
For the Spirit God gave us does not make us timid, but gives us power, love and self discipline
2 Timothy 1:7

1. COMMUNICATION

- **Emails:** please use office@stnm.org.uk to contact the school with queries. Email remains our main form of communication and we continue to receive a huge amount – we will endeavour to respond as soon as possible.
- **Phone:** the school phone line is now open between 8.30am and 3.30pm.
- **Calendar:** term dates, inset days, upcoming events etc can be found on our calendar which can be filtered by year group to help you find the dates that are relevant to you. Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Letters sent home this week:** Click on the link to see past letters:
<http://www.stnicolasmmary.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56>
 - Letter to Children – 3rd July
 - New Staffing Arrangements for September – 3rd July
 - Transition for YR, Y1 and Y6 children who have not returned to school – 3rd July

- ## 2. WORSHIP & ETHOS – Awesome Assemblies:
- Thank you very much to Year 6 Violet Oysters for their awesome assembly yesterday. They have even got a write up in the Shoreham Herald:
<https://www.shorehamherald.co.uk/education/shoreham-pupils-star-online-awesome-assemblies-2901552>

3. TRANSITION EVENTS

- **Last day for returnees:** Parents and carers of children in Reception, Year 1 and Year 6 are reminded that Monday 6th July is the last day that children can rejoin the school before the summer holiday so that we can ensure a safe, calm and settled end to the term.
- **July Events:** Unfortunately we are unable to accommodate parents and carers for end of term picnics and transition activity afternoons. Parents and carers will need to drop off their children, leave the premises via the one-way system and return at pick-up time.
- **Last day of term:** Remember that the last day of term for all pupils, including Rainbow Classes, is Thursday 16th July.
- **September Opening:** The government has now published guidance for parents about schools opening fully from September 2020: [What parents and carers need to know about early years providers, schools and colleges in the autumn term](#). Essentially, children will be in class sized bubbles of 30 with staggered playtimes and lunchtimes. We will work through the guidance for schools and nurseries, update our risk assessments and share our plans with parents and carers before the end of term and again in early September. Whilst all plans are subject to change, we anticipate the following:
 - ⇒ We will continue to place health & safety and pastoral care as our number one priority.
 - ⇒ The school will open full time for all children from Monday 7th September. The only exception is Nursery and Reception who may have a staggered start for the first week.
 - ⇒ Drop off and Pick up times will be slightly staggered and we will maintain our one-way systems
 - ⇒ Octopus Breakfast Club and Starfish After School Club will operate from Monday 7th September for all children from Reception to Year 6. Parents and carers will need to book up for regular sessions rather than on an ad hoc basis. We hope to open bookings this term.
 - ⇒ We will teach a full broad and balanced curriculum – although we may have restricted use of shared areas (eg the IT suite) and will not be able to do whole school assemblies.
 - ⇒ Normal rules for attendance and school uniform will apply.
 - ⇒ We are going to have fun learning together again!

There is a lot more information that we will share in due course, but parents and carers may be particularly interested in the points above as we all start thinking about September.

- ## 4. VOLUNTEERS:
- Thank you to the many parents, carers and friends of the school who have indicated a willingness to help out in school next term. We do hope to invite volunteers, including parents and carers, back into school subject to governmental health and safety advice guidance. We will let you know about our volunteer induction sessions in September.

5. **HOLIDAY CLUBS:** Unfortunately, we are going to have to cancel any holiday clubs that were due to take place at St Nics over the summer holidays. A number of premises projects have been delayed due to coronavirus and contractors are only now finalising plans for getting their work schedules back on track. In the last few days, these works are gradually being confirmed, and exact dates and timings are still to be worked out. There will be heavy machinery on site at times, the water will be turned off in the main building and electricity supply will also be affected. There are also the additional restrictions and requirements imposed by coronavirus which must be considered. The summer holiday is the best opportunity and, in some cases, the only opportunity to carry out some of the projects and we must take this time to ensure works are completed in readiness for the new school year. We have undertaken our risk assessments and we are not satisfied that we can keep children safe on site at this time, hence our decision to cancel the clubs. We appreciate this may cause issues for parents hoping for their children to attend clubs on site, and we apologise for this. We will continue to share any information about holiday clubs at other venues via the Parent & Carer Bulletin.

