

Today as a whole school we reflected on that when it feels like all there is, is darkness – remember that there is always a light to guide you!

Have a wonderful weekend – One more week till the half term break.

Mr Lincoln and the Senior Leadership Team

### 1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** [office@stnm.org.uk](mailto:office@stnm.org.uk) - please do not email staff directly (unless agreed previously).
- **Calendar:** Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **INSET DAYS- Remaining INSET dates:**
  - Friday 23<sup>rd</sup> May 2025
  - Friday 27<sup>th</sup> June 2025
- **Language of the Month:** Amharic. This is the language spoken in Ethiopia where we have our link school Azezo Tekelhaimanot Elementary School.
- **Sign of the Week:** Birthday. We chose this sign to mark the month when the West Sussex Library Service turns 100!
- **Facebook page:** [facebook.com/stnmschool](https://facebook.com/stnmschool)

### 2. DATES AND EVENTS: click [here](#) for the dates list.

- **Great British Athlete visit:** On Monday 10<sup>th</sup> January, children are able to come into school wearing their PE kits. They will be doing a small exercise circuit with the athlete (please complete sponsor forms) and then enjoying a special assembly. In addition to this, our fabulous Sports Crew will be holding a cake sale after school, any donations will be gratefully appreciated. Thanks for all your support, Mrs Gullick and Miss Baggs
- **Kindness Week:** Next week (10<sup>th</sup> - 14<sup>th</sup> February), we are having a Kindness Week linking with our Christian values of friendship and compassion. On Monday, children will be asked to choose a number of 'acts of kindness' to try and achieve throughout the week. This could be helping to tidy up the classroom or including others in a game without being asked by an adult. We are hoping to spread kindness across the school! Please talk to your child about what 'acts of kindness' they have chosen and how they are getting on with their challenge as the week goes on.
- **Y5 Applesham Farm - Turtles** Wednesday 2 April / **Terrapins** Thursday 3<sup>rd</sup> April - PLEASE NOTE: Children will need to be dropped off at the farm at 9.15am, collected and brought back to school at 12pm.
- **New Vicar for St Mary's (New Shoreham):** We are pleased to share that on the 13 March, the Revd Barry Fenton will be officially take up his role in the Parish. We look forward to inviting him into our school family and I know that he is very keen to, as soon as possible, meet the staff and children.
- **STEM Club:** Following a very successful introductory session earlier this week, we are very pleased that the school will be extending its enrichment opportunities through a STEM club run by STEM Innovations. More information will follow next week.

### 3. REQUESTS, REMINDERS AND GENERAL NOTES

a. **Parent Payments:** we received notification this week that sQuid will be ceasing its payment processing services on 14 March. You should receive notification from sQuid that your account will no longer be active after 14 March. sQuid is responsible for returning any unused money in a parent's account to the parent. We as a school were planning to move our parent payments system from sQuid to Arbor in September but this news means we will be doing this in the next few weeks! We are working on this transition at the moment and will let you know as and when you need to do anything.

b. **Free School Meals (FSM)** – Means-tested FSMs are provided to children whose families meet specific income-related criteria. If you think your child may be eligible for FSMs and you are not already in receipt of them, please apply before the end of March 2025 to ensure your claim and future funding are protected. **Only applications processed before 1 April 2025 will maintain transitional protection (see below).**

**Transitional Protection Arrangements** – From 1 April 2025, the Government's transitional protection arrangements for means tested Free School Meals (FSM) will end. Any eligible claims confirmed from this date will no longer be protected. This means any child confirmed as eligible for free school meals from 1 April 2025 will be subject to ongoing checks to confirm continued eligibility. This will not impact any children who are already confirmed as eligible. Those already confirmed as eligible will maintain their eligibility until the end of their current phase of education. At that point, they will be re-assessed for their eligibility status. This will apply to all year 6 moving into year 7 in September 2025. These children will then be subject to ongoing checks to confirm continued eligibility.

**For further information and to check your eligibility please click on the following link - <https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/>**  
Please send any queries to the Free School Meals Eligibility Team at [fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk)



## Mindfulness Club

*A nurturing, creative, fun  
after-school club  
for St Nicolas and St Mary's  
Primary School*

### At mindfulness club we will:

- Explore our emotions using the arts and play
- Learn new ways to manage and explore feelings
- Have space to de-stress and be creative
- Find calm, peace and support
- Have fun and get to know ourselves and each other!

