

I. Dates & Events

Event	Yr	Date	Time
Y3 Sea Lion trip to Preston Manor	Y3 SL	Tuesday 24 th September	9.15–12.30pm
Y3 Seal trip to Preston Manor	Y3 Sea	Tuesday 24 th September	12.35–3.45pm
PTA Meeting	ALL	Tuesday 24 th September	1.30 – 3pm
Y6 trip to Newhaven Fort	Y6	Thursday 26 th September	9.15–2.45pm
INSET Day (school closed for pupils)	All	Friday 27 th September	All day
School Census – Special Hot Meal Menu All children entitled to a free school meal will be offered a hot meal on this day.	YR, 1&2 and FSM	Thursday 3 rd October	12 – 1pm

Don't forget to check the dates for the whole term on the website!

2. **NEW DATES / AMENDMENTS TO DATES:**

- **PTA meeting – Tuesday 24th September, 1.30pm** – ALL are welcome to come along to our first meeting to have a chat about events for the coming year! Pre-school children are also welcome ☺
- **Parent/Carer tour dates** – for parents/carers of children due to start school in September 2020. Please follow link <http://www.stnicolasmary.w-sussex.sch.uk/page/?title=School+Tour+Dates&pid=1366>
- **Y3 Victorian Day** – Monday 18th November
- **Little Fishes Christmas Show** – Tuesday 3rd December (please note that LFN are putting on their own Christmas Show and will not be part of the Reception Nativity performance this year).

3. **Letters sent home this week:** Click on the link to see past letters <http://www.stnicolasmary.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56>

- Y6 – Bikeability
- ALL – NSPCC's Stay Safe Programme

4. **Worship & Ethos:** This week we have been preparing for our harvest festival services and I wanted to say a big thank you to all the parents/carers and relatives that attended either our EYFS, KS1 or KS2 harvest services. It is always a lovely a time of year to celebrate and give thanks to God for his provision- and what better way to do this than with a samba band!

'Give thanks to the Lord for he is good, his love endures forever.' **1 Chronicles 16:34**

Messy Harvest, Saturday 21st September, 3 – 5pm

Join the Church of the Good Shepherd, Shoreham Beach, for a messy celebration of harvest. There will be crafts, games, a story and song, all with a harvest theme, followed by a tea party! For all ages. Free, donations welcome.

4. **Octopus & Starfish Clubs**

- **New Reception children:** if your child has just started in Reception and you wish to book sessions for this half-term, please get a booking form from the office.

5. **Congratulations!** We would like to congratulate Andy & Sally Lincoln on the adoption of their son – we wish the whole family every happiness.6. **Flu Forms:** please remember to return your child's flu vaccination forms as the school nurse will be collecting them next week. **ALL** forms must be returned, even if your child is not having the flu vaccination. Thank you.7. **Parent/Carer Consultations:** The link to book your Parent/Carer Consultations will be sent out today at 3:30pm. *Reminder – please do not bring your children to the consultations as there is no supervision available and no room for them in the main hall. The school will be open and insecure.*

8. Going home arrangements

- If your child is being picked up by someone else on any day please complete the green-coloured slip in the foyer and put in the drop box. You can complete these in advance of the day.
- If your child is regularly picked up by someone other than yourself eg Grandma picks up every Tuesday, please complete the blue slip in the foyer. The teacher will then be notified of this arrangement which will be in place until you inform us otherwise.

9. Studybugs: just a reminder that you can report your child's absence due to illness on the efficient and secure system Studybugs. If you haven't already done so, please get the free Studybugs app, or register on the Studybugs website, and use it to tell us whenever your child is ill and unable to attend school.

- Get the app or register now (<https://studybugs.com/about/parents>)
- Top 3 reasons to use Studybugs:-
 1. It is integrated with our systems so we know right away if your child is unaccounted for.
 2. It is quick and easy to register and use and automatically reminds you to keep us posted.
 3. You will be helping the NHS and other public health organisations improve children's health<https://studybugs.com/about/schools>

Please remember that you must contact the school whenever your child is unable to attend by 9.30am, at the very latest, on the first day of the child's absence and explain the reason for absence. You can do this either by phone, letter, email, request for absence form or Studybugs.

