



This week we have celebrating the joy that comes from giving and receiving a random act of kindness - and what better way to hold this, than on the week of Valentines Day.

On behalf of everyone at the school- A huge well done to our children for this half term and we wish everyone of our families an enjoyable week.


See you all back on Monday 24<sup>th</sup> February.

Mr Lincoln and the Senior Leadership Team

## 1. COMMUNICATION

- **Website:** [please check the website for answers to queries before contacting the office](#). General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** [office@stnm.org.uk](mailto:office@stnm.org.uk) - please do not email staff directly (unless agreed previously).
- **Calendar:** Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **INSET DAYS- Remaining INSET dates:**
  - Friday 23 May 2025
  - Friday 27 June 2025
- **Language of the Month:** Ahmaric
- **Sign of the Week:** Kind. This sign has formed part of our 'Kindness Week' at school
- **Facebook page:** [facebook.com/stnmschool](https://facebook.com/stnmschool)

## 2. DATES AND EVENTS: click [here](#) for the dates list.

- **Y5 Applesham Farm - Turtles** Wednesday 2 April / **Terrapins** Thursday 3<sup>rd</sup> April - PLEASE NOTE: Children will need to be dropped off at the farm at 9.15am, collected and brought back to school at 12pm.
- **New Vicar for St Mary's (New Shoreham):** We are pleased to share that on the 13<sup>th</sup> March, the Revd Dominic Fenton will be officially take up his role in the Parish. We look forward to inviting him into our school family and I know that he is very keen to, as soon as possible, meet the staff and children.
- **STEM Club:** Following a very successful introductory session earlier this week, we are very pleased that the school will be extending its enrichment opportunities through a STEM club run by STEM Innovations. There will be an assembly for the whole school after half term (Monday 25<sup>th</sup> February) and following this, information on how to book a place in the club will be released.
- **Book Week:** 3<sup>rd</sup> – 7<sup>th</sup> March - Please see the following attachment for more information  [BOOK WEEK NEWS for parents 2025 pdf.pdf](#)

## 3. REQUESTS, REMINDERS AND GENERAL NOTES

- Parent Payments:** we received notification last week that sQuid will be ceasing its payment processing services on 14 March. You should receive notification from sQuid that your account will no longer be active after 14 March. sQuid is responsible for returning any unused money in a parent's account to the parent. We as a school were planning to move our parent payments system from sQuid to Arbor in September but this news means we will be doing this in the next few weeks! We are working on this transition at the moment and will let you know as and when you need to do anything.

- b. **Free School Meals (FSM)** – Means-tested FSMs are provided to children whose families meet specific income-related criteria. If you think your child may be eligible for FSMs and you are not already in receipt of them, please apply before the end of March 2025 to ensure your claim and future funding are protected. **Only applications processed before 1<sup>st</sup> April 2025 will maintain transitional protection (see below).**

**Transitional Protection Arrangements** – From 1<sup>st</sup> April 2025, the Government's transitional protection arrangements for means tested Free School Meals (FSM) will end. Any eligible claims confirmed from this date will no longer be protected. This means any child confirmed as eligible for free school meals from 1<sup>st</sup> April 2025 will be subject to ongoing checks to confirm continued eligibility. This will not impact any children who are already confirmed as eligible. Those already confirmed as eligible will maintain their eligibility until the end of their current phase of education. At that point, they will be re-assessed for their eligibility status. This will apply to all year 6 moving into year 7 in September 2025. These children will then be subject to ongoing checks to confirm continued eligibility.

**For further information and to check your eligibility please click on the following link - <https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/>**

Please send any queries to the Free School Meals Eligibility Team at [fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk)

**Donation of filling for Bean Bags** – Our school is in need of bean bag filling to replenish our current bean bags. If you have any extra bean bag filling at home or are willing to donate some, we would greatly appreciate it! Please drop any donations off to the school office. Thank you!

4. **SPORTS NEWS - A message from Miss Gullick and Miss Baggs:** Wow, what a fantastic sporting start to 2025! This term Miss Baggs and I have taken over 50 children to represent the school in various sports.

We kicked off the year with a fantastic football tournament with our Year 3 and 4's. The boys really stepped up and worked brilliantly as a team and finished a fantastic third overall. Well done to all that took part.

Following on from the football we had two of our biggest events of the year, Indoor Athletics. The Year 5 and 6 event was first. The event consists of running, various jumping events and team relays. All the children performed incredibly, and St Nics won many individual events but just missed out on the gold. Congratulations to all. Next it was the Year 3 and 4 event (the first ever year 3 and 4 athletic event). Again, the atmosphere was fantastic, the children all gave it their best and we saw some incredible performances. Overall, we once again just missed out on gold but finished a fantastic second and we are so proud of you all.

The final event of the term was a sensational swimming gala. For this event only 8 children could go from Year 5 and 6, as we have so many fantastic swimmers this was a hard decision. This event was held at Lancing College and was a fantastic event. The children gave 100 percent to every race and their hard work paid off as they were crowned champions.

