



A very warm welcome back to all our St Nic's families. It has been wonderful seeing how excited the children are to be back in school, and we look forward to keeping that enthusiasm going throughout the year!

Have a wonderful weekend
Mr Lincoln and the Senior Leadership Team

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** office@stnm.org.uk - please do not email staff directly (unless agreed previously).
- **Calendar:** Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Language of the Month:** English
- **Sign of the Week:** Welcome
- **Facebook page:** facebook.com/stnmschool

2. DATES AND EVENTS: click [here](#) for the dates list.

3. REQUESTS, REMINDERS AND GENERAL NOTES

4. School Clubs: School clubs will be going live on Arbor Saturday the 6 September at 9:00am. Here is a [link to the timetable](#).

5. Regular Travel Home Permission Arrangements: Please email the school office at office@stnm.org.uk with any updates to your child's going home arrangements.

- **Ad-hoc Pickups:** If someone other than yourself is collecting your child on a one-off basis, please provide their full name, their relationship to your child and the date they have permission to collect.
- **Regular Pickups:** If someone else will be regularly collecting your child, please let us know their full name, relationship to your child, and the specific day(s) they are authorised to collect.
- **Year 5 & Year 6 – Walking Home:** If your child has permission to walk home alone, please confirm the days they are allowed to do so.
- **Year 5 & Year 6 – Walking Home After Clubs:** If your child has permission to walk home alone after attending a club, please include the club name and the day(s) they are allowed to walk home.
- **Please note:** Any arrangements from the previous academic year will remain in place unless you inform us of changes.

6. Smartphone Free: A reminder that as of the start of September we are a smartphone free school for pupils. Please see the letter that went out last term for more details. [Parent Letter July 2025.docx](#)

7. Harmonica Group Places are available for Harmonica Group, which meets after lunch on Wednesday afternoons. Sessions are thirty minutes and newcomers are invited to a FREE TASTER SESSION, which includes a FREE STARTER HARMONICA. Organised by Harp Academy, in line with the national curriculum for music, harmonica students enjoy playing popular pieces, learning the inter-related dimensions of music, exploring different musical genres, and developing key instrument and performance skills. To register your interest please visit www.harpacademy.co.uk and click the Gold Harmonica or call Richard Taylor on 07525 256954.

8. WSCC Useful Information: Please see some useful links from the WSCC.

- [New Skills Bootcamp:](#) Fast-track your career with free training.
- [Childhood Vaccinations update:](#) Please [check the updated schedule](#) to ensure your child has received all recommended vaccinations and is fully protected.
- [New strategies to improved West Sussex resident's health and wellbeing](#)

Apply online at:
westsussex.gov.uk/admissions



Is your child due to transfer to secondary school in September 2026?

Apply online!

It's simple, convenient and time-saving. If your application is received after the deadline, your chance of securing a place at one of your preference schools could be seriously affected.

You can apply online from **Monday 8 September 2025**. If you would like further advice or information, phone: **03330 142 903**.

Deadline: Friday 31 October 2025

Free internet access to apply online is available at all West Sussex libraries.



WS110(A) 08.25

West Sussex SENDIAS Service

Is your child starting primary school or transferring to junior or secondary school in September 2026?

Do you think, for
● whatever reason, you
● may struggle with the
● Admissions process?

Secondary School

Online applications open:
Monday 8 September 2025.

Deadline for applying for a secondary school place for your child is:
Friday 31 October 2025.

Primary School (inc. infant/junior)

Online applications open:
Monday 6 October 2025.

Deadline for applying for a school place for your child is:

Thursday 15 January 2026.

For more information on the admissions process:
www.westsussex.gov.uk/admissions

If so, the West Sussex SENDIAS Service can:

- explain the admissions process to you
- help you to make an informed decision about your child's schools of preference
- help you to fill in the online application form.

Please contact the SENDIAS Service:

Helpline: 0330 222 8555

Email: send.ias@westsussex.gov.uk

www.westsussexsendias.org



Training

Autumn 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

September

Making Sense of Wellbeing: Understanding and building resilience	Tuesday 16th	7.30pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 18th	7.30pm
Understanding Autism	Tuesday 30th	10.30am

October

Making Sense of Personal Independence Payment (PIP)	Thursday 2nd	7.30pm
Making Sense of Behaviours that Challenge (age 2-11 years)	Thursday 16th	7.30pm
Understanding Demand Avoidance	Tuesday 21st	7.30pm
Making Sense of Education Health & Care Needs Assessments and Plans (EHCPs)	Wednesday 22nd	10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 24th September / 1st October (2-part course) **Wednesdays** 10.00am-1.15pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

