

This week we have been reflecting on the question of *Guess how much I love you* and how it is not easy to always find the words, but actions can speak louder than words – we reflected on how at Easter we will see how Jesus's actions were the perfect example of love in action.

Have a wonderful weekend.

Mr Lincoln and the Senior Leadership Team

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- Email: office@stnm.org.uk please do not email staff directly (unless agreed previously).
- Calendar: Follow the link for instructions on how to use or subscribe to the calendar.
- Language of the Month: Amharic
- Sign of the Week: Lion the lion is the national animal of Ethiopia
- Facebook page: facebook.com/stnmschool

2. DATES AND EVENTS: click <u>here</u> for the dates list.

• Book Week and Cake Sale: 3 − 7 March BOOK WEEK NEWS for parents 2025 pdf 2.pdf

Exciting news! Next week is 'Book Week' at our school and there are many fun activities taking place for the children to enjoy - please see the Book Week Timetable above.

One thing we are doing this year, is a Cake Sale on Thursday 6 March and this is to raise funds for a very special charity called 'Donkey Library' which aims to support children in Ethiopia who have little or no access to texts and books. For more details about this fantastic project, please click on the link below. If you can help, please bring in a cake to sell on the morning of that Thursday (the office and year 6 will collect them from the reception area). If you can't bake a cake, no problem, you can always support us after school when we will be selling them in the Cherry Tree Playground. If there are any parents or carers that are willing to help sell cakes or price up cakes that afternoon, please get in contact with the office or Mr de Waal. Many thanks in advance to you all for supporting this worthy cause and for your help during Book Week. https://twlethiopia.org/our-projects/donkey-library/

3. REQUESTS, REMINDERS AND GENERAL NOTES

a. Free School Meals (FSM) – Means-tested FSMs are provided to children whose families meet specific incomerelated criteria. If you think your child may be eligible for FSMs and you are not already in receipt of them, please apply before the end of March 2025 to ensure your claim and future funding are protected. Only applications processed before 1 April 2025 will maintain transitional protection (see below).

Transitional Protection Arrangements – From 1 April 2025, the Government's transitional protection arrangements for means tested Free School Meals (FSM) will end. Any eligible claims confirmed from this date will no longer be protected. This means any child confirmed as eligible for free school meals from 1 April 2025 will be subject to ongoing checks to confirm continued eligibility. This will not impact any children who are already confirmed as eligible. Those already confirmed as eligible will maintain their eligibility until the end of their current phase of education. At that point, they will be re-assessed for their eligibility status. This will apply

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to all year 6 moving into year 7 in September 2025. These children will then be subject to ongoing checks to confirm continued eligibility.

For further information and to check your eligibility please click on the following link - https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/
Please send any queries to the Free School Meals Eligibility Team at fsm@westsussex.gov.uk

Donation of filling for Bean Bags – Our school is in need of bean bag filling to replenish our current bean bags. If you have any extra bean bag filling at home or are willing to donate some, we would greatly appreciate it! Please drop any donations off to the school office. Thank you!

4. Chailey Heritage Visit: Following the successful Dream Team cake sale last term, which raised money for Chailey Heritage school, Yazmyn and Lesley from the staff team came to visit us on Thursday. They gave a special assembly to the children and told them about the amazing facilities that the children at Chailey can access such as an immersion room (where photos, lights and sounds can be projected into) a heated therapy swimming pool and school farm. Lesley and Yasmyn brought some guinea pigs in to visit the Dream Team by way of a thank you. We got to meet and handle the animals and enjoyed feeding them kale and carrots! We are hoping to do some further fundraising for the school and to make a visit in the summer term.

5. PTA Golden Ticket Chocolate Bars

Don't forget to come and get your 'Delicious Daydream' chocolate bar on Friday 7 March for your chance to win a golden ticket. We have some fantastic golden ticket prizes including Truffles vouchers, toy hampers, Presh-Eat Voucher, Swimming voucher, Ropetackle film voucher, Upside Down House voucher and many more! The Delicious Daydreams chocolate bars will be available for £2.50 in the Cherry Tree playground from 3.15pm after school. If your child attends an afterschool club and would like to purchase a chocolate bar, please send the cash in a sealed envelope with your child's name on, which club they are attending and how many bars they would like to the school office in the morning at drop off. The bars will then be available to pick up when you collect your child from their club. We are looking forward to seeing you!