6. **UNIFORM – TIES:** we do have ties available to purchase from the school. Please order via sQuid and let the office know when you have paid for it, It will then be named and left in the foyer for you to collect.

7. **LITTLE FISHES NURSERY**

- **Parent Declaration Form:** Please can we remind parents of children continuing to attend nursery in September to complete and return the Parent Declaration Form by Monday 6th July - this was emailed to you on 18th June. We require a new funding form to be completed for the new academic year. Paper copies of the form are available from the foyer.
- **Little Fishes Nursery Extended Funding:** Please can we remind you that in order for your child to access Extended FE in the Autumn term their 30 hour code must be issued or renewed by HMRC by 31st August 2020. To renew log in to their childcare account to check their details are up to date, and reconfirm their eligibility to ensure they continue to be eligible for Extended FE: gov.uk/sign-in-childcare-account For any queries please email free.entitlement@westsussex.gov.uk

8. **OCTOPUS AND STARFISH CLUBS:** The clubs are currently only available for vulnerable children and the children of key workers in years 2 - 5. We are waiting for further guidance from the government to see how the clubs will operate from September. We will provide you with more information as soon as possible. We would like to advise you that in line with policy, we have reviewed our current session charges and will be making the following changes in order to continue to cover rising costs. Octopus Club will cost £4.20 per session and Starfish Club will cost £7.00 per session from September. The session cost for Little Octopus Club will remain at £5.00 and Little Starfish Club will remain at £11.50 per session.

9. **CURRICULUM**

- **RSE Home Learning about Puberty for Y5 and 6 Pupils:** Usually at this time of year we would be teaching children in Years 5 and 6 about puberty and the changes they may experience, as part of the RSE (Relationships and Sex Education) curriculum. We normally find that girls and boys are more comfortable when we teach them separately, so that they can ask questions. Unfortunately this is not possible this year.

We would therefore like to share with you some useful resources which can be used as part of our home learning programme. We recommend that you view the materials before showing them to your child as they do include diagrams of both the male and female anatomy. The materials have been produced by the PSHE Association and also include a general guide for parents undertaking home learning, which you may find helpful. Because this is a parental decision, we have stored these materials under the Parent/Carer section of our website rather than in the usual home learning area, as follows: <http://www.stnicolasmarty.w-sussex.sch.uk/page/?title=RSE&pid=1519&action=saved>

Although this forms part of our home learning, because not all parents may choose to share these resources, children should not upload information relating to this curriculum on Seesaw. We are currently reviewing the materials that we use for RSE, in line with new Government guidance for the next academic year, and would welcome your feedback.

- **School Books:** Please can all books that belong to school i.e. library books, reading books and the Year 6 Red and Blue CGP Study Books be returned to school by Friday 10th July.

10. **FREE SCHOOL MEAL VOUCHERS:** The Department for Education have confirmed that our school holiday period can be classed as 7 weeks including inset days, which means that we will order vouchers for £105

for each eligible child. The vouchers will be sent out week commencing 13th July. Please can we remind you to exchange your vouchers promptly for eGift cards as vouchers expire after 1 month. This is particularly important as we approach the end of term so that any issues can be resolved prior to the start of the holidays. Some supermarkets have a maximum limit of £200 for each eGift card, so separate eCodes will be issued for each child. eGift cards do not have to be redeemed in a single shopping trip – they can be used repeatedly until the vouchers's balance reaches £0. The supermarket's customer services team can check how much money is left on the card. New supermarkets have now been added including Iceland. We will continue to provide weekly vouchers for those children that are not in school until the end of term.

11. PTA

- **Second Hand Uniform:** the second hand uniform shop is in the Palace and will be open on Tuesdays and Fridays at pick up and drop off. Please remember:
 - We are only allowing 2 people in at a time – if there are 2 people inside, wait outside until 1 comes out.
 - To use the hand sanitiser by the door before you enter.
 - To bring your own shopping bag and some change – you will need to put the correct money into a pot to avoid us handling money. General uniform items are £1; Fleeeces, shoes & bookbags £2; Coats £3.
 - The clothes have already been washed but we advise you wash them again as an extra precaution.
 - There will be a box outside for unwanted uniform donations. These **must be** in good condition, washed, names removed and left in the box inside a carrier bag. Please **DO NOT** take uniform donations into the school office as they will not accept them.