A big thanks to all the children for their fabulous attitudes and efforts at all our events. Miss Baggs and myself are extremely proud.

5. **PTA Golden Ticket Chocolate Bars:** Our Golden Ticket Chocolate Bars are back!! Mr Lincoln has chosen a name for our chocolate bar after lots of amazing entries and we can reveal this year's chocolate bar is called....**DELICIOUS DAYDREAM!!** But the fun doesn't end there! We need YOU to design the wrapper for our chocolate bar. Over half term we would like you to come up with a design incorporating the name *Delicious Daydream*. There is a form attached to the bulletin to print out at home. Please make sure you write your name and class and return it to the class teacher on Monday 24th February. We will pick our favourite design and this design will be used on all our wrappers. There will be prizes for runners up too. Good Luck!



## DESIGN OUR WRAPPER

# DELICIOUS DAYDREAM

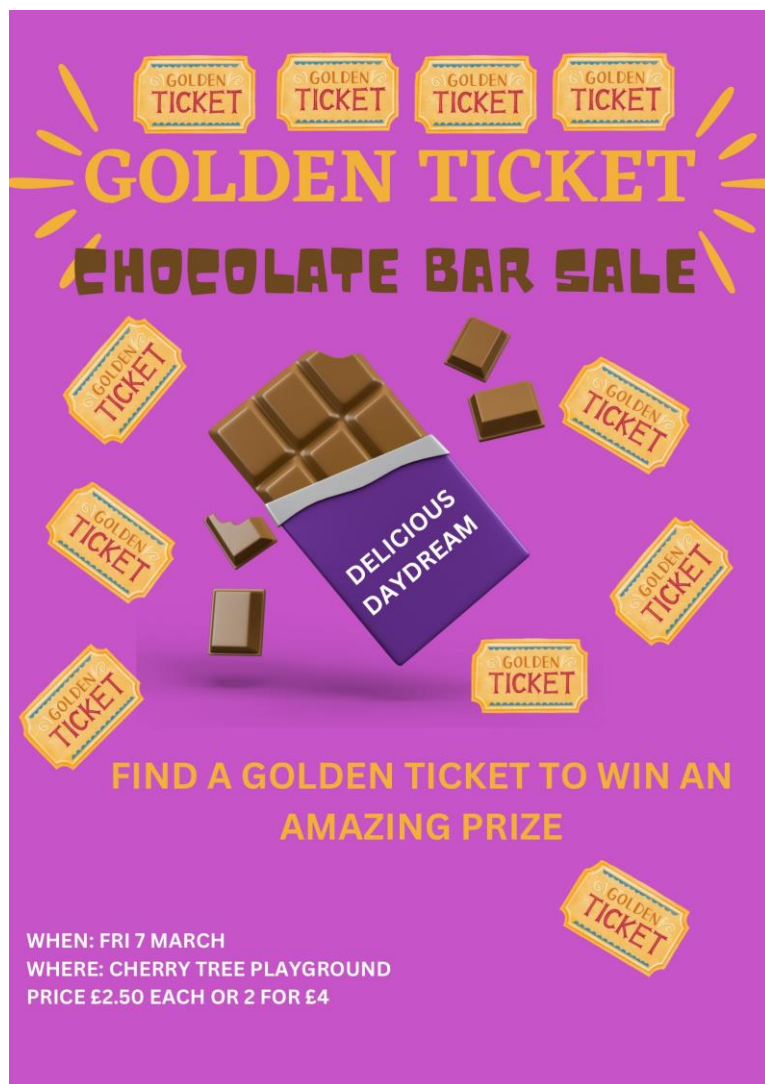


Our World Book Day Golden Ticket chocolate bar sale  
is back!

We have a name for our chocolate bar but we need YOU to  
design our wrapper!

