



Secure Attachments – Robust Learners- Building Futures

A down-to-earth course for parents!

Your Space Therapies is a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.

Boost the Bond



For the BEST relationship with your child

St. Nicolas and St. Mary's C of E Primary School are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children.

The course will offer an overview of child and adolescent emotional brain development, practical strategies and theraplay games to develop and maintain strong parent-child emotional bonds. Parents will learn about managing children's anxiety, challenging behaviours, sleep issues, bonding time, boundaries and more.

Course Details:

To access the 'free' training that has been commissioned by St Nicolas and St Mary's School from 28th May until 11th June please click on the following link: <https://vimeo.com/554191233>

- Enter the password: bestparent

About the trainer: Emma Connor is a Child Psychotherapist, MA, UKCP, Director, Consultant and Trainer for Your Space Therapies. Emma is a senior lecturer at the Institute for Arts and Therapy in Education as well as working in various schools providing therapy for children and therapeutic support for families.

www.yourspacetherapies.org