12. USEFUL HOME LEARNING LINKS AND RESOURCES

[Useful Home Learning Links and Resources](#) (click on link) or go to Pupils>Useful home learning links & resources.

13. Free Return to School Zoom Workshop for parent-carers, 8th July 10.30am-12pm

Jane Cross will be delivering this workshop via Zoom looking at how to start preparing your child for returning to school, and ways to help do this over the summer. Covering many issues including transitioning to a new setting and anxieties that children and parent-carers may be experiencing.

<https://www.eventbrite.co.uk/e/preparing-your-child-for-returning-to-school-tickets-111798887482?fbclid=IwAR3B4qF9ZTQbwCH5tENEvUBblDDJidCSelbaHhxgXFB3LHJyefYUir3Sbew>



Secure Attachments – Robust Learners- Building Futures

Your Space Therapies are pleased to present an online Therapeutic Parenting Course.

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.

Boosting the Bond



For the BEST relationship with your child

Thursday 9th July, 6-8pm

Ticket price: £20

Training online via Zoom (details to follow on booking)

To book your place, please email:
bookings@yourspacetherapies.org

Your Space Therapies are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offers practical strategies and theraplay games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours. Strategies will be tailored to think about particular responses that are needed during COVID-19 and lockdown.

93% of parents or carers who have attended this course rated in 'Excellent'

About the trainer: Emma Connor is a Child Psychotherapist, MA, UKCP, Director, Consultant and Trainer for Your Space Therapies. Emma is a senior lecturer at the Institute for Arts and Therapy in Education as well as working in various schools providing therapy for children and therapeutic support for families.

For more information regarding Your Space Therapies counselling services, consultancy and training please visit: www.yourspacetherapies.org



**Reaching
Families**

*Empowering families of children
and young people with special
educational needs and disabilities*

Preparing your Child for Returning to School

**Jane Cross will be delivering this free workshop via
Zoom looking at how to prepare your child for
returning to school.**

**Wednesday 8th July
10.30am – 12.00pm**

**Covering many issues including the changes children
may see around school, government guidelines and
law, communication with and expectations from
school, transitioning to a new setting and anxieties
that children and parent-carers may be experiencing.**

Email admin@reachingfamilies.org.uk to book



www.reachingfamilies.org.uk

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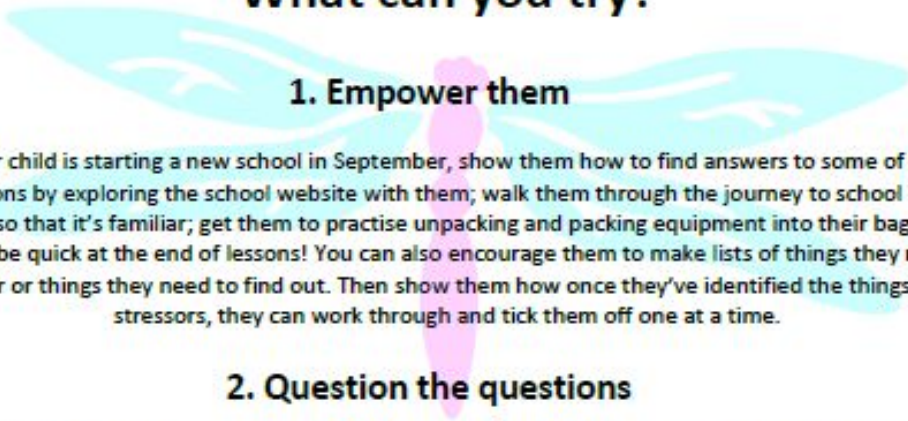
Thrive 365 #23

Did you know?

The definition of 'transition' is 'the process of changing from one state to another'. At the moment, there are transitions happening for many people as we begin to go back to work or school, or even prepare to go to new schools. It's important to keep in mind that all periods of change in a person's life can cause feelings of stress, anxiety and bring up emotions that children may need support identifying and navigating.

What can you try?

1. Empower them



If your child is starting a new school in September, show them how to find answers to some of their questions by exploring the school website with them; walk them through the journey to school in the holidays so that it's familiar; get them to practise unpacking and packing equipment into their bags – they need to be quick at the end of lessons! You can also encourage them to make lists of things they need to remember or things they need to find out. Then show them how once they've identified the things that are stressors, they can work through and tick them off one at a time.

