



St Nicolas and St Mary Church of England Voluntary Aided Primary School

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Executive Headteacher Mr D Etherton B.Ed Hons. NPQH

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11th June 2021

Dear Parents and Carers

PSHE – Puberty Lessons

As part of our recent PSHE review, we have decided to introduce the topic of puberty earlier than in previous years, in the Summer term of Year 4, as some children are already experiencing changes to their bodies and going through puberty at this age. The children will also recap on this learning in Upper Key Stage 2.

The children will be having their Year 4 puberty lesson on Thursday 24th June 2021. In order to facilitate the answering of questions, the boys and girls will be taught separately for this session - the girls with Miss Wells and the boys with Mr MacAllister.

We wanted to inform you of the contents of the lesson in case you would like to discuss these prior to or post lesson with your child. These are: bodily changes, menstruation, erections and wet dreams. All children will be having access to the same lesson and materials. This lesson is part of the statutory science curriculum and so all children will take part.

Kind regards

Dr Victoria Bishop

Assistant Headteacher and LKS2 Phase Leader