Mindfulness club will be run by the same child therapist every week.

**Day and Time:** Tuesday's, 3.15-4.15pm

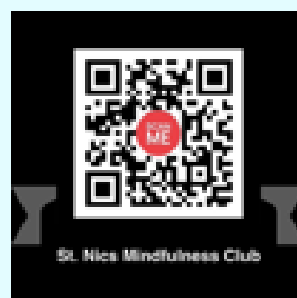
**Dates:** Spring term 2025, weekly from 7th January – 1st April

**Year groups:** 1,2,3,4,5 and 6

**Cost:** £9 per child, per week

***Bonus for parents and guardians:** If your child attends Mindfulness club you will be given free access to the Your Space Therapies 'Boost the Bond webinar' so you can learn key strategies to support your child's emotional and mental health.*

**To book please scan the QR code:**





# Our Lady of Sion School

## Senior School Open Day

Tuesday 11th March  
Tuesday 18th March

11:00am-12:30pm

Or

2:00pm-3:30pm

The journey to unlocking  
your child's excellence begins at Sion

To sign up,  
scan the QR code



## Our Lady of Sion [sionschool.org.uk](http://sionschool.org.uk)

01903 204063

Worthing, West Sussex

Co-educational

3-18 years

Nursery

Juniors

Seniors

Sixth Form



"This is the happiest we have  
seen our son in a very long  
time." parent 2025

"Coming to Sion has  
made the biggest impact  
on my life in the most  
amazing ways. I am so  
grateful." senior student 2025





Home of Junior UK Harmonica Champions since 2011



DEDICATED HARMONICA CLASSES IN YOUR SCHOOL

Try a **FREE TASTER SESSION**  
Starter harmonica and music sheet INCLUDED!  
Ongoing lessons just £40.00 per half-term



### A great way to make music

We recently showed your school how much fun it is to play the harmonica. It sounds great, it's easy to carry and it's cool for boys and girls alike. In fact it's the perfect way to access music for children of any age, from Pre-School to Key Stage 2, and it's much more affordable than other instruments. No tricky keys, frets or finger holes for small hands either. If you can breathe in and out, you can enjoy making music on the harmonica!

Thank you so much for introducing my daughter to this wonderful art form. She absolutely loves harmonica and will keep playing forever!

Woodingdean Primary School

### Why learn harmonica?

- ✓ It sounds great
- ✓ It's affordable
- ✓ It's portable
- ✓ It's cool for boys & girls
- ✓ Free taster session
- ✓ Performance opportunities
- ✓ Music aids wider learning

### Musical Enrichment with Harp Academy

We provide daytime harmonica classes at your school for groups of up to 8 children. Each session is half an hour and we provide ten sessions per term. We also offer individual tuition on request. Lesson content includes fun warm-up activities, instrument skills, exploring musical elements from the national curriculum and learning songs for enjoyment and performance. Our teachers are professional musicians, with DBS certification, safeguarding and first aid training.



### Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.



[WWW.HARPACADEMY.CO.UK](http://WWW.HARPACADEMY.CO.UK)

Try a **FREE TASTER SESSION**  
Starter harmonica and music sheet INCLUDED!  
Ongoing lessons just £40.00 per half-term



DEDICATED HARMONICA CLASSES IN YOUR SCHOOL

**ACCESS ALL AREAS**  
Every subscriber receives a backstage pass for our home learning web pages.



### Harp Academy online

Children and parents who subscribe to Harp Academy also enjoy a complimentary backstage pass for the protected content on our website. There are carefully prepared support pages for the music we are learning, some helpful key skill advice and exercises to help build musical technique. For weekends and holidays, there is also an exciting Harp QI section to explore, with fun videos, music activity ideas and wider learning topics.



### The home of champions

At Harp Academy having fun is top of our wish list, and playing to audiences is a vital part of our curriculum. We understand how performance builds self confidence and creates happy memories for everyone. When children are ready, their journey starts with playbacks in school assembly. From there we attend local festivals such as Paddle Round The Pier, Harpin' By The Sea and entertain in children's hospitals. There is also an opportunity to compete at the national harmonica festival, where we have been producing junior champions since 2011!



### Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.