2. Question the questions

Anxiety surrounding change can come with a lot of 'what ifs...' Having ideas about how to respond to situations will lessen the worry and build confidence, so explore the what ifs and think of what actions you could take for each one. It can be helpful to keep as many other things the same as possible, so things like regular meals times, limited phone time and bedtimes form a comfortable routine that limit the impact of other changes.

3. Share

Listen to how they feel and give examples of when you've felt a similar way. This allows you to show them that their feelings are normal, that you are listening and taking them seriously. It also lets you give them words to label the feelings and explain what you did to deal with tricky times. Most important are regular chats with your child, where you can reassure them that 'big changes' are always difficult to deal with and so their 'big feelings', which can be overwhelming, are perfectly normal.

Aspens Charities presents



aspens fest 2020

Saturday 18th & Sunday 19th July

Save the date

A virtual weekend of activities and workshops themed around transition.

A hub of mental health, wellbeing, music, sport, sensory and transition workshops tailored to parents, carers, siblings, children and young people with ASC, mental health difficulties and/or SEN.

To register for the festival please visit aspensfest2020.aspens.org.uk

Supported by



aspensfest@aspens.org.uk

Follow AspensCharities on

aspens.org.uk

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Neither the Governors nor West Sussex County Council support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this bulletin or any other publication).

Shoreham Summer Holiday Club

(Monday 20th July to Friday 28th August 2020)



We are not quite sure how this summer holiday club will look yet, but we know that it is going to be a lot of fun !!

Children meeting up with their friends, socialising after such a long time with little interaction.

Kind, caring and super fun staff on hand to ensure every child's needs are met.

We will follow all guidelines, have high levels of hygiene routines and cleaning.

We will spend as much time as we can outdoors



All children from any school or nursery, aged 3 to 12 years old welcome.

Our theme weeks are really popular so we will continue to be more adventurous and have some great ideas following the children's interests for this summer. We continue to be flexible in our planning; as our aim is that the children have non-stop FUN all day, every day, therefore we may change/adjust/adapt plans to suit their needs and their play ideas.

So come along and join us for a fabulous fun time this summer – we can't wait to see you.



Really Important Information

BUCKINGHAM PARK PRIMARY SCHOOL

Buckingham Road, Shoreham, BN43 5UD Ofsted: EY648960 Tel: 07551 062186

For full terms, conditions and important information about our holiday club please go to our website. www.thechildcareclubworthing.co.uk

The Childcare Club

26.06.2020

Dear Parents and Carers

It looks extremely positive now that our Summer Holiday camps will go ahead. The following was published on the WSCC update that we receive ...

Update from Local Government Association (LGA) on Holiday Playschemes The LGA provided the following statement on Monday 22 June: The Government's ambition is that all providers running holiday clubs and activities for children over the summer holiday will be able to open, if the science allows. The time anticipated for holiday clubs to open is no earlier than 4 July, as part of Step 3 of the Government's recovery strategy. Guidance will be provided to the sector soon on how to implement the protective measures necessary to open safely, and to parents on how to minimise the spread of the virus if they choose to attend. In addition to this, it was also included within the Prime Minister's speech on 23 June, that "wrap-around care for school age children and formal childcare will restart over the summer".

After further discussion with fellow providers and the DfE, we anticipate that children will need to be in "bubbles" of 30 during the day and these "bubbles" can change daily. Therefore, we do not anticipate that you will need to book regular weekly sessions – good news!

If this is the case, we will have 2 / 3 bubbles a day, with between 16-30 children in each bubble with 2 or 3 staff members allocated to each bubble.

We will use up to 3 entrances, 1 for each bubble and children will receive a coloured wrist band on arrival. It is anticipated that we will be able to allocate all bubbles an indoor and outdoor area.

If you want your child to attend the morning session or stay all day you will need to provide them with a morning snack and lunch. We will continue to have "toast time" in the afternoons which we will cater for.

As the new guidelines are released we will plan accordingly and keep you all updated.

If you have any questions or queries, please email me, but please forgive me if the reply is delayed.

E: thecccworthing@gmail.com