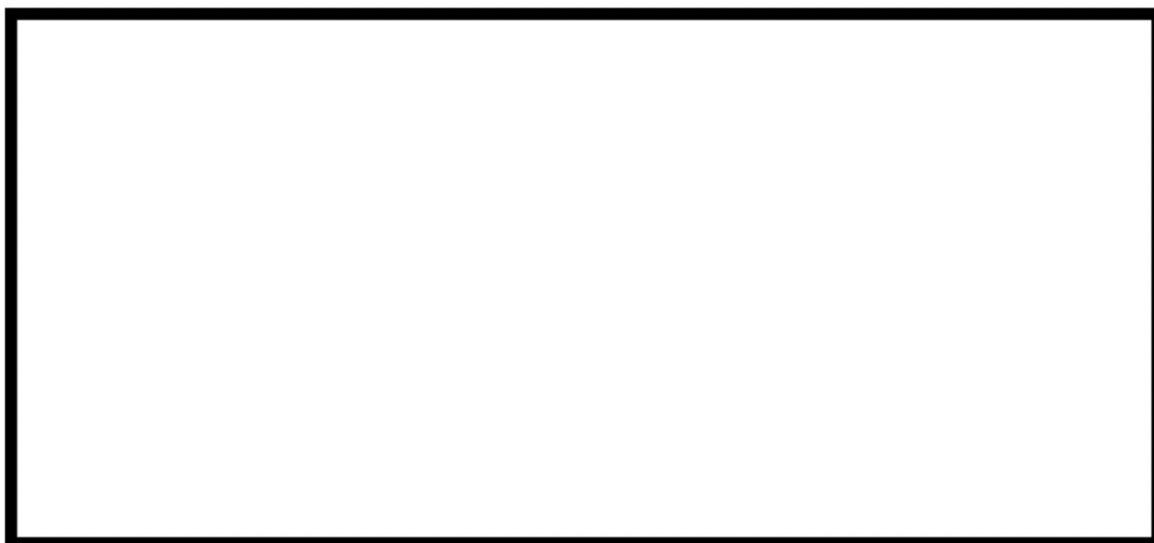
Simply draw your design on the form sent home with  
you and return it to your class by Monday 24th  
February for your chance to win a toy hamper and  
your design will be printed and used on all our  
wrappers!





**DESIGN THE WRAPPER FOR OUR CHOCOLATE BAR USING THE  
TEMPLATE BELOW. DONT FORGET TO INCLUDE THE NAME...**

## **DELICIOUS DAYDREAM**



**ONCE YOU'VE FINISHED, RETURN YOUR DESIGN TO YOUR CLASS TEACHER ON MONDAY  
24 FEBRUARY. THE WINNER WILL HAVE THEIR DESIGN PRINTED ON ALL WRAPPERS.  
PRIZES FOR RUNNERS UP TOO!**

Name..... Class.....

# Sussex Dental Helpline



If you need urgent dental help and cannot find a dentist, the Dental Helpline can book you an urgent appointment with an NHS dentist.

For up to-date-information and support on getting urgent dental care, contact:



**0300 123 1663**

Monday to Friday 8am and 4pm

Alternatively, email: [kcht.dentalhelpdesk@nhs.net](mailto:kcht.dentalhelpdesk@nhs.net) for more information.





# Training

## Spring 2025

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



## Training Workshops

### February

Understanding ADHD	Friday 28th	10.30am
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### March

Making Sense of Wellbeing: Understanding & building resilience	Tuesday 4th	7.30pm
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Understanding Sensory Processing Differences	Thursday 6th	10.00am
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Making Sense of Anxiety in Children (Primary age)	Tuesday 11th	10.30am
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Making Sense of Wellbeing: Key skills to improving communication	Tuesday 18th	10.30am
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Understanding Demand Avoidance	Thursday 20th	7.30pm
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Making Sense of Personal Independence Payment (PIP)	Wednesday 26th	7.30pm
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Making Sense of Transition to Secondary School	Thursday 27th	7.30pm
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### April

Understanding Autism	Thursday 3rd	10.30am
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## The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

<b>Dates:</b> 5th March / 12th March / 19th March (3-part course)	Wednesdays	7.30pm-9.30pm
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**All training above will be delivered via Zoom**

For further information visit our website or email:  
[outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

Registered Charity No: 1150906  
Company Limited by Guarantee No: 8261096






















# Age Restrictions for Social Media Platforms

## Why are there age restrictions on social media platforms?

Many social media platforms have an age restriction of 13 years or over. This is because you have to be at least 13 years old to give consent for your personal data to be collected and processed.

What is the minimum age for UK account holders on these social media platforms?

13	16
 Facebook	Vimeo 
 Instagram	Telegram 
 Snapchat	Tumblr 
 TikTok	
 X (formerly Twitter)	
 Pinterest	
 Twitch	
 Reddit	
 Messenger	
 Discord	
 Skype	
 YouTube	
 WhatsApp	



The above age restrictions are based on the age required by the individual platform. This may differ from the age ratings suggested on app stores such as Google Play.

Social Media Disclaimer: This resource refers to UK age ratings and other countries may differ.





# Our Lady of Sion School

## Senior School Open Day

Tuesday 11th March  
Tuesday 18th March

11:00am-12:30pm

Or

2:00pm-3:30pm

The journey to unlocking  
your child's excellence begins at Sion

To sign up,  
scan the QR code



## Our Lady of Sion [sionschool.org.uk](https://sionschool.org.uk)

01903 204063

Worthing, West Sussex

Co-educational

3-18 years

Nursery

Juniors

Seniors

Sixth Form



"This is the happiest we have  
seen our son in a very long  
time." parent 2025

"Coming to Sion has  
made the biggest impact  
on my life in the most  
amazing ways. I am so  
grateful." senior student 2025







Lancing Prep Worthing

A Lancing College Preparatory School

# ASPIRE

## SCHOOL

**Saturday 8 March 2025**

**9am-12pm**

**Lancing Prep Worthing**

**Free to attend**

Unlock your child's potential with a fun-filled day of learning! Our Aspire Saturday School offers engaging English activities, exciting music-making sessions, and interactive Maths games. Aimed at children in Year 5, this is a wonderful opportunity to boost skills while having fun!