[WWW.HARPACADEMY.CO.UK](http://WWW.HARPACADEMY.CO.UK)



# Confidence Building Fun

## Try a Free Drama Class

— This is a fab class!  
It was mentioned at  
Katie's parents' evening  
that her confidence  
in class seems to  
have grown so I am  
delighted. Jane Spurgeon



### Try Perform for free and claim a £40 discount

Today, your child took part in a Perform drama, dance and singing workshop – a unique mix of activities designed to bring out every child's true potential.

Our small classes ensure lots of individual attention by our experienced teachers – hand-picked for their warmth, energy and professionalism. They'll focus on your child's engagement in the activities rather than their precision, and be with them every step of the way to guide, inspire and encourage.

As well as having fun at Perform, your child will enjoy real benefits: greater confidence, improved concentration and an increased awareness of what they can achieve.



[perform.org.uk](http://perform.org.uk)



### Your nearest Perform venues

See more at [perform.org.uk/venues](http://perform.org.uk/venues)

#### Perform Shoreham-By-Sea

Mondays at 4pm  
Shoreham Baptist Church, Western Road, Shoreham-By-Sea, West Sussex, BN43 5WD

#### Perform Hove

Saturdays at 9.30am  
Cornerstone Community Centre, Church Road, Hove, East Sussex, BN3 2FL

#### Perform Hove

Fridays at 4pm  
Cornerstone Community Centre, Church Road, Hove, East Sussex, BN3 2FL

#### Perform Worthing

Tuesdays at 4.15pm  
St John The Divine Church Hall, Ripley Road, West Worthing, West Sussex, BN11 5NQ

#### Perform Rottingdean

Thursdays at 4pm  
Rottingdean Public Hall, Park Road, Rottingdean, Brighton, BN2 7HL

### Your £40 introductory discount

Your child can enjoy a free trial class at any Perform venue. Sign up on or before the expiry date to claim your special discount. Call **020 7255 9120** or visit [perform.org.uk/free](http://perform.org.uk/free)

#### DISCOUNT CODE

**WSZX200325**

#### EXPIRY DATE

**20-Mar-25**

The discount code cannot be applied retrospectively. Visit [perform.org.uk](http://perform.org.uk) for full terms and conditions.

**020 7255 9120**







**FREE EVENT**

# GIRLS INTO POLO

## WHEN

Saturday 8th March,  
5.30pm - 7pm

## WHERE

Windlesham House  
School, RH20 4AY

## WHO FOR

All Girls Aged 5 to 14

## PRICE

Free

## SIGN UP

By visiting  
<https://bit.ly/4aypFbS>

## FIND OUT MORE

By emailing  
[Hello@Aquatic2012.org](mailto:Hello@Aquatic2012.org)

## FULL EVENT CALENDAR | March to June 2025

<b>Girls Into Polo</b> <i>FREE EVENT</i>	Saturday 8th March 5.30pm - 7pm	Windlesham House School	Open to All Girls Aged 5 to 14
<b>u19 Girls Polo Match</b> <b>Worthing Vs Watford</b>	Saturday 8th March 8pm - 9pm	Splashpoint, Worthing	All Welcome to Watch and Support
<b>Swim for Swimming</b> <i>Sponsored Swim Raising Funds For Our Access Aquatics Programme</i>	Sunday 16th March 12pm - 4.30pm	Windlesham House School	All Welcome ( <i>must be able to swim 200m</i> )  <b><i>Access Aquatics supports local children failing to meet national swimming safety standards, with top up swimming and water safety sessions.</i></b>
<b>HaBaWaBa Spain</b> <i>Water Polo Festival</i>	Friday 11th April to Tuesday 16th April	Tarragona, Spain	Competition Squad
<b>Top Up Swimming</b>	Sunday 25th May to Monday 1st June	Windlesham House School	For Local Schools
<b>DrenchedFEST 2025</b> <i>Water Polo Festival</i>	Saturday 7th June to Sunday 8th June	Splashpoint, Worthing	All Drenched Members and Guest Teams
<b>Drowning Prevention Week</b>	Saturday 14th June to Saturday 21st June	Windlesham House School	Various Activities for Local Schools
<b>Worthing Festival of Swimming</b>	Sunday 22nd June 12pm - 4.30pm	Windlesham House School	Various Activities for Local Children

**For more information about what Aquatic 2012 has to offer  
email [Hello@Aquatic2012.org](mailto:Hello@Aquatic2012.org) or visit [www.aquatic2012.org](http://www.aquatic2012.org)**

## Do you run a local business?

We need Access Aquatics Partners to deliver free or subsidised lessons to children failing to meet National Curriculum safety standards. Please email [Hello@Acquatic2012.org](mailto:Hello@Acquatic2012.org) for more details.



