



Next week on Friday 26 September, it will be European day of Languages and with it a chance to celebrate the language and culture of our families, children and staff.

Have a wonderful weekend
Mr Lincoln and the Senior Leadership Team

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** office@stnm.org.uk - please do not email staff directly (unless agreed previously).
- **Calendar:** Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Language of the Month:** English
- **Sign of the Week:** Good Morning / Good Afternoon
- **Facebook page:** facebook.com/stnmschool

2. DATES AND EVENTS: click [here](#) for the dates list.

- Thursday 2 October - **SEND Coffee Morning:** We would like to invite any parents and carers to a coffee morning at the school. An outreach worker from Reaching Families will join us to speak about their service & how they support families with children that have educational needs & disabilities. It will be from 9am – 10am. Please do let the office know if your able to attend. Thank you.



- Wednesday 8th October- **New parent Coffee Morning:** If your child has just started the school this September (Reception, Little Fishes, other year groups), then please join myself, other members of the Leadership Team and our homeschool link worker for coffee and biscuits between 9am and 10am. No need to confirm attendance in advance, please do just pop along if you can. *Mr Lincoln*

3. REQUESTS, REMINDERS AND GENERAL NOTES

- **Flat Screen TV Donation - Thank you!** We would like to say a big thank you to Stephen Young (Thomas's dad) for the kind donation!

4. JOB OPPORTUNITIES: we are currently advertising for the following:

- Individual Needs Assistant – closing date **12 noon on Tuesday 30th September 2025**. More information can be found below.

5. Tours for September reception admission 2026: We look forward to next week, announcing the dates for our prospective parent tours and presentations. The dates will include mornings, afternoon, after school stay and play, evening and a Saturday morning.

6. School Uniform (Fleeces): We have had a small number of enquiries regarding of the wearing of school fleeces in and out of the classroom and whether a change has been made in the uniform policy.

I therefore wanted to clarify the school position on this issue:

- There has been NO change this year or in recent times in the uniform policy regarding the wearing of fleeces (extract below)

Outdoor Coats

- Coat or waterproof. Reflective safety strips are a useful addition; OR
- A navy fleece with full length zip with embroidered school logo (for outdoor use only).

- If the weather was to get very cold and we felt the children needed to wear additional layers, then we would of course inform parents and the children.

7. Regular Travel Home Permission Arrangements: Please email the school office at office@stnm.org.uk with any updates to your child's going home arrangements.

- **Ad-hoc Pickups:** If someone other than yourself is collecting your child on a one-off basis, please provide their full name, their relationship to your child and the date they have permission to collect.
- **Regular Pickups:** If someone else will be regularly collecting your child, please let us know their full name, relationship to your child, and the specific day(s) they are authorised to collect.
- **Year 5 & Year 6 – Walking Home:** If your child has permission to walk home alone, please confirm the days they are allowed to do so.
- **Year 5 & Year 6 – Walking Home After Clubs:** If your child has permission to walk home alone after attending a club, please include the club name and the day(s) they are allowed to walk home.
- **Please note:** Any arrangements from the previous academic year will remain in place unless you inform us of changes.

8. The Village Project Update: We just wanted to update all of our wonderful fundraising supporters that we have not forgotten our plans to move forward with the Village project! On the surface, it may not look as if anything has changed but over the holidays, our Premise Manager laid the concrete base for our learning shed. Unfortunately, the project had to take a bit of a back seat due to unexpected shortages in staffing, painting in the EYFS (which was required after having our roof fixed) and the necessary creation of new fencing around the Year 1 classrooms. We are hoping to be up and running again soon, with the area taking shape by the Spring. Thank you for bearing with us.

9. Basketball Competition: Well done to our fantastic basketball team who took the gold at our first locality competition!



10. Secondary School events and information for Year 6 Parents and Carers:

- [Steining Grammer](#)
- [Cardinal Newman](#)
- [Davisons High school](#)
- [Shoreham Academy School](#)
- [Lancing Prep](#)

ADVERT – Individual Needs Assistant (2 vacancies)

St Nicolas and St Mary Church of England School is seeking to appoint an Individual Needs Assistant to join our wonderful team ASAP.