Broadwater Road, Worthing,

West Sussex BN14 8HU

T 01903 201 123 E [worthing@lancing.org.uk](mailto:worthing@lancing.org.uk)

To book a place, please complete the form by 24 February.  
Visit <https://www.lancingcollege.co.uk/prep-worthing/news-events>  
or [BOOK HERE](#)







**FREE EVENT**

# GIRLS INTO POLO

## WHEN

Saturday 8th March,  
5.30pm - 7pm

## WHERE

Windlesham House  
School, RH20 4AY

## WHO FOR

All Girls Aged 5 to 14

## PRICE

Free

## SIGN UP

By visiting  
<https://bit.ly/4aypFbS>

## FIND OUT MORE

By emailing  
[Hello@Aquatic2012.org](mailto:Hello@Aquatic2012.org)

## FULL EVENT CALENDAR | March to June 2025

<b>Girls Into Polo</b> <i>FREE EVENT</i>	Saturday 8th March 5.30pm - 7pm	Windlesham House School	Open to All Girls Aged 5 to 14
<b>u19 Girls Polo Match</b> <b>Worthing Vs Watford</b>	Saturday 8th March 8pm - 9pm	Splashpoint, Worthing	All Welcome to Watch and Support
<b>Swim for Swimming</b> <i>Sponsored Swim Raising Funds For Our Access Aquatics Programme</i>	Sunday 16th March 12pm - 4.30pm	Windlesham House School	All Welcome ( <i>must be able to swim 200m</i> )  <b><i>Access Aquatics supports local children failing to meet national swimming safety standards, with top up swimming and water safety sessions.</i></b>
<b>HaBaWaBa Spain</b> <i>Water Polo Festival</i>	Friday 11th April to Tuesday 16th April	Tarragona, Spain	Competition Squad
<b>Top Up Swimming</b>	Sunday 25th May to Monday 1st June	Windlesham House School	For Local Schools
<b>DrenchedFEST 2025</b> <i>Water Polo Festival</i>	Saturday 7th June to Sunday 8th June	Splashpoint, Worthing	All Drenched Members and Guest Teams
<b>Drowning Prevention Week</b>	Saturday 14th June to Saturday 21st June	Windlesham House School	Various Activities for Local Schools
<b>Worthing Festival of Swimming</b>	Sunday 22nd June 12pm - 4.30pm	Windlesham House School	Various Activities for Local Children

**For more information about what Aquatic 2012 has to offer  
email [Hello@Aquatic2012.org](mailto:Hello@Aquatic2012.org) or visit [www.aquatic2012.org](http://www.aquatic2012.org)**

## Do you run a local business?

We need Access Aquatics Partners to deliver free or subsidised lessons to children failing to meet National Curriculum safety standards. Please email [Hello@Acquatic2012.org](mailto:Hello@Acquatic2012.org) for more details.





CHRIST'S HOSPITAL  
**INDEPENDENT SCHOOL  
OF THE YEAR**  
OPEN MORNING  
SATURDAY 8 MARCH 2025

[www.christs-hospital.org.uk](http://www.christs-hospital.org.uk)

We warmly invite the families of your current Year 5 pupils, who are considering secondary education in **September 2026** to our **Open Morning** on **Saturday 8 March 2025**.

Christ's Hospital was established over 470 years ago as a charitable school and is proud to maintain its founding principles and ethos. It offers an independent boarding education of the strongest quality to children with academic potential, from all backgrounds in a caring and supportive environment.

To book now sign up here > [Book an open morning - Christ's Hospital](#)





# LET'S TALK NETBALL!

## WHO ARE WE?

Since 2015, Play Netball has been the UK's largest & most followed Social Sports provider, with over 150 leagues and 30,000 women playing with us weekly.

For Play Netball, the most important part is promoting the social side of sport and the sense of belonging to a team. We firmly believe that there is a sport for everyone, and if children can have positive experiences of sport during their time at school, they can bring these experiences into their adult lives, continuing to stay active and enjoy taking on new sports and challenges in the future.

## WHAT WE DO

Boys and girls of any ability can expect to gain valuable netball experience over planned, weekly extra-curricular sessions during term-time. Aimed at school years 1 to 11, Play Netball Juniors helps develop agility, balance, and coordination through a mix of games, physical activities, and skill-building exercises, split into KS1, KS2, KS3 & KS4 after-school groups.