Umbrellas

Parent Support Group Autumn Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

9th Sep / 7th Oct / 4th Nov / 2nd Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

10th Sep / 8th Oct / 5th Nov / 3rd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

16th Sep / 14th Oct / 11th Nov / 9th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

17th Sep / 15th Oct / 19th Nov / 17th Dec

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

25th Sep / 23rd Oct / 20th Nov / 11th Dec

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

23rd Sep / 21st Oct / 25th Nov / 16th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

11th Sep	7.30 pm - 9 pm
9th Oct	7.30 pm - 9 pm
6th Nov	7.30 pm - 9 pm
4th Dec	7.30 pm - 9 pm



Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support



www.reachingfamilies.org.uk



If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906



September Timetable

All sessions delivered live online via zoom, 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours (excluding Free Talk)

Understanding Addictive Behaviour	15 Sep 10am
Supporting A Child With ADHD	15 Sep 7pm
Improving Family Communication	16 Sep 10am
Autism Improving Communication	16 Sep 7pm
Facing Defiance	22 Sep 10am
Anxiety Based School Avoidance	22 Sep 7pm
Understanding Anger	23 Sep 10am
Supporting Healthy Screen Use	23 Sep 7pm
FREE Facing Defiance	25 Sep 7-8pm
Introduction To OCD	29 Sep 10am
What Is ACT?	29 Sep 7pm
Cannabis and Ketamine Awareness	30 Sep 10am
Anxiety Explained	30 Sep 7pm
Understanding The Teenage Brain	6 Oct 10am
Supporting Healthy Sleep	6 Oct 7pm

JUMBLE SALE

THIS IS A CASH ONLY EVENT

Lots of great bargains

For all the family

Prices from 50p

St Peters church

West St Shoreham

Wednesday

10th September

10am to 3pm



Tombola



Refreshments



In aid of cancer research uks childrens campaign



CANCER
RESEARCH UK
for Children &
Young People

Sign up for St. Nic's CARNIVAL CREW

KS2

SAMBA BAND

Wednesday
3.25-4.25pm



Our **Weekly 60 minute classes** are full of fun and energy.

We practise infectious rhythm & create music to share within the local community at vibrant outdoor performances and events.

St Nic's Carnival Crew is open to KS2 year groups 3, 4, 5, 6.

There is no need to be able to read music as we learn everything off by heart.

Drumming is great fun and proven to lift your mood.

INSTRUMENTS and ear defenders are provided.

VISIT happytunesmusic.co.uk/music-menu/samba-band
for registration and fees

"I have run successful music departments in local schools teaching class music lessons, running Samba Bands and leading school orchestras. My Samba Bands have performed at various local events including Beach Dreams, Worthing Children's Parade and the Durrington Festival. I have also played in Samba Bands, participating in events such as the Emsworth Food Festival and the Lord Mayor's show"



SAM HARRIS

Co-Founder of St. Nic's Carnival crew.



samantha.harris502@gmail.com



DAVISON

C.E. High School for Girls

Come and have a look at our school

OPEN MORNINGS 30th Sept, 1st, 2nd, 3rd Oct 9.00am - 11.00am

OPEN EVENING 7th October 5.00pm - 7.30pm

Presentation and Headteacher talks 5.30pm and 6.30pm

For further details: www.davison.w-sussex.sch.uk

**We are delighted to be able to invite you to our forthcoming open events
for admissions in September 2026**

Please come along and have a look at our school, the preferred date for families of your primary school to attend the Open Morning is **Thursday 2nd October** and there is no need to book.

Please see the link below to our e-prospectus for more information:

<https://www.davison.w-sussex.sch.uk/admissions/prospectus/>

We are very much looking forward to meeting you.

Davison CE High School for Girls



Shoreham Academy

The best in everyone™

Part of United Learning

INTEGRITY



HARD WORK



EXCELLENCE



To all Parents/Carers of pupils in Years 5 and 6 (2025/26)
living within the local area

Shoreham Academy Open Evening
Thursday 25th September 2025 from 5.30pm until 8pm

Presentations in the Main Hall at 6pm and repeated at 7pm
by Mr Jim Coupe, Shoreham Academy Principal

Presentations will last approximately 30 minutes
We estimate that you will need about 1 hour to tour the Academy
Refreshments will be available for the evening
Please plan your tour to fit around the presentations

- ALSO -

Shoreham Academy Open Mornings at 9.00 am on:

Tuesday 30th September 2025

Wednesday 8th October 2025

Thursday 16th October 2025

Friday 24th October 2025

Attend with your children if possible

To secure your place for an open morning,
please book [HERE](#)

(NO BOOKING REQUIRED FOR THE OPEN EVENING)

Any questions, please email: vicki.pearson@shoreham-academy.org

We look forward to meeting you all!