10. School Census, Thursday 3rd October: It is vital that we secure the full level of funding to which we are entitled for Free School Meals. The government provides funding for each child that has a free school meal on the two census dates of 3rd October and 16th January. If your child is entitled to a free school meal (including all children in YR, 1 and 2) they will be offered a hot meal on these dates, even if they do not normally have a hot meal; therefore they do not need to bring in a packed lunch on this day. If your child has a dietary requirement that Chartwells are not already aware of please follow the link to read the [West Sussex Special Diet Process](#) which includes a form to return to Chartwells, otherwise you need take no further action (please see the Children's Choice Menu attached to the bulletin).

11. Reception Curriculum resources: the curriculum workshop resources are available to view on the school website: Pupils > Early Years Foundation Stage > Reception > Parent & Carer Information.

12. Did you know The Family Information Service is on Facebook? You can find them: @FISWestSussex They post information relevant to parents and carers on a range of topics including:

- Finding local childcare
- Important information on Free Entitlement funding
- Starting school
- Health
- Weekly tops tips for enhancing your child's learning at home

13. Coats for Kids: see information on page 3. Any items you can donate should be brought into school on Monday 30th September (please do not bring them in before this date as we have no room to store them). Thank you.

14. On Your Mind, The Shoreham Centre: Anxiety can be a silent battle that's going on behind closed doors. We

can struggle to talk about what is on our minds and look after our mental fitness, as well as our physical and spiritual wellbeing. We Are Emmanuel are looking at some of the different forms of anxiety and the issues that can be on our minds. Jesus had a lot to say about our mental wellbeing and we believe His gospel is the solution to dealing with anxiety. Follow this link for further details... weareemmanuel.com/oym

OYM

WE NEED TO TALK ABOUT ANXIETY

ON YOUR MIND

STARTS 08 SEPT

Emmanuel



Dear Parents & Carers

Coats4Kids Shoreham was formed, two years ago, by some community leaders to pass on warm, waterproof and machine washable coats both second hand and new to children who need them most. The group consists of representatives from the Lions International, the Co-op Community Space, one of the local churches and a teacher.

Latest figures from the Child Poverty Action Group state that there were 4.1 million children living in poverty in the UK in 2017-18. That's 30 per cent of children, or nine in a classroom of 30.

We are coming together as a community to help each other. Last year we gave out over 450 coats to families which needed them.

For us to be able to do this we would like to ask for any coats, hats, gloves and scarves that your child/children have grown out of that are **warm, waterproof and machine washable** to be donated to their school. We are collecting these items for 2 to 11 year olds.

The Lions will be collecting these from each school on the **morning of Monday September 30th** so please ensure that they are brought into school on that morning.

They will then be taken to a central place to be sorted in age groups, ready to be distributed to families who need them.

We will be sending out details to all schools about where you, as a parent, can get a coat from when they are all ready to be distributed.

Lawrence Caughlin
Headteacher, Swiss Gardens

Lis Telcs
Pupil Premium Teacher

Steamplicity

Childrens Choice Menu

Thursday 3rd October

Choose a main

Beef Burger in a Bun & Chips

Veggie Nuggets & Chips

on the side...

Baked Beans or Salad
Tomato Ketchup

for dessert...

Chocolate Pastry Parcel

for a drink...

Blackcurrant Squash,
Milk or Water

To enjoy our Census Day Menu, please order at www.mealselector.co.uk by Sunday 22nd September. Please take note ordering is for KS2 children only.

west sussex county council

Chartwells

Neither the Governors nor West Sussex County Council support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this bulletin or any other publication).

JULIA DONALDSON & AXEL SCHEFFLER

The Scarecrows' Wedding

★★★★★
'ENCHANTING
AND HILARIOUS
BAGS OF SHEER FAMILY FUN' THE STAGE



THE LIST



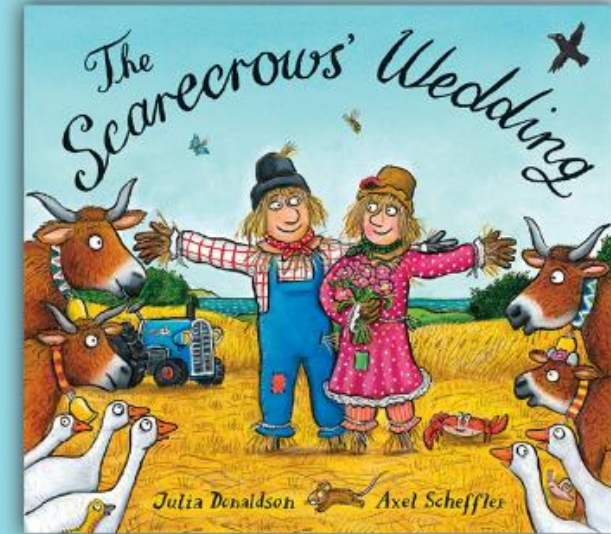
DAILY MAIL

LIVE
ON STAGE



THE SCARECROWS' WEDDING IS COMING TO ROPETACKLE

CALLING ALL LOCAL SCHOOLS!
DESIGN THE POSTER FOR US



2 SHOWS | 2 DAYS

30TH AT 2:30PM 31ST OCTOBER AT 11AM

WE WANT YOU TO DESIGN OUR POSTER FOR THE SCARECROWS' WEDDING!