## KS1, KS2

Our coaches deliver quality extra-curricular netball sessions for all pupils with our Play Netball School's programme, designed specifically for children through KS1 and KS2. Our goal is to help your pupils build confidence, improve fitness, and strengthen friendships, while offering every child the opportunity to try out each position on the court and feel confident to play matches.

- Key skills – passing, catching, ball control, shooting, rules
- Physical skills – marking, running/stopping, jumping, footwork
- Social Skills – communication, confidence, teamwork
- Tactical Skills – decision making, anticipation
- Match Play!



All Our Coaches:

- DBS Checks
- Safeguarding trained

## OUR COACHES

Play Netball Juniors prides ourselves in providing coaches who have a strong background to the sport, ensuring they not only possess the skills and knowledge required to teach the game but also have a genuine passion for helping young players develop.

Our coaches will deliver weekly, skills-based sessions, specific to each age group. Match Play is an important part of the session, however the coaches focus is heavily on skills progression, confidence and gaining netball experience.

## YOUR CONTACT

Please contact Rob Fulker, with any queries regarding Play Netball Juniors.

**Rob Fulker**  
Head of Play Netball Juniors

Play Netball wants to ensure that all children have the opportunity to feel like they belong to a team, and enjoy sports at school no matter their ability or experience.

info@playnetballjuniors.co.uk  
01256 644049



## COST

Finding a way that works for your school



£50 per session, paid by school to Play Netball Juniors in advance of term.



£6 per child per session, paid to Play Netball Juniors by parents/carers in advance of term. This option does not require any payment from schools.

**WWW.PLAY-NETBALL.CO.UK** NETBALL AFTER-SCHOOL-CLUBS



# SATURDAY MORNING PICTURES

**£3.50**  
PER TICKET



## Spirited Away 🍿

Sat 15 Feb, 10:15am

**Book Tickets**



## Mufasa 🍿

Sat 22 Feb, 10:15am

**Book Tickets**

**WTM** Worthing Theatres  
and Museum



# WHAT'S ON THIS HALF TERM

At Worthing Theatres and Museum

: [office@stnm.org.uk](mailto:office@stnm.org.uk)

Calendar: click on link for how to [use](#) or [subscribe](#)





# Win tickets to see the Tom Gates EPIC Stage Show



We're giving you the chance to win 4 tickets to see **Tom Gates EPIC Stage Show** at the Pavillion Theatre on Sat 28 Jun, 3:30pm, a signed **Tom Gates** book AND a £50 Waterstones gift voucher for your child's school.

To enter, just tell us the answer to the below question:

**Who wrote the Tom Gates book series?**

[Enter now](#)

*Competition closes Friday 28 February at midnight. The winner will be notified by email.*

## Coming Soon



### Farm Boy

Fri 18 Apr

Tickets from £15

[Book Tickets](#)



### Princess Smartypants

Sat 19 Apr

Tickets £14.50

[Book Tickets](#)



### Rude Science Live!

Sun 25 May

Tickets £18

[Book Tickets](#)



### WARM SPACES @ WTM

We are offering free warm spaces, hot drinks and activities this March at Worthing Museum (Saturdays 2-5pm) and Fraser's Bar in the Connaught (Mondays 4-7pm).



### Worthing Museum and Art Gallery

Open Wednesday to Sunday

**FREE ENTRY**





# FEBRUARY HALF TERM CLUBS

**DINOSAUR  
DETECTIVE**

**EGYPTIAN  
ADVENTURE**

**SPACE  
MISSION**

**NERF  
GAMES**

**ROCKETS  
& ALIENS**

**BUSHCRAFT  
DENS**

**BOOK  
NOW**

## ST NICOLAS AND ST MARY CE PRIMARY SCHOOL

**MONDAY 17TH FEB**

**DINOSAUR DETECTIVE:  
TROUBLE ON T-REX ISLAND**

**TUESDAY 18TH FEB**

**BUSHCRAFT:  
LIGHT MY FIRE**

**WEDNESDAY 19TH FEB**

**WALK LIKE AN EGYPTIAN:  
MUMMIES, TREASURES AND PHAROHS**

**THURSDAY 20TH FEB**

**SPACE MISSION:  
EXPLOSIONS, ROCKETS & ALIENS**

**FRIDAY 21ST FEB**

**NERF:  
MEGA GAMES DAY**

**BOOK FOR JUST 1 DAY OR THE WHOLE WEEK  
CHILDCARE VOUCHERS ACCEPTED  
9AM - 3PM | £39.50/DAY | YEARS 1-6**

**"BEST HOLIDAY CLUB AROUND" ★★★★★ BOOK NOW**

**For more info on dates, locations and how the clubs run & to book: [WWW.THEOUTDOORSPROJECT.CO.UK](http://WWW.THEOUTDOORSPROJECT.CO.UK)**



ONCE A  
WEEK TAKE A  
PEEK

## LET'S FIGHT HEAD LICE TOGETHER

St Nicolas & St Mary's is promoting the Once a Week Take a Peek campaign, which offers parents and carers guidance on how to check and treat their child's hair for head lice.

