ice-pack inside.
- Please do not send food containing nuts, fizzy drinks or sweets in with your child. We provide healthy snacks and drinks during session times.
- Please do not allow your child to bring a mobile phone or money with them.
- Any DSi, iPads, tablets or toys brought to the club is at the owner's risk and all items should be clearly named.
- The club will not be held responsible for any loss or damage.
- We have set times for use of Dsi'S, iPads, tablets and hand held games; these are clearly displayed on the activity board. Any
 cameras must be covered.



The Childcare Club @ Buckingham Park Primary School Buckingham Road, Shoreham-by-Sea, BN42 5UD Tel: 07551 062186 Ofsted: EY548960

Child's nan	ne								D.O.B		AgeYr at school
Home addr	ress										
Post code.						hild's Sc	hool				
Home Tel					N	lobile					
Email Addr	ess										tick to be on mailing list ()
Emergency											0 ()
1											
Medical inf	formatio	n/illness	es/allerg	ies/indiv	idual ne	eds					
I give cons							_				
I give perm											
	Photos w	ill be used	d for displ	ay boards	, photo a	lbums, ce	ertificates	etc and s	tay on the	property	of THE CHILDCARE CLUB
Signed											
			od the '	'Import	ant info	rmatio	n" and "	Privacy	notice'	' inform	ation that is displayed on the
club webs											
Signed						Pri	int nam	e			Date
											1
PLEASE TIC				_							
DATE	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri	TOTAL: £
£22.50	06/04	07/04	08/04	09/04	10/04	13/04	14/04	15/04	16/04	17/04	1017.2. 2
8.30 - 5.30											-1
£2.50										\vdash	I have paid by: (circle)
8.30 - 9am											
£11										\vdash	BACS
9am-1pm											
£11										\vdash	Cheque
1pm-5pm											Cheque
£2.50											W 1
5pm - 5.30											Voucher
£4.50hr											
1pm-2pm	1	l	l	I				I	l	1	Cash

We will do park trips on different days during the holiday (Weather permitting) these will be free, and only children with the above consent signed can be taken.

PAYMENTS

*Payment must accompany your booking.

*If paying by childcare vouchers proof of transaction must accompany booking.

Please make cheques payable to

"The Childcare Club"

BACS: NATWEST, THE CHILDCARE CLUB ACC: 13141465

SORT CODE: 60-24-32
REF: "HOLBP" followed by child's initial and surname



INFORMATION

- *Morning and afternoon snack provided.
- *Please bring packed lunch if staying all day.
- *Lunch at 12.40pm.
- Please read IMPORTANT INFO on website regarding what to and not to bring to a session.

The Childcare Club at Buckingham Park Primary School, Buckingham Road, Shoreham, BN43 5UD Email: theccworthing@gmail.com Tel; 07551 062186 www.thechildcareclubworthing.co.uk

The entrance to the club is through the green gates to the right of the car park



Ages 8 - 13

School holiday clubs at the Adur Centre

6-9 April & 14-17 April: 08:30 - 17:15

£38 Early Bird Rate (until 20 March) £42 full price

Find out more and book your adventure

0333 340 7100 info@adurcentre.org.uk www.adurcentre.org.uk

Easter Holiday Adventure Clubs Programme

	MONDAY	MONDAY - 6/4/20		4/20 TUESDAY - 7/4/2020 WEDNESDAY - 8/4/2020		7 - 8/4/2020	THURSDAY	- 9/4/2020	FRIDAY - 10	0/4/2020		
Timings	Α	В	Α	В	Α	В	Α	В	Α	В		
0830-0900	Sign In	Sign In	Sign In	Sign In	Sign In	Sign In	Sign In	Sign In				
0900-0915	Welcome	Welcome	Welcome Welcome Bush Craft Paddle Sports		Welcome	Welcome	Welcome	Welcome				
	Paddle	Sports					Air Rifle					
	Low F	Ropes					Bush	Craft	GOOD FRIDAY			
	Lur	nch	Lur	Lunch		Lunch		Lunch		KIDAT		
	Mountai	Mountain Biking		Climbing		n Biking	Paddle Sports					
	Clim	bing	Orient	Orienteering		Climbing		Climbing		eering		
1645-1715	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out				

	MONDAY - 13/4/20		TUESDAY -	14/4/2020	WEDNESDAY - 15/4/202		THURSDAY - 16/4/2020		FRIDAY - 17/4/2020	
Timings	Α	В	Α	В	Α	В	Α	В	Α	В
0830-0900			Sign In	Sign In	Sign In	Sign In	Sign In	Sign In	Sign In	Sign In
0900-0915			Welcome	Welcome	Welcome	Welcome	Welcome	Welcome	Welcome	Welcome
BANK HOLIDAY		Clim	Climbing		Bush Craft		Team Building		Air Rifle	
		Low Ropes		Air Rifle		Mountain Biking		Bush Craft		
	DAINK H	Lunch		nch	Lunch Lunch		Lunch			
			Mountai	in Biking	Clim	bing	Low F	Ropes	Oriente	ering
			Bush Craft		Orient	eering	Climbing		Low Ropes	
1645-1715			Sign Out	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out	Sign Out



CLOTHES LABELS



15 Iron On Name Labels £ 1.99 25 Iron On Name Labels £ 2.99 50 Iron On Name Labels £ 4.99



10 Sew On Labels £ 1.99 20 Sew On Labels £ 3.50 30 Sew On Labels £ 5.00



15 Plain Name Labels £ 0.99 25 Plain Name Labels £ 1.60 50 Plain Name Labels £ 3.00



Peel & Stick Shoe Labels - 5 pairs for £1.50

Order From - www.labelcreating.co.uk

Email - <u>labelcreating@gmail.com</u>

Tel - Marion 07754 515586