CHRIST'S HOSPITAL  
**INDEPENDENT SCHOOL  
OF THE YEAR**  
OPEN MORNING  
SATURDAY 8 MARCH 2025

[www.christs-hospital.org.uk](http://www.christs-hospital.org.uk)

We warmly invite the families of your current Year 5 pupils, who are considering secondary education in **September 2026** to our **Open Morning** on **Saturday 8 March 2025**.

Christ's Hospital was established over 470 years ago as a charitable school and is proud to maintain its founding principles and ethos. It offers an independent boarding education of the strongest quality to children with academic potential, from all backgrounds in a caring and supportive environment.

To book now sign up here > [Book an open morning - Christ's Hospital](#)







# LET'S TALK NETBALL!

## WHO ARE WE?

Since 2015, Play Netball has been the UK's largest & most followed Social Sports provider, with over 150 leagues and 30,000 women playing with us weekly.

For Play Netball, the most important part is promoting the social side of sport and the sense of belonging to a team. We firmly believe that there is a sport for everyone, and if children can have positive experiences of sport during their time at school, they can bring these experiences into their adult lives, continuing to stay active and enjoy taking on new sports and challenges in the future.

## WHAT WE DO

Boys and girls of any ability can expect to gain valuable netball experience over planned, weekly extra-curricular sessions during term-time. Aimed at school years 1 to 11, Play Netball Juniors helps develop agility, balance, and coordination through a mix of games, physical activities, and skill-building exercises, split into KS1, KS2, KS3 & KS4 after-school groups.

## KS1, KS2

Our coaches deliver quality extra-curricular netball sessions for all pupils with our Play Netball School's programme, designed specifically for children through KS1 and KS2. Our goal is to help your pupils build confidence, improve fitness, and strengthen friendships, while offering every child the opportunity to try out each position on the court and feel confident to play matches.

- Key skills – passing, catching, ball control, shooting, rules
- Physical skills – marking, running/stopping, jumping, footwork
- Social Skills – communication, confidence, teamwork
- Tactical Skills – decision making, anticipation
- Match Play!



All Our Coaches:

- DBS Checks
- Safeguarding trained

## OUR COACHES

Play Netball Juniors prides ourselves in providing coaches who have a strong background to the sport, ensuring they not only possess the skills and knowledge required to teach the game but also have a genuine passion for helping young players develop.

Our coaches will deliver weekly, skills-based sessions, specific to each age group. Match Play is an important part of the session, however the coaches focus is heavily on skills progression, confidence and gaining netball experience.

## YOUR CONTACT

Please contact Rob Fulker, with any queries regarding Play Netball Juniors.

**Rob Fulker**  
Head of Play Netball Juniors

Play Netball wants to ensure that all children have the opportunity to feel like they belong to a team, and enjoy sports at school no matter their ability or experience.

info@playnetballjuniors.co.uk  
01256 644049



## COST

Finding a way that works for your school



£50 per session, paid by school to Play Netball Juniors in advance of term.



£6 per child per session, paid to Play Netball Juniors by parents/carers in advance of term. This option does not require any payment from schools.

**WWW.PLAY-NETBALL.CO.UK** NETBALL AFTER-SCHOOL-CLUBS





# SATURDAY MORNING PICTURES

**£3.50**  
PER TICKET



## Spirited Away 🏠

Sat 15 Feb, 10:15am

**Book Tickets**



## Mufasa 🏠

Sat 22 Feb, 10:15am

**Book Tickets**

**WTM** Worthing Theatres  
and Museum



# WHAT'S ON THIS HALF TERM

At Worthing Theatres and Museum

: [office@stnm.org.uk](mailto:office@stnm.org.uk)

Calendar: click on link for how to [use](#) or [subscribe](#)



## Win tickets to see the Tom Gates EPIC Stage Show



We're giving you the chance to win 4 tickets to see **Tom Gates EPIC Stage Show** at the Pavillion Theatre on Sat 28 Jun, 3:30pm, a signed **Tom Gates** book AND a £50 Waterstones gift voucher for your child's school.