The school has fantastic facilities with spacious grounds and we have excellent transport links, being only a 15 min drive from Brighton or 10 min walk from Shoreham station. The school has a strong Christian ethos and our team is caring and nurturing to colleagues and pupils, who are creative and high-achieving. Our curriculum is designed to enable all children to thrive and reach their potential, and to provide opportunities to develop and prepare them for life beyond their primary education. In December 2024, the school joined the Diocese of Chichester Academy Trust and applicants will be able to benefit from CPD/training and development opportunities within the trust as well as the support that comes from working with a family of 27 schools! Our recent Ofsted inspection and Statutory Inspection of Methodist Schools were both extremely positive and highlighted the exceptional learning and behaviour of our children alongside high-quality teaching, leadership and management.

Location: St Nicolas and St Mary C.E. Primary School, Shoreham-by-Sea
Required from: ASAP
Contract: Fixed term (linked to pupil funding)
Hours per week: Post One – 15 hours per week, 4 mornings and 1 afternoon.
Post Two – 12 hours per week, 3 mornings and 1 afternoon.
Both posts are term-time only and within the hours of 8.45am – 3.30pm (*to include some Midday Meals Supervisor duties*)
Salary: Grade 3 Point 3 (£12.48 per hour)

Please refer to the Job Description/Person Specification in your supporting statement.

Relevant qualifications or training an advantage but not essential. It is desirable, but not essential, to have experience of:

- working in a primary school setting;
- working with SEND pupils.

The closing date for all applications is **12 noon on Tuesday 30th September 2025.**

Applications must be submitted on the official application form. Please return completed applications to office@stnm.org.uk or post to above address. **Please note that only applications on the DCAT form will be considered for shortlisting.**

Interviews are scheduled to take place on **Thursday 2nd October 2025.**

The application pack (and application form) can also be found at: [School jobs - West Sussex County Council](#)



harpacademy

where musicians are made

DEDICATED HARMONICA CLASSES IN YOUR SCHOOL



A great way to make music

We recently showed your school how much fun it is to play the harmonica. It sounds great, it's easy to carry and it's cool for boys and girls alike. In fact it's the perfect way to access music for children of any age, from Pre-School to Key Stage 2, and it's much more affordable than other instruments. No tricky keys, frets or finger holes for small hands either. If you can breathe in and out, you can enjoy making music on the harmonica!

Thank you so much for introducing my daughter to this wonderful art form. She absolutely loves harmonica and will keep playing forever!

Woodingdean Primary School

Why learn harmonica?

- ✓ It sounds great
- ✓ It's affordable
- ✓ It's portable
- ✓ It's cool for boys & girls
- ✓ Free taster session
- ✓ Performance opportunities
- ✓ Music aids wider learning

Musical Enrichment with Harp Academy

We provide daytime harmonica classes at your school for groups of up to 8 children. Each session is half an hour and we provide ten sessions per term. We also offer individual tuition on request. Lesson content includes fun warm-up activities, instrument skills, exploring musical elements from the national curriculum and learning songs for enjoyment and performance. Our teachers are professional musicians, with DBS certification, safeguarding and first aid training.



Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.



WWW.HARPACADEMY.CO.UK



harpacademy

where musicians are made

DEDICATED HARMONICA CLASSES IN YOUR SCHOOL



Harp Academy online

Children and parents who subscribe to Harp Academy also enjoy a complimentary backstage pass for the protected content on our website. There are carefully prepared support pages for the music we are learning, some helpful key skill advice and exercises to help build musical technique. For weekends and holidays, there is also an exciting Harp QI section to explore, with fun videos, music activity ideas and wider learning topics.



The home of champions

At Harp Academy having fun is top of our wish list, and playing to audiences is a vital part of our curriculum. We understand how performance builds self confidence and creates happy memories for everyone. When children are ready, their journey starts with playbacks in school assembly. From there we attend local festivals such as Paddle Round The Pier, Harpin' By The Sea and entertain in children's hospitals. There is also an opportunity to compete at the national harmonica festival, where we have been producing junior champions since 2011!



Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.