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Training

Spring 2025

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

February

Understanding ADHD	Friday 28th	10.30am
March		
Making Sense of Wellbeing: Understanding & building resilience	Tuesday 4th	7.30pm
Understanding Sensory Processing Differences	Thursday 6th	10.00am
Making Sense of Anxiety in Children (Primary age)	Tuesday 11th	10.30am
Making Sense of Wellbeing: Key skills to improving communication	Tuesday 18th	10.30am
Understanding Demand Avoidance	Thursday 20th	7.30pm
Making Sense of Personal Independence Payment (PIP)	Wednesday 26th	7.30pm
Making Sense of Transition to Secondary School	Thursday 27th	7.30pm
April		
Understanding Autism	Thursday 3rd	10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 5th March / 12th March / 19th March (3-part course) Wednesdays 7.30pm-9.30pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

https://reachingfamilies.eventbrite.com



www.reachingfamilies.org.uk

Registered Charity No: 1150906 Company Limited by Guarantee No: 8261096

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Easter Holiday Bikeability Sessions

Monday 7th - Thursday 17th April 2025







Oak Grove College, Worthing Downview Primary, Bognor Holbrook Primary, Horsham Three Bridges Primary, Crawley



Is your child in **Year 6** or above?
Would they like to do **Bikeability Level 1&2 or Level 3 Bikeability**?

The West Sussex Road Safety Team are offering limited £20 places for a 2-hour Level 1&2 Bikeability session during the Easter Holidays for those that are not offered it through school or missed out on it when in Yr6.

Spaces are limited and will be allocated on a first come first served basis.

For more info, or to apply click here:



Cycle safety courses for schoolchildren - West Sussex County Council
Or pop us an email....



cycletraining@westsussex.gov.uk

We will be in touch to discuss your enquiry & offer you a date and time for the session

- Level 1 bike control will be checked off-road prior to commencing on-road to Level 2. Please let us know if you think we need to spend more time working with your child on their Level 1 bike control skills (so we can accommodate this in their session).
- Level 2 Bikeability introduces children to on-road cycling for riders that have reasonable control of a bicycle.
- Trainees will need a roadworthy bike and a cycle helmet.
- For any other training requests such as Level 3, please email us, as we should be able to accommodate these sessions.



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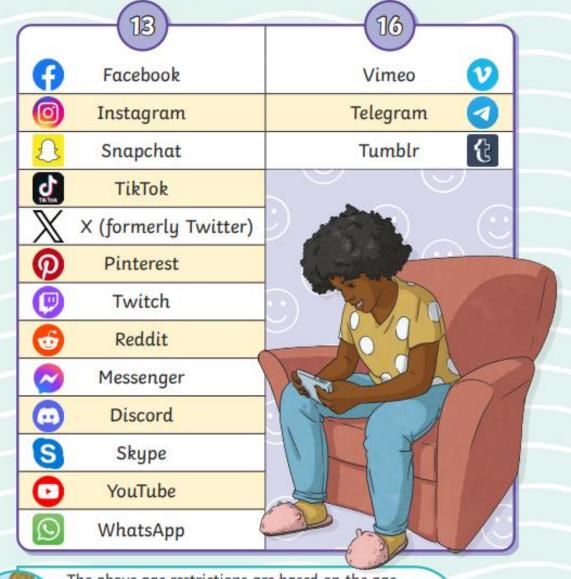


Age Restrictions for Social Media Platforms

Why are there age restrictions on social media platforms?

Many social media platforms have an age restriction of 13 years or over. This is because you have to be at least 13 years old to give consent for your personal data to be collected and processed.

What is the minimum age for UK account holders on these social media platforms?



The above age restrictions are based on the age required by the individual platform. This may differ from the age ratings suggested on any stores such as

sign up to social media situs after using this resource/information. This resource refers to UK age ratings and other countries may differ





Our Lady of Sion School Senior School Open Day

Tuesday 11th March Tuesday 18th March

> 11:00am-12:30pm Or 2:00pm-3:30pm

The journey to unlocking your child's excellence begins at Sion To sign up, scan the QR code







SOUTHWICK RANGERS FC



looking for girls to start a new team U10G for next season

Girls in years 3 and 4 are especially invited to come along to our Wildcats sessions.

