

St Nicolas and St Mary Church of England Voluntary Aided Primary School

Eastern Avenue, Shoreham-by-Sea, West Sussex BN43 6PE Tel: 01273 454470 Email: office@stnm.org.uk
Web: http://www.stnicolasmary.w-sussex.sch.uk/

Executive Headteacher Mr D Etherton B.Ed Hons. NPQH Acting Headteacher Mr A Lincoln BA Hons

1st March 2022

Dear Parents and Carers

Living with COVID-19 guidelines

Following the Government's announcement last week on the ending of all Covid-19 restrictions in England, we would like to reassure you that we will continue to adhere to the advice and guidance of the experts at the Department for Education and the NHS.

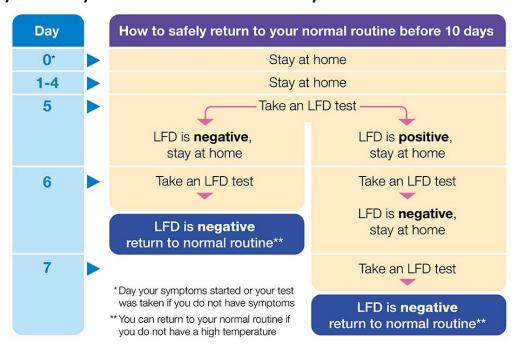
Covid-19 is a virus that we need to learn to live with but our priority remains the safety and wellbeing of everyone in our school community.

If your child has one or more of the known Covid symptoms, ie new continuous cough, a high temperature or a loss of, or change in, your normal sense of taste or smell (anosmia), you should test them for the virus using a lateral flow test. Tests are free of charge until 1st April so do request them from the NHS or pharmacist if you need them.

If your child tests positive for Covid-19 we would ask that they self-isolate for 10 days – this can be reduced to six days following two negative tests, 24 hours apart on day 5 & 6 as outlined below. This guidance on returning to school following isolation has <u>not</u> changed.

Close contacts of someone who has tested positive for Covid-19 are no longer required to self-isolate or advised to take daily tests, unless they are suffering from one of the three main symptoms identified above.

How to safely return to your normal routine before 10 days



By continuing to be careful and considerate, we can minimise the risk of the virus circulating amongst us. I thank you for your continued support and cooperation and hope we can enjoy a more 'normal' term at school.

Kind regards

Andy Lincoln Acting Headteacher