We encourage parents and carers to read the easy-to-use guide and to incorporate regular checks for head lice into their routine.

The Once a Week Take a Peek campaign has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.

Visit (<http://www.onceaweektakeapeek.com/>) to access the online guidance.

#Onceaweektakeapeek #Headlice #Backtoschool #Hedrin

And remember...  
**'Once a Week, Take a Peek!'**

<https://www.onceaweektakeapeek.com>



The Once a Week Take a Peek guidance has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.

Hedrin

Medical Entomology Centre

WE SUPPORT THE...

ONCE A  
WEEK TAKE A  
PEEK  
...CAMPAIGN

Let's fight head lice together  
with free, expert guidance



# THE HOLIDAY SKATE CLUB



CHILDREN AGED 6-12  
ALL ABILITIES WELCOME  
GAMES AND ACTIVITIES  
EQUIPMENT PROVIDED  
MOBILE SKATEPARK  
ARTS AND CRAFTS

EASTBROOK PRIMARY ACADEMY  
SOUTHWICK

PATCHAM HIGH SCHOOL  
BRIGHTON

£45 PER DAY | FULL-WEEK DISCOUNT  
LATE PICK AVAILABLE

MONDAY 17TH - FRIDAY 21ST FEB | 9AM - 3PM



FOR MORE INFORMATION GO TO:  
THESKATECLUB.COM/HOLIDAYSKATECLUB  
OR SCAN THE QR CODE



← OR CHECK OUT OUR NEW VIDEO HERE



## Help us to clean Shoreham's War Memorial



Our war memorial is badly in need of a clean. In March 2025, cadets from the Shoreham Air Cadets and Army Cadets will undertake the work with the help of an expert.

We need to raise **£1,300** to purchase specialist tools and materials.

If you would like to donate, please use the QR code below.





**4 CFC - Girls Elite Academy Horsham**  
Physical, Technical, Psychological &  
Social development in Football

**4 CORNER FOOTBALL COACHING**





**4 CFC - Girls Elite Academy Training**  
5-14 years old welcome  
Trail Date - Wednesday 19th February  
Venue - Horsham Rugby Club 4G Pitch - RH13 6PJ  
5.00-6.00pm  
BOOK NOW - [www.4cfc.co.uk](http://www.4cfc.co.uk)  
Email - [info@4cfc.co.uk](mailto:info@4cfc.co.uk)

**CHILDCARE VOUCHERS ACCEPTED**

**Ofsted**  
Registered

**4 CORNER FOOTBALL COACHING**

**BRIGHTON & HOVE ALBION** **SOCCER SCHOOLS**

**PLAY THE ALBION WAY!**



**HOLIDAY AND WEEKLY FOOTBALL COURSES FOR ANYONE AGED 5-13. ALL ABILITIES WELCOME.**

**MIXED AND GIRLS-ONLY COURSES.**

**BOOK ONLINE NOW**

 Brighton and Hove | Eastbourne | Worthing  
Chichester | Crawley | Hassocks | Horsham  
Lancing | Shoreham | Uckfield and more.

**Scan here to book, or visit: [bhafcfoundation.org.uk](http://bhafcfoundation.org.uk)**

Brighton & Hove Albion Foundation, American Express Stadium, Village Way, Brighton BN1 9BL. Tel: 01273 878265.  
Company limited by guarantee in England and Wales (No. 5122342). Registered charity in England and Wales (No. 1110679).







The Childcare Club

# COME AND JOIN THE FUN!

FEBRUARY HALF TERM  
HOLIDAY CLUB AT  
BUCKINGHAM  
PARK PRIMARY SCHOOL!



**OPEN MONDAY-  
THURSDAY  
8:30AM-3:30PM**

8.30AM-9AM: £3

9AM-1PM: £18

9AM-3PM: £27

**WITH ACTIVITIES  
SUCH AS:  
BAKING  
ARTS AND CRAFTS  
OUTDOOR PLAY  
SENSORY PLAY  
AND SO MUCH MORE!**



CALL 07818517618 FOR MORE INFORMATION OR BOOK  
ONLINE AT [WWW.THECHILDCARECLUBWORTHING.CO.UK](http://WWW.THECHILDCARECLUBWORTHING.CO.UK)

Em: [office@wannadostreetdance.com](mailto:office@wannadostreetdance.com)

## FEBRUARY 1/2 TERM DANCE DAY

WORTHING

**WANNADO**  
STREETDANCE

**AGES  
4-11!**

- LEARN STREET DANCE FOUNDATIONS
- HAVE FUN AND PLAY GAMES
- MAKE NEW FRIENDS
- COMPLETE FUN CHALLENGES
- RECEIVE A BALLOON AND CERTIFICATE!



