



St Nicolas and St Mary Church of England Voluntary Aided Primary School

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Headteacher Mr D Etherton B.Ed Hons. NPQH

Associate Headteacher Mr A Lincoln

17th May 2022

Dear Parents/Carers

The RSHE (Relationships, Sex and Health Education) Curriculum

As most of you will remember from last year, we recently adapted our RSHE curriculum, following Government recommendations and consultation with the wider school community. Each year, the children are taught all the statutory elements of Relationships and Health education, as stated by the Department for Education, as well as some elements of sex education, appropriate to their year group. All children must attend Relationships and Health Education lessons, however, parents/carers have a right to withdraw their children from sex education, although we always advise discussing any concerns with your class teacher, or a member of the leadership team first. Please note that in some year groups – sex education may only be a small part of a more general PSHE lesson.

All details of our RSHE curriculum can be found in our RSHE Policy, on our website, including what is taught in each year group and a useful selection of frequently asked questions raised by parents/carers.

Please visit: https://www.stnicolasmary.w-sussex.sch.uk/_site/data/files/policies/CE142B37ABDD707FDAC8951B902E4F81.pdf

We will advise parents, by letter or Ping, if there is an up-coming lesson which involves RSE content, or links to bodily changes (puberty) in the Health Curriculum. You may wish to talk to your child further about what has been taught or have a discussion with them in advance, or speak to staff if you have any questions or concerns.

Many thanks for your support

Best wishes

Dr Victoria Bishop
Assistant Headteacher