An hour of fun football for Girls. This will then lead into an U10G team playing in a league next season

Every Thursday 4-5pm On the 3g at Southwick Recreation Ground.

This session is for 6-11 Girls all abilities welcome







For more information-interested@southwickrangers.org







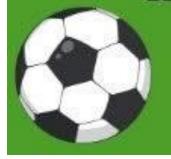
Players in years reception and year 1
wanted -please contactinterested@southwickrangers.org
for more information



Size 2 footballs are used to maximise ball control in a fun hour session.

SATURDAYS

12-1PM









WHO ARE WE?

WHAT WE DO

KS1, KS2

- . Key skills passing catching ball control shooting rules
- Physical skills marking, running/stopping, jumping, footwork
 Social Skills communication, confidence, teamwork
- · Tactical Skills decision making, anticipation
- · Match Play!



OUR COACHES

All Our Coaches:

VOUR CONTACT

Rob Fulker Head of Play Nethall Juniors

info@playnetballjuniors.co.uk 01256 644049



COST

Finding a way that works for your school



£50 per session, paid by school to Play Netball Juniors in advance of term.



£6 per child per session, paid to Play Netball Juniors by parents/carers in advance of term. This option does not require any payment from schools.

WWW.PLAY-HETRALL.CO.UK NETBALL-AFTER-SCHOOL-OLUBS

Website: www.stnicolasmary.w-sussex.sch.uk

Em: office@stnm.org.uk

Calendar: click on link for how to use or subscribe













EDUCATE-MOTIVATE-PARTICIPATE

Services we provide

Extra-curricular clubs: -

Before school, Lunch + After school

Holiday Camps

Curriculum P.E. teaching

INSET Days

Sports Days/House competitions

Themed/Event days

P.E. Interventions

Sensory Circuits

Play Leaders program

Sports we offer

Alternative =

Archery / Fencing / Tri Golf / Kurling / Handball / Lacrosse / Dodgeball / Ultimate Frisbee / Volleyball /

Yoga and Mindfulness / Badminton /

Kinball / Tchoukball

Mainstream =

Gymnastics / Dance / Rounders /
Football / Netball / Basketball /
Tag rugby / Athletics / Hockey / Cricket /
Orienteering / Multi skills / Tennis

07845673895 / dan.m@sportscool.org



Dates: 7-11 April 2025

This Easter, give your child the opportunity to immerse themselves in swimming with our intensive 5-day course. Whether they are just starting out or looking to improve their skills, our small, friendly classes cater to all abilities.

Morning Classes

(Timings vary depending on ability)

Our dedicated, passionate team is here to nurture swimmers of all ages. Each day, your child will benefit from personalised attention in a supportive environment.

Term Time Classes

We also operate a weekly programme for children and adults.

For more information or to book, please email us at: E info@penguinswimlessons.co.uk

W https://www.penguinswimlessons.co.uk/







FIND US ON

Sunday Mornings

@ Buckingham Park

10am-11am

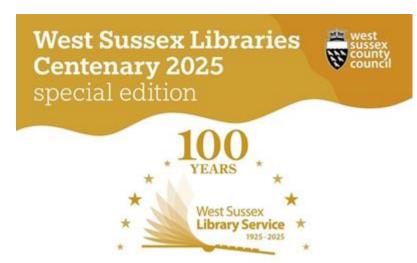




Player Development

- · Build strength, speed and fitness through our comprehensive training
- Master fundamental rugby skills including passing, tackling, kicking, and game strategy through expert coaching and progressive skill development tailored to each player's experience level.
- Make lasting friendships while being part of an inclusive team culture that values respect, sportsmanship, and camaraderie both on and off the field.

TRY IT, PLAY IT, LOVE IT...



Our library service is celebrating its centenary! This special edition Residents' eNewsletter showcases all the exciting things happening during 2025 that you can get involved in.



Check out what's happening in your local library here.