**COME AND DANCE WITH US THIS 1/2 TERM!**



**TAB INFANT SCHOOL  
WORTHING**

**WEDNESDAY  
19TH FEBRUARY**

**9AM-4PM**

**£30 PER  
CHILD**

**Email to book: LIMITED SPACES!**  
**[kerry@wannadostreetdance.com](mailto:kerry@wannadostreetdance.com)**





# THERE'S NO PLACE LIKE *home!* 15 – 23 FEBRUARY



Join us this February half term to  
celebrate houses and homes

Have a go at hands on activities and follow the  
house hunting trail around our 40 acres site.



Weald & Downland Living Museum  
Singleton | Chichester | PO18 0EU



Find out more at [wealddown.co.uk](http://wealddown.co.uk)  
01243 811363



## SewCrafty

February Half Term Holiday Club 2025  
For children in Y3-Y8



**When:** Monday 17, Wednesday 19, Thursday 20 February  
(classes will run providing minimum 4 children book on each date)

**9am - 4pm** (whole day: £60, or half day AM or PM sessions may be available: £35)

Complete this Google form to request to book: <https://forms.gle/FwmpiuZL2cszvD4g9>

Contact: Yo at [yosewcrafty@gmail.com](mailto:yosewcrafty@gmail.com) m. 07825 381160



Small friendly classes in Shoreham-By-Sea (places limited to max 6 children)

Learn how to use a sewing machine, create unique projects & have lots of fun!  
No prior experience required.

Run by Yo Clay (Mum of 3, experienced qualified teacher, fully insured & DBS clearance)



After school club, holiday workshops, parties, 1:1 lessons  
Check out @yosewcrafty







**FEB 17TH - 21ST** NEXT THING EDUCATION PRESENTS **9am-4pm**

**FEBRUARY HALF TERM**



**TECH CAMP**

Ofsted Registered

**FEBRUARY CAMPS 2025**

£39.99 PER DAY OR £175 FOR 5 DAYS FOR BOYS AND GIRLS AGED 5-11

FIND YOUR NEAREST CAMP ON OUR WEBSITE **www.nextthing.education**

SCAN FOR LOCATIONS MAP



**Next Thing**

NEXT THING EDUCATION CAMPS PRESENTS

**FEB HALF TERM 2025**

**17TH - 21ST FEBRUARY 2025**







Coding & Robots + Circuitry & Inventions + Creative Technology + Expert Engineers + Media Madness

Movie Making | Video Game Design | Robot Coding | STEM Experiments | Engineering

**17TH - 21ST FEBRUARY - LIMITED SPACES**

**AGES 5 - 11 MULTI DAY BOOKING DISCOUNTS!**

**What Parents Say**

"Absolutely Fantastic!  
First time attending &  
my son loved it!"

★★★★★



**HOW TO BOOK**

**STEP 1**  
SCAN THE QR CODE



**STEP 2**  
FIND YOUR NEAREST CAMP



**STEP 3**  
BOOK ONLINE SPACES LIMITED

**BOOK**

**W: WWW.NEXTTHING.EDUCATION**

**E: INFO@NEXTTHING.EDUCATION T: 01442 873150**



## West Sussex Young People's Service



### February Half Term Activities 2025: Families and Young People

Monday 17th February	Worthing Holiday Camp For Young People Age 8+ 10:00-15:00	Worthing, West Sussex	Friday 21st February	Woodland Activity Day For Young People Age 8+ Session 1 is 10:00-12:30 Session 2 is 13:00-15:30  In Collaboration with Sussex Forest Activities. Both sessions can be booked.	Arun, West Sussex
Tuesday 18th February	Worthing Holiday Camp For Young People Age 8+ 10:00-15:00	Worthing, West Sussex			
Wednesday 19th February	Aspens Fun Day For Families of All Ages 10:00-14:00  In Collaboration with Sussex Cricket. More information to be released, keep an eye out!	Arun, West Sussex	Friday 21st February	Girls Group Social Evening For Girls Age 12-18 17:00-20:00  Girls Group is a safe place find friendships, have fun and enjoy activities with the opportunity to ask questions that others may not understand	Worthing, West Sussex
Thursday 20th February	Sword Master Workshop For Families of All Ages 10:00-12:00  In Collaboration with Mark Gilbert. Learn basic training and exciting team games using realistic looking high density foam weapons.	Chichester, West Sussex	Saturday 22nd February	Youth Club Worthing For Young People Age 14-18 10:00-12:00  With a range of fun activities	Worthing, West Sussex

To find out more or book a place please go to <http://wsxshortbreaks.aspens.org.uk/bookings>

These sessions have been designed specifically for families and young people on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD).