Kingston Lane, Shoreham-by-Sea, West Sussex, BN43 6YT 01273 274100
enquiries@shoreham-academy.org www.shoreham-academy.org

AFTER SCHOOL CLUB 2025 AUTUMN TERM



"MY SON HAD SO
MUCH FUN.
HE WANTS TO
GO BACK FOR
MORE TOMORROW!"



"MY DAUGHTER
WAS FULL OF BEANS
AND BURSTING
WITH LOVELY
STORIES WHEN
I COLLECTED HER"

FUN, EXERCISE, FRESH AIR & DIFFERENT ACTIVITIES EVERY WEEK

NEW ACTIVITIES FOR THIS TERM INCLUDE:

HARRY POTTER QUIDDITCH
BONFIRE NIGHT FIREWORKS PAINT MURAL
SCAVENGER HUNT: SPOOKY TRAIL
CAMPFIRE COOKOUT: AUTUMN EDITION
NERF GAMES: ZOMBIE APOCALYPSE
BONKERS CONKERS & LEAF MONSTERS
BUSHCRAFT SHELTER & DEN MAKING
AMONG US & VIKING KUBB
& AS USUAL: FUN VIBES & ADVENTURE!

WATCHING CHILDREN'S
CONFIDENCE GROW &
NEW FRIENDSHIPS FORM
AT OUR CLUBS IS ONE OF
THE MOST REWARDING
THINGS WE DO.

**ST NICOLAS AND ST MARY
CE PRIMARY SCHOOL**

WEDNESDAYS 3:30 - 4:30PM

YEARS 1 - 6

10TH SEPTEMBER - 17TH DECEMBER 2025

TOTAL COST: £112 / 14-WEEK TERM



MORE INFO & BOOK: WWW.THEOUTDOORSPROJECT.CO.UK

HOLIDAY CLUBS - BIRTHDAY PARTIES - SCHOOL WORKSHOPS - AFTER SCHOOL CLUBS - SPROUTS PARENT & TODDLER GROUP

OFSTED REGISTERED & CHILDCARE VOUCHERS ACCEPTED

Book Here: [Shoreham Academy Open Mornings](#) | [Shoreham Academy](#)

Exciting News - SAM's Back!

In-Person Music Lessons Available. Guitar + Singing lessons at the school! - £9.90!

+ Drums, Guitar, Piano/Keyboard + Vocals Online

SAM Music Service is a music service that offers weekly instrumental lessons. Established in 2008, SAM has delivered tens of thousands of lessons and are currently working with our school to give these opportunities to our pupils.

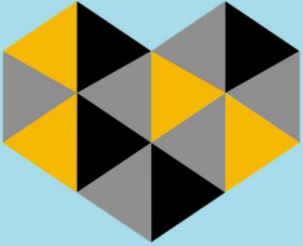
In-Person school lessons (Guitar + Singing)

- Enquire now for in-person lessons www.sammusicservice.com/stnics
- Small group lessons £9.90 per lesson
- Guitar + Vocal lessons during the school day
- Weekly progress and termly summary reports via SAM's easy to use online platform, 'mySAM'
- Encouraged to progress through **Grade exams**
- Performance opportunities
- Paid for **half-termly**, Childcare vouchers accepted

Online lessons (Drums, Guitar, Piano/Keyboard + Singing)

- Free no-commitment online **taster lesson**
- Complimentary set-up call, quick and **easy to connect**
- **Watch videos** of each **recorded lesson**, beneficial for practice
- Lessons take place from home outside of school hours, **no missing curriculum time**
- **Mon-Fri** up to 830pm, and **Sats** 9am-3pm
- **Individual online** 30-min lessons £18.50. Paid for **half-termly**, Childcare vouchers accepted
- Check out their reviews on Google with an average **5 star** ☆☆☆☆☆ **rating!**

To enquire, visit www.sammusicservice.com/stnics, complete the short enquiry form, and one of their friendly team will be in touch to organise your taster lesson. Alternatively, you can email them on lessons@sammusicservice.com or call them on 0800 756 9411. Find them on all socials @sammusicservice.





STEM INNOVATION Ltd
Inspiring the future!

