



To all our amazing children and families: thank you for all that you have contributed to making this term (in the most trying of circumstances) a genuine success. Have a fantastic Easter Break and we are all excited to see what adventures the summer term will bring.

Mr Lincoln, Mr Etherton and the school staff team.

1. COMMUNICATION

- **Website:** please check the website for answers to any queries before contacting the office.
- **Emails:** use office@stnm.org.uk to contact the school with queries – please include your child's class.
- **School Office:** the office will remain closed until further notice. Please refer to the school website for information or email office@stnm.org.uk if you have any queries. YOU MUST NOT ENTER THE SCHOOL FOYER UNLESS YOU HAVE A PRIOR ARRANGEMENT TO DO SO.
- **Calendar:** term dates, upcoming events etc. This can be filtered by year group to help you find dates relevant to you. Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **New dates/events added:**
 - Wednesday 28th April: Y1 and Y2 Drama4All Workshop
 - Thursday 29th April: YR and LFN Drama4All Workshop
- **Letters/Emails sent home this week:** click on the link for past letters: <http://www.stnicolasmary.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56>
 - Y6: Height and Weight Checks (em)

2. WORSHIP & ETHOS

- **All of the Easter Awseome Assemblies can still be foud on our Youtube site-** https://www.youtube.com/channel/UCVs_954b4yEOTi5sAhKhGKw/featured

3. Congratulations to Mr MacAllister and his wife on the safe arrival of their second child. Heidi was born on Friday 26th March, and both Mum & baby are doing well!

4. REMINDERS:

- **Road Safety:** please can we remind you **NOT** to cycle/scoot/walk through the staff car park. Please dismount at the main gate and walk down the path that runs alongside the hedge when coming in and then the path by the fence when leaving. We have had a few near misses where parents and children have cycled/scooted/walked through the staff car park which is very dangerous - staff and visitors have had to take evasive action on occasion to avoid an accident. We appreciate your help with this.
- **Uniform:** when we return from the Easter holidays, children will be able to wear their summer uniform. Please can you also ensure that your child is adhering to the correct uniform policy - particularly in terms of wearing the correct footwear and ensuring long hair is tied back in school colours. During lockdown we have been slightly more relaxed in terms of expectations, due to the colder weather and the fact that shopping was more difficult. When we return, however, we want to ensure that we resume our usual smart uniform policy. If you

require support in providing uniform for your child, please contact one of the SLT in confidence. For further details on this please see the website. Many thanks for your support on this. http://www.stnicolasmary.w-sussex.sch.uk/_site/data/files/policies/E0DBD8F6AA09541CF4C949F3131C2D04.pdf

- **Earrings:** we have noticed that several children have been unable to remove their earrings for PE which has been causing issues. According to WSCC guidance, our staff are unable to remove children's earrings for them, nor are they allowed to teach children wearing earrings for safety reasons. If your child is unable to remove their earrings themselves, please can you ensure that they come to school without their earrings so that they are able to take part in their essential PE lessons. Many thanks for your support.
- **Y6 Homework:** all year 6 homework will be put on Google Classroom, not the school website.

5. **FREE SCHOOL MEAL VOUCHERS:** These have been ordered for FSM pupils and will be delivered to parents on Saturday 3rd April via Wonde.

6. **CHARTWELLS:**

- **19th April 2021 Menu:** Please see the menu at the end of the bulletin for the first day back after Easter.
- **Summer Term Menu:** To see the updated lunchtime menu from please visit this page on the website: <https://www.stnicolasmary.w-sussex.sch.uk/page/?title=Hot+School+Meals+%2D+Chartwells&pid=1317>

7. **MARATHON KIDS AT ST NICS**

Keeping active is vital for children during these restricted times. It is also a key Government objective to reduce obesity and develop a healthy lifestyle in children by promoting being active. Without the opportunity to join organised sports clubs during lockdown, school PE and sport has become even more important. Since September our children have been running laps of the field in their lunchtime and during PE as part of the



national Marathon Kids scheme. We are thrilled and very proud that 38 of our children have completed their 1st marathon, 42.2K and 9 of these, their 2nd marathon, 84.4K! We have 93 children who have completed their half marathon. In total, our children and staff members have run 5,161K, equivalent to running from Shoreham to New York. We lie 7th in the country for average distance per runner 21.4K. Our target is to have over 100 marathon runners by the end of the summer term and more importantly, boost the health and wellbeing of all of our children. We are very grateful to the PTA for funding the medals.