WWW.HARPACADEMY.CO.UK



www.yourspacetherapies.org

Date: Wednesday 29th October 2025

Time: 9am- 2pm

Location: Ponies 'n' Kids, Eaton Thorne Stables, Woodmancote, Nr Henfield, W.Sussex, BN5 9AG

Join us for a magical day designed especially for children ages 5-11! Dive into a world of peace, friendship, and mindfulness, all while experiencing the calming presence of our adorable ponies.

✦ **What to Expect:**

💖 **Mindfulness Time with Ponies:** Learn calming techniques and emotional regulation skills while spending quality time with our gentle ponies.

🐾 **Pony Care:** Discover the joys of caring for ponies through grooming, feeding, and building a bond.

🐎 **Riding and Mounted Games:** Experience the joy of pony rides and engage in fun, team-based games that promote confidence and cooperation.

🌳 **Connect with Nature:** Immerse yourself in the tranquillity of our beautiful, quiet stables and serene surroundings.

👫 **Make New Friends:** Build connections and friendships with other children in a supportive, nurturing environment.

Scan the QR code or click this link to book: [Mindfulness Pony Day 29th October 2025](#)



Cost: £140 per child

Spaces limited to 15 children

We are an inclusive team and warmly welcome children with Special Educational Needs and Disabilities (SEND). We celebrate diversity and are committed to providing a supportive environment where every child can thrive.

Apply online at:
westsussex.gov.uk/admissions



Is your child due to transfer to secondary school in September 2026?

Apply online!

It's simple, convenient and time-saving. If your application is received after the deadline, your chance of securing a place at one of your preference schools could be seriously affected.

You can apply online from **Monday 8 September 2025**. If you would like further advice or information, phone: **03330 142 903**.

Deadline: Friday 31 October 2025

Free internet access to apply online is available at all West Sussex libraries.



WS110(A) 08.25

West Sussex SENDIAS Service

Is your child starting primary school or transferring to junior or secondary school in September 2026?

Do you think, for
● whatever reason, you
● may struggle with the
● Admissions process?

Secondary School

Online applications open:
Monday 8 September 2025.

Deadline for applying for a secondary school place for your child is:
Friday 31 October 2025.

Primary School (inc. infant/junior)

Online applications open:
Monday 6 October 2025.

Deadline for applying for a school place for your child is:
Thursday 15 January 2026.

For more information on the admissions process:
www.westsussex.gov.uk/admissions

If so, the West Sussex SENDIAS Service can:

- explain the admissions process to you
- help you to make an informed decision about your child's schools of preference
- help you to fill in the online application form.

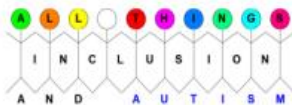
Please contact the SENDIAS Service:

Helpline: 0330 222 8555

Email: send.ias@westsussex.gov.uk

www.westsussexsendias.org





allthingsautism ltd@gmail.com

01895 649211

<https://allthingsinclusionandautism.com>

Workshops for parents / carers (and practitioners) - Autumn term 2025

All things visual strategies Supporting autistic children / those with communication difficulties with visual strategies - why use visuals, which visuals to use and how to use them? Thursday 23rd October 2025 10 - 11.30am Online - via Zoom £36 plus VAT per person	Pathological Demand Avoidance (PDA) Understanding PDA and practical strategies to support Monday 10th November 2025 9.30 - 11.30am Online - via Zoom £44 plus VAT per person
All things communication and play: Supporting autistic children with communication and play skills - laughing and learning together Tuesday 4th November 2025 9.30am - 12 Online via Zoom £51 plus VAT per person	Autism and Girls Exploring differences and diagnosis . Understanding how autism impacts on girls and strategies and ideas to support them Thursday 13th November 2025 10 - 11.30am Online via Zoom £36 plus VAT per person
All things behaviour - supporting positive behaviours for autistic children Tuesday 7th October 2025 9.30am - 12 Online via Zoom £51 plus VAT per person 	All things sensory processing - a workshop exploring the sensory needs of autistic children and practical strategies to support their needs Wednesday 26th November 2025 9.30am - 12 Online via Zoom £51 plus VAT per person 