Website: [aspens.org.uk](http://aspens.org.uk)

Charity no: 1171446





February 2025

# Newsletter

Thursday  
20th Feb

19:00 - 20:00  
FREE



## FREE SESSION

### Supporting Healthy Screen Use

A range of steps that can help minimise the harms from screens

Monday  
3rd Feb

10:00 - 11:30  
£24



### Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
11th Feb

19:00 - 20:30  
£24



### Facing Defiance

Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday  
18th Feb

19:00 - 20:30  
£24



### Cannabis & Ketamine Awareness

Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday  
25th Feb

19:00 - 20:30  
£24



### Understanding the Teenage Brain

A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)





**MESSY CHURCH**  
PREPARING FOR  
**LENT**

**JOIN US WITH YOUR FAMILY  
FOR WORSHIP, CRAFTS AND  
PANCAKES!**

**22<sup>ND</sup> FEBRUARY 3PM**

St. Giles Church,  
Upper Shoreham Road,  
Shoreham-by-sea, BN43 6BT

Understanding Anger	10 FEB 7pm
Supporting Healthy Screen Use	11 FEB 10am
Facing Defiance	14 FEB 7pm
Raising Self-Esteem	27 JAN 7pm 25 FEB 10am
Supporting Healthy Sleep	28 JAN 7pm 24 FEB 10am
Supporting a Child with ADHD	3 FEB 10am 3 MAR 7pm
Improving Family Communication	3 FEB 7pm 4 MAR 10am
AUTISM: Improving Communication	4 FEB 10am 4 MAR 7pm
Understanding Addictive Behaviour	4 FEB 7pm 3 MAR 10am
Anxiety-Based School Avoidance	10 FEB 10am 10 MAR 7pm
What is ACT?	17 FEB 10am 17 MAR 7pm
Introduction to OCD	17 FEB 7pm 18 MAR 10am
Anxiety Explained	18 FEB 10am 18 MAR 7pm
Cannabis & Ketamine Awareness	18 FEB 7pm 17 MAR 10am
Decreasing Depression	24 FEB 7pm 25 MAR 10am
Understanding the Teenage Brain	25 FEB 7pm 24 MAR 10am

# EDUCATE-MOTIVATE-PARTICIPATE

## SportsCool Brighton

How can we benefit your school?



### Services we provide

Extra-curricular clubs: -  
Before school, Lunch + After school  
Holiday Camps  
Curriculum P.E. teaching  
INSET Days  
Sports Days/House competitions  
Themed/Event days  
P.E. Interventions  
Sensory Circuits  
Play Leaders program

07845673895 / dan.m@sportscool.org

### Sports we offer

**Alternative =**  
Archery / Fencing / Tri Golf / Kurling /  
Handball / Lacrosse / Dodgeball /  
Ultimate Frisbee / Volleyball /  
Yoga and Mindfulness / Badminton /  
Kinball / Tchoukball  
**Mainstream =**  
Gymnastics / Dance / Rounders /  
Football / Netball / Basketball /  
Tag rugby / Athletics / Hockey / Cricket /  
Orienteering / Multi skills / Tennis

<https://www.penguinswimlessons.co.uk/>

Join our Easter Intensive  
Swimming Course and  
see a huge difference  
in your child's swimming  
ability in just 5-days!

Located at Lancing College,  
we run classes for children  
aged 4-16 years of all abilities.

- Five day course £80
- Small, focused, joyful, progressive,  
daily 30 minute morning classes
- Expert, experienced teachers in  
the water
- Beautiful facilities
- Spaces are limited!

For more information, contact us at:  
[info@penguinswimlessons.co.uk](mailto:info@penguinswimlessons.co.uk)  
[www.penguinswimlessons.co.uk](https://www.penguinswimlessons.co.uk)



Dates: 7-11 April 2025

This Easter, give your child the opportunity to immerse themselves in swimming with our intensive 5-day course. Whether they are just starting out or looking to improve their skills, our small, friendly classes cater to all abilities.

### Morning Classes

(Timings vary depending on ability)

Our dedicated, passionate team is here to nurture swimmers of all ages. Each day, your child will benefit from personalised attention in a supportive environment.

### Term Time Classes

We also operate a weekly programme for children and adults.

For more information or to book, please email us at:

E [info@penguinswimlessons.co.uk](mailto:info@penguinswimlessons.co.uk)

W <https://www.penguinswimlessons.co.uk/>





**JOIN  
THE CLUB  
AND BE A PART  
OF A SOMETHING  
SPECIAL**



## **FIND US ON**

**Sunday Mornings  
@ Buckingham Park  
10am-11am**



## **Player Development**

- Build strength, speed and fitness through our comprehensive training
- Master fundamental rugby skills including passing, tackling, kicking, and game strategy through expert coaching and progressive skill development tailored to each player's experience level.
- Make lasting friendships while being part of an inclusive team culture that values respect, sportsmanship, and camaraderie both on and off the field.

**TRY IT, PLAY IT, LOVE IT...**





# West Sussex Libraries Centenary 2025 special edition



Our library service is celebrating its centenary! This special edition Residents' Newsletter showcases all the exciting things happening during 2025 that you can get involved in.



[Check out what's happening in your local library here.](#)