ON THE 30TH & 31ST OCTOBER WE WILL EXHIBIT ALL OF THE POSTERS SUBMITTED IN THE ROPETACKLE FOYER, AND THE WINNING POSTER WILL BE UP IN THE WINDOW PROMOTING THE SHOW!

THE WINNING POSTER WILL ALSO GET A FAMILY OF FOUR TICKET TO ONE OF THE SHOWS



Your Space Therapies are pleased to present a Therapeutic Parenting Course in Sussex.

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.



The BEST relationship with your child

Tuesday 12th November 2019 6-8pm
£20 per ticket. Capacity 40.



Your Space Therapies are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offer practical strategies and therapy games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours.



To book please email bookings@yourspacetherapies.org

93% of delegates who have attended Your Space Therapies trainings have rated them 'excellent'.

"This course really helped me think about why my children behave the way they do and now I have practical ways to help"

"Now I have helpful ways to respond when my children are angry or upset"

"I loved learning the therapeutic games"

"Learning about children's emotional brain development was fascinating"



Venue:

St. Nicolas and St. Mary's Primary School,
Eastern Avenue, Shoreham-by-Sea,
West Sussex, BN43 6PE

Did you know . . . Your Space Therapies can also provide bespoke parenting consultations as well as various therapies? To enquire please contact

info@yourspacetherapies.org

Tel: 01903 209991
www.yourspacetherapies.org



Information for Adur Primary Schools

Wordfest events for children and families

Saturday 28th September

Children's Creative Writing with Tess Jolly

2.30 – 5.00 Ropetackle Arts Centre £10

Saturday 5th October

The Remarkable Friendship of Molly & Munch

11.00 – 12.00 Lancing Parish Hall 3.00 – 4.00 Eastbrook Community Centre

Schools offer: £5 Adult and Child + £2 each additional child

Saturday 5th October Roger Stevens – Children's Poetry

2.15 – 3.15 Shoreham Library - free tickets from Shoreham Library

Sunday 6 October When Trees Could Speak – Brambledash Theatre

11.00am and 2.00pm Woods Mill, Henfield £10 adult £5 child

Saturday 12 October We Choose To Go To The Moon

Dallas Campbell A brief history of human spaceflight

2.00 – 4.00 pm The Connaught Theatre Worthing £13 adult £10 under 18

Sunday 13 October Michael Morpurgo's I Believe in Unicorns

1.30 and 4.00pm Ropetackle Arts Centre £13 adult £10 child £38 family of four

SCHOOLS OFFER QUOTE SCHOOLS £10 adult £8 child £34 family of four Call 07522 957691 or drop into Shoreham Art Gallery, 27 Brunswick Road, Shoreham-by-Sea, BN43 5WA

Plus one free family ticket for each primary school to use as a prize

All other TICKETS are available to book online www.shorehamwordfest.com

Or call into Shoreham Art Gallery, 27 Brunswick Road, Shoreham BN43 5WA

Wordfest Stall at Shoreham Town Centre Market 14th September

Wordfest Stall at Lancing Village Market on 21st September

ENQUIRIES via website or call 07522 957691

Saturday 28 September

Children's Creative Writing Workshop

With Tess Joly
2.30 - 5pm Ropetackle Arts Centre



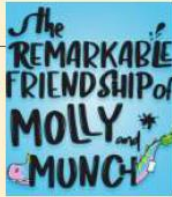
A session for children aged 7-11 to inspire and develop their own creative writing - poetry and prose. The session will include games to fire up the children's imaginations, focused writing time and the opportunity to receive constructive feedback on their work. There will be a reading for their families at 4.30pm to end the session.

Tess is an award-winning poet who runs **Tiger's Eye Writers**, a regular creative writing class for children.