All Things Toileting Exploring the challenges around toilet training for autistic children and practical strategies to support them Friday 17th October 2025 10 - 11.30am Online via Zoom £36 plus VAT per person	Gestalt Language Processing How to support early language skills for young children including Gestalt learners Tuesday 18th November 2025 10 - 11.30am Online via Zoom £36 plus VAT per person
All Things Mealtimes Looking at the challenges around food and eating for autistic children and practical strategies to support Tuesday 4th December 2025 10 - 11.30am Online via Zoom £36 plus VAT per person	ADHD Understanding ADHD in young children and practical ideas to support them Tuesday 25th November 2025 10-11.30am Online via Zoom £36 plus VAT per person
Supporting children with Bereavement and Loss Looking at the impact of bereavement and loss on young children and strategies to support them Thursday 2nd October 2025 10 - 11.30am Online via Zoom £36 plus VAT per person	Promoting positive mental health in young children Examining causes of mental health difficulties, learning about anxiety and trauma Tuesday 11th November 2025 9.30 am - 12 Online via Zoom £51 plus VAT per person

Contact Jaci Smith or Nikki Duhig at allthingsautism ltd@gmail.com or 01896 649211 to book your place/s

Training

Autumn 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

September

Making Sense of Wellbeing: Understanding and building resilience	Tuesday 16th	7.30pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 18th	7.30pm
Understanding Autism	Tuesday 30th	10.30am

October

Making Sense of Personal Independence Payment (PIP)	Thursday 2nd	7.30pm
Making Sense of Behaviours that Challenge (age 2-11 years)	Thursday 16th	7.30pm
Understanding Demand Avoidance	Tuesday 21st	7.30pm
Making Sense of Education Health & Care Needs Assessments and Plans (EHCPs)	Wednesday 22nd	10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 24th September / 1st October (2-part course) **Wednesdays** 10.00am-1.15pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



Reaching Families

www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

Umbrellas

Parent Support Group
Autumn Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

9th Sep / 7th Oct / 4th Nov / 2nd Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

10th Sep / 8th Oct / 5th Nov / 3rd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

16th Sep / 14th Oct / 11th Nov / 9th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

17th Sep / 15th Oct / 19th Nov / 17th Dec

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

25th Sep / 23rd Oct / 20th Nov / 11th Dec

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

23rd Sep / 21st Oct / 25th Nov / 16th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

outreach-training@reachingfamilies.org.uk



Reaching Families

www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

11th Sep	7.30 pm - 9 pm
9th Oct	7.30 pm - 9 pm
6th Nov	7.30 pm - 9 pm
4th Dec	7.30 pm - 9 pm



Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support



Reaching Families



www.reachingfamilies.org.uk

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906

Website: www.stimcounselling.westsussex.sch.uk

Email: office@stim.org.uk

Calendar: Click on link for how to [use](#) or [subscribe](#)



September Timetable

All sessions delivered live online via zoom, 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Understanding Addictive Behaviour	15 Sep 10am
Supporting A Child With ADHD	15 Sep 7pm
Improving Family Communication	16 Sep 10am
Autism Improving Communication	16 Sep 7pm
Facing Defiance	22 Sep 10am
Anxiety Based School Avoidance	22 Sep 7pm
Understanding Anger	23 Sep 10am
Supporting Healthy Screen Use	23 Sep 7pm
FREE Facing Defiance	25 Sep 7-8pm
Introduction To OCD	29 Sep 10am
What Is ACT?	29 Sep 7pm
Cannabis and Ketamine Awareness	30 Sep 10am
Anxiety Explained	30 Sep 7pm
Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm

Student-Led Tours -
Explore the school through the eyes of our students.

Meet Our Teachers & Leadership Team -
Get to know the people behind the learning.

Taste Our School Meals -
Enjoy a selection of delicious tasters from our menu.

Subject Demonstrations -
Step into the classroom and see exciting live demonstrations.

Principal Talk Times
17:30
18:15
19:00

OPEN EVENING 2025

Thursday 2nd October 5pm - 8pm
www.srwa.woodard.co.uk
for more information

SION SCHOOL *Worthing's Independent School*

Senior School Open Day
Year 7 - 11

Thursday 2nd October | from 9am

We're hosting an open day for our Senior School this October. The only way to truly understand the spirit of SION is to step inside the school and feel it for yourself, guided by our expert student ambassadors who bring the school's values to life.