To enter, just tell us the answer to the below question:

**Who wrote the Tom Gates book series?**

[Enter now](#)

*Competition closes Friday 28 February at midnight. The winner will be notified by email.*

## Coming Soon



### Farm Boy

Fri 18 Apr

Tickets from £15

[Book Tickets](#)



### Princess Smartypants

Sat 19 Apr

Tickets £14.50

[Book Tickets](#)



### Rude Science Live!

Sun 25 May

Tickets £18

[Book Tickets](#)



### WARM SPACES @ WTM

We are offering free warm spaces, hot drinks and activities this March at Worthing Museum (Saturdays 2-5pm) and Fraser's Bar in the Connaught (Mondays 4-7pm).



### Worthing Museum and Art Gallery

Open Wednesday to Sunday

**FREE ENTRY**





# FEBRUARY HALF TERM CLUBS

**DINOSAUR  
DETECTIVE**

**EGYPTIAN  
ADVENTURE**

**SPACE  
MISSION**

**NERF  
GAMES**

**ROCKETS  
& ALIENS**

**BUSHCRAFT  
DENS**

**BOOK  
NOW**

## ST NICOLAS AND ST MARY CE PRIMARY SCHOOL

**MONDAY 17TH FEB**

**DINOSAUR DETECTIVE:  
TROUBLE ON T-REX ISLAND**

**TUESDAY 18TH FEB**

**BUSHCRAFT:  
LIGHT MY FIRE**

**WEDNESDAY 19TH FEB**

**WALK LIKE AN EGYPTIAN:  
MUMMIES, TREASURES AND PHAROHS**

**THURSDAY 20TH FEB**

**SPACE MISSION:  
EXPLOSIONS, ROCKETS & ALIENS**

**FRIDAY 21ST FEB**

**NERF:  
MEGA GAMES DAY**

**BOOK FOR JUST 1 DAY OR THE WHOLE WEEK  
CHILDCARE VOUCHERS ACCEPTED  
9AM - 3PM | £39.50/DAY | YEARS 1-6**

**"BEST HOLIDAY CLUB AROUND" ★★★★★ BOOK NOW**

**For more info on dates, locations and how the clubs run & to book: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)**



ONCE A  
WEEK TAKE A  
PEEK

## LET'S FIGHT HEAD LICE TOGETHER

St Nicolas & St Mary's is promoting the Once a Week Take a Peek campaign, which offers parents and carers guidance on how to check and treat their child's hair for head lice.

We encourage parents and carers to read the easy-to-use guide and to incorporate regular checks for head lice into their routine.

The Once a Week Take a Peek campaign has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.

Visit (<http://www.onceaweektakeapeek.com/>) to access the online guidance.

#Onceaweektakeapeek #Headlice #Backtoschool #Hedrin

And remember...  
**'Once a Week, Take a Peek!'**

<https://www.onceaweektakeapeek.com>



The Once a Week Take a Peek guidance has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.

Hedrin

Medical Entomology Centre

WE SUPPORT THE...

ONCE A  
WEEK TAKE A  
PEEK  
...CAMPAIGN

Let's fight head lice together  
with free, expert guidance





west  
sussex  
music

PLAY IN A BAND



## Worthing Contemporary Music Centre

Northbrook College, BN12 6NU

Wednesdays from 4:30pm - 5:30pm

Ages 7 - 16 years

- ✓ Make new friends
- ✓ Develop your skills as a band member
- ✓ Expert tuition on all instruments

Weekly sessions designed for those who sing or play drums, guitar or keyboard



Book online

[westsussexmusic.co.uk/band](https://www.westsussexmusic.co.uk/band)

01403 286330

Supported using public funding by



west  
sussex  
music

Starting JANUARY 2025!

## Back for another year the incredible TOMORROW'S ORCHESTRA PROGRAMME

Free group lessons on orchestral instruments for  
children aged 7 - 11

- ✓ Free for term one
- ✓ Free Instrument hire
- ✓ Play in an orchestra



BOGNOR REGIS  
Thursdays

CHICHESTER  
Saturdays

HORSHAM  
Saturdays

WORTHING  
Saturdays



## ONLINE BOOKING ESSENTIAL LIMITED PLACES

[www.westsussexmusic.co.uk/top](https://www.westsussexmusic.co.uk/top)  
01403 286330