Tickets £10

Saturday 5 October

The Remarkable Friendship of Molly and Munch



Performed by The Takeover Twins

11am Lancing Parish Hall
3pm Eastbrook Manor Community Centre

Molly isn't an ordinary girl, and Munch isn't an ordinary dinosaur - come and see for yourself! This is a production full of adventure, story-telling, original music, audience participation and a giant talking dinosaur. What more could you want? The Takeover Twins bring a charming theatre show for children and families to Lancing and Fishersgate. There will be special meet the dinosaur sessions after the performance, and a children's bookstall.

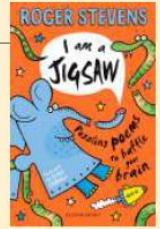
www.takeovertwins.co.uk

Tickets £7 for adult and child. £3 for each additional child.

Saturday 5 October

Poetry for Children

Roger Stevens -
2.15 - 3.15pm
Shoreham Library



In this fun family event, Roger Stevens will be performing some of his most popular poems. Expect lots of laughs and lots of joining in. There will be an opportunity to buy Roger's poetry books at this event. Parents and carers are asked to remain on the premises during this activity.

Free event for children (Age 7+ years)

Please book a ticket as places are limited.

Visit the library or call 01273 467966 shoreham.library@westsussex.gov.uk

Sunday 6 October

When Trees Could Speak

Brambledash Theatre
11am and 2pm
Sussex Wildlife Trust, Woods Mill, Henfield



Fern the Folklorogist lives in the woods and has secrets and stories to tell. This is a magical immersive storytelling about trees, friendship and the importance of nature in our lives.

Original songs and puppets from Forest School theatre company, Brambledash. The show is outdoors in a woodland so come prepared!

£10 adult £5 child

Saturday 12 October

We Choose To Go To The Moon:

Dallas Campbell.
A brief history of human spaceflight

2 - 4pm The Connaught Theatre, Worthing



2019 marks the 50th anniversary of the Apollo 11 moon landing, one of human history's defining moments. Join TV science presenter and author, Dallas Campbell, for his grand tour of the science and history of human space flight, an interactive visual show with beautiful images from Dallas' critically acclaimed recent space history book *Ad Astra: An Illustrated Guide to Leaving the Planet* and stunning archive footage and clips from his TV science programmes including behind-the-scenes footage from Tim Peake's launch.

An interactive show for all ages. Get up close with some real space hardware and take a selfie with a perfect replica of Neil Armstrong's iconic spacesuit.

Presented in association with Clive Conway Productions. **Tickets £13 / £10** under 18's

Sunday 13 October

Michael Morpurgo's 'I Believe in Unicorns' - Wizard Present.

Featuring Danyah Miller.

Shows at 1.30pm and 4pm at Ropetackle Arts Centre



This intimate show is set in a library full of books that hold more than stories within their pages. It is a tale of the power of books, and the bravery of a young boy called Tomas. Tomas hates reading and school, but his world is turned upside down the day he meets the Unicorn Lady in his local library.

I Believe in Unicorns sparks imagination in both young and old. **Children are invited to bring a book to swap as part of the production.**

"The show is moving and memorable, a glorious example of the magic of storytelling. I didn't like it, I loved it!" Michael Morpurgo.

Tickets £13 / £10 £38 for a family of 4

Tickets available on line from: www.shorehamwordfest.com
or from Shoreham Art Gallery, 27 Brunswick Road, Shoreham-by-Sea BN43 5WA
We will also be selling tickets at **Shoreham Farmers' and Artisans' Markets** on 10 August, 24 August and 14 September and at **Lancing Village Market** on 21 September.
For enquiries please contact us via the website or telephone: **07522 957691**

Shoreham Wordfest 2019



CHILDREN AND FAMILY EVENTS

28 September to 13 October 2019

Supported by



HEY KIDS! LOOKING FOR
SOMETHING FUN TO DO EVERY
WEDNESDAY AFTER SCHOOL? THEN
THIS IS THE CLUB FOR YOU!

THERE ARE..... GAMES! PRIZES!
DANCING! PUPPETS! SPORTS!
EXPLORE THE CHRISTIAN FAITH!
STORIES! AND MORE!



21ST CENTURY KIDS! AFTER SCHOOL CLUB

ONLY £2

EVERY WEDNESDAY 4PM-5:30PM @ CITYCOAST CHURCH
FOR 5-11 YEAR OLDS!

CityCoast
CHURCH

f: www.facebook.com/21ckfun | w: www.citycoast.church/21ck | e: 21ck@citycoast.church

sign up at bit.ly/21ck-club-consent-form

21CK!
21ST CENTURY KIDS!