8. **EASTER HOLIDAY ACTIVITIES**

- **BINGO!** At the end of the bulletin you will find two bingo sheets EYFS + KS1: (Red & Purple) and KS2: (Orange and Blue). Hopefully they will be a useful resource for the children to try and complete (on a daily/weekly basis) which are all focussed on self care and well-being.
- **Emmanuel Easter Service:** Emmanuel Church has an online Easter service at 10am this Sunday. As we begin to talk about a roadmap out of lockdown, deep down we know that even with the elimination of COVID, the reality is that not all our problems go away. There is a greater hope available to us. In the death of Jesus, God reveals His intention to save and reduce people from much bigger problems. Join us for our Easter service live on Youtube from 10am on 4th April. www.weareemmanuel.com
- **Emmanuel Kids:** Emmanuel Church has produced a faith and fitness programme for families to use at home. It is called "Kids Go" and it's 5 short exercise videos all about New Beginnings. You can find the videos on the Emmanuel Kids YouTube page. <https://www.youtube.com/c/EmmanuelKids/featured>
- **Wastebuster Challenge:** The West Sussex Wastebuster website is full of great activities to help children have fun, and care for the environment during the holidays. Join in with the Easter Holiday homework here: <https://www.wastebuster.co.uk/Resources/Teaching-Pack/West-Sussex-Easter-Homework-Special/1043>

Do take part in the *Family 'Recycle It Right' Challenge*. This challenge is designed to support children and families to care for the environment by improving recycling habits, and earns points for the school. The school gaining the highest percentage of family pledges will win a year's subscription to National Geographic Kids for Schools. <https://westsussex.wastebusters.org/>

- 9. LFN - INCREASE IN SESSIONS FEES FROM SEPTEMBER 2021:** Please note there will be an increase to the cost of Little Fishes Nursery sessions from September 2021. For those children who do not receive funding, the cost will be £16.00 per session.
- 10. MESSY AREA:** We are creating a 'messy area' on our Fir Tree Playground. Do you have any watering cans, saucepans, utensils or anything else that would be suitable for this area that you would be able to donate to the school? If so, please put them in the drop box outside the school office. Many thanks.
- 11. LOCKDOWN HISTORY SCRAPBOOK:** In order to reflect on our experiences during this unique period of lockdown history and help children to understand its significance in our lifetime, over the past few weeks we have held a number of special assemblies and given pupils time to respond creatively to their experiences through writing and artwork. We will be gathering these works together to form a '*Lockdown History Scrapbook*', so that future generations of children at the school will have an insight into what it was like to live through an international Pandemic. The children have also taken part in a special history lesson looking at which everyday objects will become important artefacts in the future for historians. As so many children's experiences during this time were spent with their families at home, we would also like to include some photographs of the children homeschooling or other activities which they enjoyed during this time, such as family walks. If you have a photo which you would like to share for the book please email it to me via the office. Many thanks, Mrs Bishop.
- 12. HEALTH & SAFETY – CORONAVIRUS – IMPORTANT INFORMATION**
- **Symptoms:** if you or members of your household have symptoms of coronavirus the whole household must immediately go into self-isolation and children in the household should not attend school. Please arrange a test(s) for anyone with the symptoms urgently. This will help to ensure that in the case of a positive test result, contacts of the person can self isolate promptly to prevent further spread of infection to the wider community.
 - **Getting tested:** <https://www.gov.uk/get-coronavirus-test> or call 119. If having a home test, please use the test as soon as it arrives and return it in the post the same day using a priority postbox.
 - **Positive test result:** we have a dedicated email address to advise us if you receive a positive test result for your child (or yourself if you have been volunteering in school or if you consider that pupils or school staff have been in close contact with you), which will be monitored over weekends and holidays so that prompt action can be taken: positivetest@stnm.org.uk. Please use this address for this purpose only.

13. LETTER TO CHILDREN FROM THE GOVERNMENT:

I wanted to let you all know how grateful I am for the way you have responded to the huge challenges you have all faced throughout the coronavirus pandemic.