#GetPlaying  
#EveryChildAMusician

Supported using public funding by





# THE HOLIDAY SKATE CLUB



CHILDREN AGED 6-12  
ALL ABILITIES WELCOME  
GAMES AND ACTIVITIES  
EQUIPMENT PROVIDED  
MOBILE SKATEPARK  
ARTS AND CRAFTS

EASTBROOK PRIMARY ACADEMY  
SOUTHWICK

PATCHAM HIGH SCHOOL  
BRIGHTON

£45 PER DAY | FULL-WEEK DISCOUNT  
LATE PICK AVAILABLE

MONDAY 17TH - FRIDAY 21ST FEB | 9AM - 3PM



FOR MORE INFORMATION GO TO:  
THESKATECLUB.COM/HOLIDAYSKATECLUB  
OR SCAN THE QR CODE



← OR CHECK OUT OUR NEW VIDEO HERE



## Help us to clean Shoreham's War Memorial



Our war memorial is badly in need of a clean. In March 2025, cadets from the Shoreham Air Cadets and Army Cadets will undertake the work with the help of an expert.

We need to raise **£1,300** to purchase specialist tools and materials.

If you would like to donate, please use the QR code below.





# SAMA

## KIDS KARATE

St Nicolas & St Marys C.E. Primary

Thursdays 3.40pm



register your  
child here

**CLASSES £6.00 PAY AS YOU GO**

GREAT FOR KIDS • DISCIPLINE • FITNESS • RESPECT  
CONFIDENCE • SELF- DEFENCE • GREAT FUN

**SamaKarateandKickboxing.co.uk**  
**01903 767616**

BOOK YOUR  
FREE  
Taster!

**Sussex Youth Theatre**  
TRAINING IN THE ARTS

## DRAMA CLASSES

### The Shoreham Centre

**Mondays 5.30 - 7.30pm**  
**Ages 6 - 18**

Contact Mitch Now on 07788 497 779

**[www.SussexYouthTheatre.co.uk](http://www.SussexYouthTheatre.co.uk)**

"Isobel became more confident and made some great friends with SYT.  
I can't put into words how much she benefitted from all that was on offer."



Screenshot and  
**WHATSAPP to Friends**







**4 CFC - Girls Elite Academy Horsham**  
Physical, Technical, Psychological &  
Social development in Football

**4 CORNER FOOTBALL COACHING**




**4 CFC - Girls Elite Academy Training**  
5-14 years old welcome  
Trail Date - Wednesday 19th February  
Venue - Horsham Rugby Club 4G Pitch - RH13 6PJ  
5.00-6.00pm  
BOOK NOW - [www.4cfc.co.uk](http://www.4cfc.co.uk)  
Email - [info@4cfc.co.uk](mailto:info@4cfc.co.uk)

**CHILDCARE VOUCHERS ACCEPTED**

**Ofsted**  
Registered

**4 CORNER FOOTBALL COACHING**

**BRIGHTON & HOVE ALBION** **SOCCER SCHOOLS**

**PLAY THE ALBION WAY!**



**HOLIDAY AND WEEKLY FOOTBALL COURSES FOR ANYONE AGED 5-13. ALL ABILITIES WELCOME.**

**MIXED AND GIRLS-ONLY COURSES.**

**BOOK ONLINE NOW**

 Brighton and Hove | Eastbourne | Worthing  
Chichester | Crawley | Hassocks | Horsham  
Lancing | Shoreham | Uckfield and more.

**Scan here to book, or visit: [bhafcfoundation.org.uk](http://bhafcfoundation.org.uk)**

Brighton & Hove Albion Foundation, American Express Stadium, Village Way, Brighton BN1 9BL. Tel: 01273 878265.  
Company limited by guarantee in England and Wales (No. 5122342). Registered charity in England and Wales (No. 1110679).







The Childcare Club

# COME AND JOIN THE FUN!

FEBRUARY HALF TERM  
HOLIDAY CLUB AT  
BUCKINGHAM  
PARK PRIMARY SCHOOL!