PRESENTS

GLOW IN THE CITY!

FREE EVENT!

DON'T MISS
IT!



FROM THE TEAM THAT BROUGHT YOU GLOW IN THE DARK!

THE ULTIMATE LIGHT PARTY FOR 5-11 YEAR OLDS!

COME AND PLAY GAMES, DANCE, SING, COLOUR, HEAR STORIES,
GET GLOW STICKS AND MORE!

PRIZES TO BE WON! INCLUDING BEST DRESSED GLOW/NEON!

when: Wednesday 30th October 2019
time: 3pm-5pm
where: Citycoast Church,
North St, Portslade, BN41 10G

www.facebook.com/21ckfun
www.glow-in-the-city.eventbrite.co.uk
www.citycoast.church/21ck

CityCoast
CHURCH

21st Century Kids!©2019



STUDENTS AND STAFF ARE DELIGHTED TO INVITE YOU TO OUR

OPEN EVENING



Thursday 3rd October
6.00pm - 8.30pm

Open Morning Tours 8th, 9th, 10th October
9.30am and 11.15am

Please book your place via our online booking form

www.srwa.woodard.co.uk



SCREENAGERS



GROWING UP IN THE DIGITAL AGE

Screenagers is a thought-provoking, award-winning film that probes into the vulnerable corners of family life. It depicts our ongoing struggles over screen time, social media and gaming, and includes insights from psychologists, scientists and academics. The film offers solutions about how we and our children can better navigate the digital world.

Following the film, there will be a chance to discuss our thoughts in groups, aided by a team of helpers.

Bring your children along and watch the film together. Screenagers doesn't promise all the answers, but it's a great conversation starter!

Buy your tickets today.....

A group of Shoreham mums brings you

SCREENAGERS

Monday and Tuesday, 14th/15th
October, 6.30-9.00pm

Film time 60 mins with time after for discussion (optional)

Sussex Yacht Club, 85/89 Brighton Road
Shoreham-by-Sea, BN43 6RF

Bar available

Tickets £4 adults/£3 (ages 10-18)

Book tickets via Eventbrite
(search Screenagers in Shoreham)

TWO NIGHTS ONLY

Pre-School Activities

Fun for 0-5 year olds
Messy Play, Music & Movement, Let's Get Crafty,
Woodland Explorers, Together Time



All sessions are designed to
promote your child's physical, communication and
social skills in a fun and relaxed atmosphere.

Activity price - £6.00 (Annual Members - £5.50)
This price is for 1 adult & 1 child only.

This price is for the Pre-School activity session only. Please purchase your Country Centre wristband from the shop should you wish to visit our onsite activities.

Pre-booking is essential, to book please visit:
aldingbournetrust.org/pre-school-activities

Celebration or party?

A venue for a club or meeting?

We have two lovely halls available to hire in the Parish of Kingston Buci
on Saturdays, and on Sundays from 12pm



Very reasonable rates

For details contact:

St Julian's 07731860041 or email

hallsadmin@parishofkingstonbuci.org.uk

St Giles 01273 462100 or email

stgileshall@parishofkingstonbuci.org.uk

<https://parishofkingstonbuci.wordpress.com>

Some availability at other times during the week



**WEST GRINSTEAD & DISTRICT
PLOUGHING & AGRICULTURAL SOCIETY**

Established: 1871

President: Revd. Rupert Toovey FRICS

AGRICULTURAL SHOW

AND

PLOUGHING MATCH

APPLESHAM FARM

COOMBES, NR. LANCING, BN15 0RP

SATURDAY 21st SEPTEMBER 2019

Commencing at 9.30 a.m.

By kind permission of W.D. Passmore & Sons

Modern & Vintage Tractor Ploughing : Horse & Steam Ploughing
Threshing Display : Cattle & Sheep Shows : Ferret Racing
Large Field & Domestic Produce Show : Harris' Fun Fair
Gun Dog Demonstration & Public Scurry: Terrier Racing
Parade of Hounds : Side Shows & Many Trade Stands
Raffle : Clay Pigeon Shoot : Tug-of-War : Bale Hefting
Local Produce & Catering Outlets : Licensed Bar & Local Ales

ENTRY: £6.00 per Adult, Children under 14yrs. FREE

A GREAT DAY OUT FOR ALL THE FAMILY

Enquiries to Hon. Sec.: Rowan Allan, H.J. BURT, Steyning 01903 879488