Did you know you can also book a personal tour at a time that suits you?
Scan the QR code or search **Sion School Open Days**.

Where wellbeing comes first and every child is known, SION's small classes and independent curriculum allow young people to thrive.

☎ 01903 204063 ✉ admissions@sionschool.org.uk 🌐 www.sionschool.org.uk

Book a tour of SION School: Gratwicke Road, Worthing, West Sussex, BN11 4BL



Scan to
Book a Tour



WEST SUSSEX MUSIC CENTRES

Bognor Regis, Chichester, Horsham, Midhurst, Worthing

Want to make music with others?

Youth Orchestras, Rock Bands, Drum Groups, Choirs,
SEND Groups, Beginner Classes, Lessons, and more...

FIND OUT MORE AT
westsussexmusic.co.uk/music-centres

Supported using public funding by



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ENGLAND**



**FIND OUT
MORE**



WEST SUSSEX MUSIC CENTRES

BOGNOR REGIS

The Phoenix Centre, PO21 5JD
Thursdays
Tomorrow's Orchestra Programme
Junior Orchestra

CHICHESTER

St Joseph's CE Junior, PO19 1DQ
Saturdays
Tomorrow's Orchestra Programme
Drum Lab
Junior Orchestra
Youth Orchestra

HORSHAM

Millais School, RH13 5HR
Saturdays
Tomorrow's Orchestra Programme
Drum Lab
Young Voices
West Sussex Youth Choir
Junior Wind Orchestra
Junior String Orchestra
Training Wind Orchestra
Training String Orchestra
West Sussex Youth Wind Orchestra
West Sussex Youth String Orchestra
West Sussex Youth Orchestra

QM Studios, RH12 1GZ
Thursdays
Play In A Band

music.centre@westsussexmusic.co.uk
westsussexmusic.co.uk/music-centres

MIDHURST

Midhurst Rother College, GU29 9DT
Tuesdays
Tomorrow's Orchestra Programme

WORTHING

Bohunt School, BN14 8AH
Saturdays
Tomorrow's Orchestra Programme
Drum Lab
Junior Orchestra
Youth Orchestra

Northbrook College, BN12 6NU
Wednesdays
Play In A Band



**FIND OUT
MORE**

Sign up for
St. Nic's CARNIVAL CREW

KS2
**SAMBA
BAND**

Wednesday
3.25-4.25pm



Our **Weekly 60 minute classes** are full of fun and energy.
We practise infectious rhythm & create music to share within the local community at vibrant outdoor performances and events.

St Nic's Carnival Crew is open to KS2 year groups 3, 4, 5, 6.
There is no need to be able to read music as we learn everything off by heart.
Drumming is great fun and proven to lift your mood.
INSTRUMENTS and ear defenders are provided.

VISIT happytunesmusic.co.uk/music-menu/samba-band
for registration and fees

"I have run successful music departments in local schools teaching class music lessons, running Samba Bands and leading school orchestras. My Samba Bands have performed at various local events including Beach Dreams, Worthing Children's Parade and the Durrington Festival. I have also played in Samba Bands, participating in events such as the Emsworth Food Festival and the Lord Mayor's show"



SAM HARRIS
Co-Founder of St. Nic's Carnival crew.



samantha.harris502@gmail.com

SAMA

KIDS KARATE

St Nicolas & St Marys C.E. Primary
Thursdays 3.40pm



register your
child here

CLASSES £6.00 PAY AS YOU GO
GREAT FOR KIDS • DISCIPLINE • FITNESS • RESPECT
CONFIDENCE • SELF- DEFENCE • GREAT FUN

SamaKarateandKickboxing.co.uk
01903 767616

MESSY CHURCH

Harvest Festival



27 September at 3 p.m.

ST GILES CHURCH, UPPER SHOREHAM ROAD,
SHOREHAM-BY-SEA, BN43 6BT

DONATIONS FOR FOOD BANKS WELCOME. RSVP: 07989 250314