**OPEN MONDAY-  
THURSDAY  
8:30AM-3:30PM**

8.30AM-9AM: £3

9AM-1PM: £18

9AM-3PM: £27

**WITH ACTIVITIES  
SUCH AS:  
BAKING  
ARTS AND CRAFTS  
OUTDOOR PLAY  
SENSORY PLAY  
AND SO MUCH MORE!**



CALL 07818517618 FOR MORE INFORMATION OR BOOK  
ONLINE AT [WWW.THECHILDCARECLUBWORTHING.CO.UK](http://WWW.THECHILDCARECLUBWORTHING.CO.UK)

Em: [office@](mailto:office@)

## FEBRUARY 1/2 TERM DANCE DAY

WORTHING

**WANNADO**  
streetdance

**AGES  
4-11!**

- LEARN STREET DANCE FOUNDATIONS
- HAVE FUN AND PLAY GAMES
- MAKE NEW FRIENDS
- COMPLETE FUN CHALLENGES
- RECEIVE A BALLOON AND CERTIFICATE!



**COME AND DANCE WITH US THIS 1/2 TERM!**



**TAB INFANT SCHOOL  
WORTHING**

**WEDNESDAY  
19TH FEBRUARY**

**9AM-4PM**

**£30 PER  
CHILD**

**Email to book: LIMITED SPACES!**  
**[kerry@wannadostreetdance.com](mailto:kerry@wannadostreetdance.com)**





# THERE'S NO PLACE LIKE *home!* 15 – 23 FEBRUARY



Join us this February half term to  
celebrate houses and homes

Have a go at hands on activities and follow the  
house hunting trail around our 40 acres site.



Weald & Downland Living Museum  
Singleton | Chichester | PO18 0EU



Find out more at [wealddown.co.uk](http://wealddown.co.uk)  
01243 811363



## SewCrafty

February Half Term Holiday Club 2025  
For children in Y3-Y8



**When:** Monday 17, Wednesday 19, Thursday 20 February  
(classes will run providing minimum 4 children book on each date)

**9am - 4pm** (whole day: £60, or half day AM or PM sessions may be available: £35)

Complete this Google form to request to book: <https://forms.gle/FwmpiuZL2cszvD4g9>

Contact: Yo at [yosewcrafty@gmail.com](mailto:yosewcrafty@gmail.com) m. 07825 381160



Small friendly classes in Shoreham-By-Sea (places limited to max 6 children)

Learn how to use a sewing machine, create unique projects & have lots of fun!  
No prior experience required.

Run by Yo Clay (Mum of 3, experienced qualified teacher, fully insured & DBS clearance)



After school club, holiday workshops, parties, 1:1 lessons  
Check out @yosewcrafty







**FEB 17TH - 21ST** NEXT THING EDUCATION PRESENTS **9am-4pm**

**FEBRUARY HALF TERM**



# TECH CAMP

Ofsted Registered



**FEBRUARY CAMPS 2025**

£39.99 PER DAY OR £175 FOR 5 DAYS FOR BOYS AND GIRLS AGED 5-11

FIND YOUR NEAREST CAMP ON OUR WEBSITE [www.nextthing.education](http://www.nextthing.education)

SCAN FOR LOCATIONS MAP



NEXT THING EDUCATION CAMPS PRESENTS

## FEB HALF TERM 2025

17TH - 21ST FEBRUARY 2025







Coding & Robots + Circuitry & Inventions + Creative Technology + Expert Engineers + Media Madness

Movie Making | Video Game Design | Robot Coding | STEM Experiments | Engineering

**17TH - 21ST FEBRUARY - LIMITED SPACES**  
AGES 5 - 11 MULTI DAY BOOKING DISCOUNTS!

**What Parents Say**

"Absolutely Fantastic!  
First time attending &  
my son loved it!"