Whether this is your first year at school or your final year of college, I know the disruption you have all faced to your education since the pandemic began has been incredibly challenging and has meant completely changing the way you learn - either learning remotely at home or continuing at school or college with fewer of your friends around you and lots of safety measures in place.

Whether you were at home or at school, the disruption last term and throughout last year asked a lot of you and your families. I am filled with admiration for the incredible way you all responded and the resilience you have shown. Not being in school or college with your teachers and friends was a huge sacrifice. Everything you did, with the help of your families and your schools and colleges, and everything you missed out on – time in school, taking exams, seeing friends, playing sport and much more - made such a huge difference to helping us stop the spread of the virus. I want to say a huge thank you to all of you.

Getting all young people back into school and college safely has been my priority throughout the pandemic. I know how vital it is not just for your education but also to spend time with your friends and to feel happy and secure. All our lives have changed a lot in the past year but the challenges that young people have faced have been some of the

hardest. I will continue doing everything in my power to make sure that all of you are supported to boost any areas of work you've had less time at school to study, get the qualifications you deserve and have the opportunities you need to succeed.

Continuing to follow all the safety measures your schools and colleges have worked hard to put in place, as well as taking a test twice a week, is so important and helps us to stop the virus spreading. The testing that thousands of you have been taking part in at school and college is a vital part of this. I am so grateful to you and all the staff who have supported you to do this. I know your schools and colleges have worked incredibly hard to prepare you to test yourself at home.

I was delighted to see the enthusiasm with which so many of you returned to school at the beginning of March and I am sure you have had a wonderful few weeks catching up with your friends and teachers. It was fantastic to meet pupils delighted to return to school on my visits to schools like Arden Academy and Bedford Free School and to see so many more of your reunions on social media. I hope that the new term will be just as enjoyable and successful for all of you.

Rt Hon Gavin Williamson CBE MP, Secretary of State for Education



'Holiday Return Menu'

Menu Day 1

Jacket Potato with Baked Beans

OR

Jacket Potato with Tuna Mayo

(Contains **FISH, EGG, MUSTARD**)

Menu Day 2

Hot Dog Sausage with ½ Jacket Potato and Baked Beans

Sweetcorn and Beetroot Salad

Pudding of the Day

Milk or Water

(Contains **MILK**)

Self-Care Bingo

Had fun doing some exercise	 Went outside	 Ate a healthy snack	Brushed my teeth every day	Put on some nice clothes
 Ate healthy food	Tried something new	Was helpful to someone	 Drank water everyday	 Talked to a friend
Thought about how my body feels	Was kind to someone	 Had a wash	Took a break	Said three things I am grateful for
Thought about how I feel	Played a game	 Ate a piece of fruit	 Asked for help	Did a good deed
Gave myself a pat on the back	Did something fun	 Did a hobby	Did some breathing exercises	Had a good laugh

Self-Care Bingo

Had fun doing some exercise	 Went outside	 Used a coping skill	 Brushed my teeth every day	Put on some nice clothes
 Ate healthy food	 Tried something new	Was helpful to someone	 Drank water everyday	 Talked to a friend
Listened to my body	Was kind to someone	Had a bath/shower	 Took a break	Said three things I am grateful for
Thought about how I feel	 Challenged negative thoughts	 Practiced mindfulness	 Asked for help	Did a good deed
Gave myself a compliment	Did something fun	 Did a hobby	Did some breathing exercises	Had a good laugh



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Sessions will be delivered to an exceptional, leading standard by our highly trained, highly qualified coaches. Each session is designed to engage every child in the group.



Sessions at: St Nicolas & St Mary CE Primary School

Dates: Wednesday 28th April - Wednesday 14th July

Times: 15:15 - 16:15

Price: £60.50 for the course (11 sessions)

Class: Year 1 & 2

Additional Info: Football

How to Book...

Go to www.premier-education.com/parents and search for your child's school using our handy school activities finder.

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Sessions at: St Nicolas & St Mary CE Primary School

Dates: Friday 30th April - Friday 16th July

Times: 15:15 - 16:15

Price: £60.50 for the course (11 sessions)

Class: Year 3,4,5,6

Additional Info: Football

How to Book...

Go to www.premier-education.com/parents and search for your child's school using our handy school activities finder.





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