★★★★★



### HOW TO BOOK

**STEP 1**  
SCAN THE QR CODE



**STEP 2**  
FIND YOUR NEAREST CAMP



**STEP 3**  
BOOK ONLINE SPACES LIMITED

BOOK

**W: WWW.NEXTTHING.EDUCATION**  
**E: INFO@NEXTTHING.EDUCATION T: 01442 873150**



## West Sussex Young People's Service



### February Half Term Activities 2025: Families and Young People

Monday 17th February	Worthing Holiday Camp For Young People Age 8+ 10:00-15:00	Worthing, West Sussex	Friday 21st February	Woodland Activity Day For Young People Age 8+ Session 1 is 10:00-12:30 Session 2 is 13:00-15:30  In Collaboration with Sussex Forest Activities. Both sessions can be booked.	Arun, West Sussex
Tuesday 18th February	Worthing Holiday Camp For Young People Age 8+ 10:00-15:00	Worthing, West Sussex			
Wednesday 19th February	Aspens Fun Day For Families of All Ages 10:00-14:00  In Collaboration with Sussex Cricket. More information to be released, keep an eye out!	Arun, West Sussex	Friday 21st February	Girls Group Social Evening For Girls Age 12-18 17:00-20:00  Girls Group is a safe place find friendships, have fun and enjoy activities with the opportunity to ask questions that others may not understand	Worthing, West Sussex
Thursday 20th February	Sword Master Workshop For Families of All Ages 10:00-12:00  In Collaboration with Mark Gilbert. Learn basic training and exciting team games using realistic looking high density foam weapons.	Chichester, West Sussex	Saturday 22nd February	Youth Club Worthing For Young People Age 14-18 10:00-12:00  With a range of fun activities	Worthing, West Sussex

To find out more or book a place please go to <http://wsxshortbreaks.aspens.org.uk/bookings>

These sessions have been designed specifically for families and young people on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD).

Website: [aspens.org.uk](http://aspens.org.uk)

Charity no: 1171446





# February 2025 Newsletter

Thursday  
20th Feb  
19:00 - 20:00  
FREE



**FREE SESSION**  
**Supporting Healthy Screen Use**  
A range of steps that can help minimise the harms from screens

Monday  
3rd Feb  
10:00 - 11:30  
£24



**Supporting a Child with ADHD**  
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
11th Feb  
19:00 - 20:30  
£24



**Facing Defiance**  
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday  
18th Feb  
19:00 - 20:30  
£24



**Cannabis & Ketamine Awareness**  
Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday  
25th Feb  
19:00 - 20:30  
£24



**Understanding the Teenage Brain**  
A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)

Understanding Anger	10 FEB 7pm
Supporting Healthy Screen Use	11 FEB 10am
Facing Defiance	14 FEB 7pm
Raising Self-Esteem	27 JAN 7pm 25 FEB 10am
Supporting Healthy Sleep	28 JAN 7pm 24 FEB 10am
Supporting a Child with ADHD	3 FEB 10am 3 MAR 7pm
Improving Family Communication	3 FEB 7pm 4 MAR 10am
AUTISM: Improving Communication	4 FEB 10am 4 MAR 7pm
Understanding Addictive Behaviour	4 FEB 7pm 3 MAR 10am
Anxiety-Based School Avoidance	10 FEB 10am 10 MAR 7pm
What is ACT?	17 FEB 10am 17 MAR 7pm
Introduction to OCD	17 FEB 7pm 18 MAR 10am
Anxiety Explained	18 FEB 10am 18 MAR 7pm
Cannabis & Ketamine Awareness	18 FEB 7pm 17 MAR 10am
Decreasing Depression	24 FEB 7pm 25 MAR 10am
Understanding the Teenage Brain	25 FEB 7pm 24 MAR 10am





St Mary de Haura 

# Mary's Music

Songs, toys,  
bubbles and  
fun!

A fun morning  
for children  
0-4 and their  
grown-up.



Monday's  
10 - 1130 am  
Term Time  
£2

St Mary's Hall  
25 East St  
S'ham  
BN43 5ZQ  
(Opp the  
Church)




# Toddler Time

## Baby and Toddler Group

St Mary de Haura  
Church

Join us for songs  
Stories and craft activities  
in the church  
Every Wednesday  
(term time)  
10-11am  
Suggested donation £2

St Mary de Haura



# EDUCATE-MOTIVATE-PARTICIPATE

## SportsCool Brighton

How can we benefit your school?



### Services we provide

Extra-curricular clubs: -  
Before school, Lunch + After school  
Holiday Camps  
Curriculum P.E. teaching  
INSET Days  
Sports Days/House competitions  
Themed/Event days  
P.E. Interventions  
Sensory Circuits  
Play Leaders program

### Sports we offer

#### Alternative =

Archery / Fencing / Tri Golf / Kurling /  
Handball / Lacrosse / Dodgeball /  
Ultimate Frisbee / Volleyball /  
Yoga and Mindfulness / Badminton /  
Kinball / Tchoukball

#### Mainstream =

Gymnastics / Dance / Rounders /  
Football / Netball / Basketball /  
Tag rugby / Athletics / Hockey / Cricket /  
Orienteering / Multi skills / Tennis

07845673895 / [dan.m@sportscool.org](mailto:dan.m@sportscool.org)

[sportscool.org.uk](https://www.sportscool.org.uk)

Calendar: click on link for how to [use](#) or [subscribe](#)