S.T.E.M



CLUB

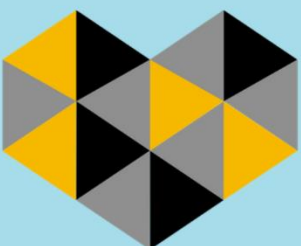
St Nicolas & St Mary's CE
Every Friday 12th of Sep
To 19th of Dec
£110 (13weeks)
3:30 to 4:30




For Booking Details Contact: – Ali Khan
Email : STEMInnovation@outlook.com
Tel : 07951287236

Payment to :
STEM INNOVATION Education
ACCOUNT NO : 17721733
SORT CODE : 01-00-04

www.steminnovation.co.uk





STEM INNOVATION Ltd
Inspiring the future!

S.T.E.M



CLUB

St Nicolas & St Mary's CE
Every Tuesday 9th of Sep
To 16th of Dec
£119 (14weeks)
3:30 to 4:30

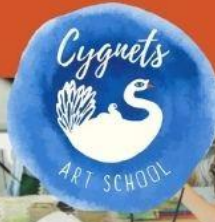



For Booking Details Contact: – Ali Khan
Email : STEMInnovation@outlook.com
Tel : 07951287236

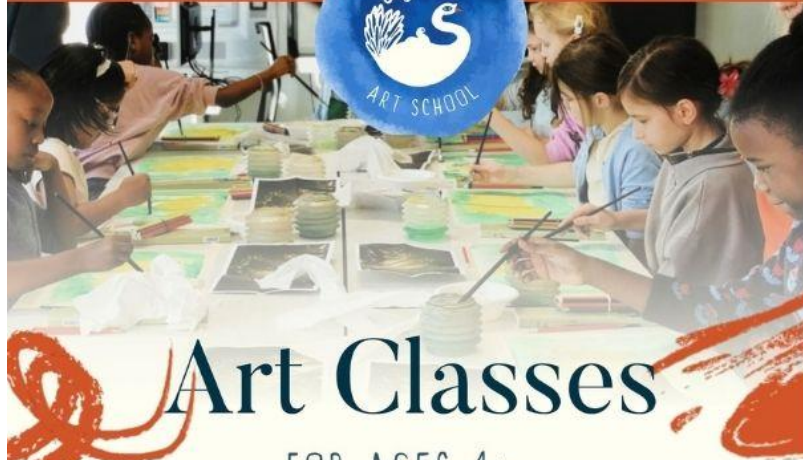
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www.steminnovation.co.uk

TERM TIME CLASSES



HOLIDAY WORKSHOPS



Art Classes

FOR AGES 4+

Now Booking for
Autumn Term 2025

Wacky Wildlife

- Armadillo with Clay
- Axolotl with Masking Fluid and Ink
- Draco Lizard with Gouache
- Immortal Jellyfish with Printing
- Duck Billed Platypus with Watercolour
- Leafy Sea Dragon with Soft Pastels
- Purple Harlequin Toad with Oil Pastels and Ink
- Saiga Antelope with Pencil
- Tarsier with Acrylic



07982246981 | HASOCKS@CYGNETSARTSCHOOL.COM
WWW.CYGNETSARTSCHOOL.COM/HASOCKS

fine art
FOR YOUR KIDS

Cygnets @ St Nicholas
& St Mary Primary

Term Time Classes

AGES 4-11 | (ALL ABILITIES)

Mondays 3.20 - 4.40pm

£16 per class

£192/ Term (12 Classes)

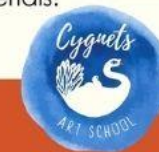
Book Here: <https://cygnets-art-school-hassocks.classforkids.io/info/31>

At Cygnets our focus is on traditional drawing, painting, and sculpture, combined with unique projects, all taught by experienced teachers using professional quality materials.

St Nicholas & St Mary Primary,
Eastern Avenue, Shoreham-by-Sea, West Sussex, BN43 6PE

✉ hassocks@cygnetsartschool.com

🌐 cygnetsartschool.com/hassocks



@CYGNETSARTSCHOOL

Book Now!



Monday 3:20pm - 4:20pm

12 sessions

Mon 15 Sep 25 Mon 22 Sep 25 Mon 29 Sep 25
Mon 06 Oct 25 Mon 13 Oct 25 Mon 20 Oct 25 Mon 03 Nov 25
Mon 10 Nov 25 Mon 17 Nov 25 Mon 24 Nov 25 Mon 01 Dec 25
Mon 08 Dec 25

CALLING ALL PARENTS AND GUARDIANS!

Your child is about to embark on a thrilling new adventure – secondary school! Now is the perfect time to do a practice journey to show off your safer crossing moves and master some of our legendary road safety rules together.

Let's all stay alert, stay safe and conquer the streets.



Discover more at bit.ly/safeadventures

RULE 1



EYES UP

Look out and keep your eyes on the road! Make sure you look all around and listen for traffic. Hey! Don't get distracted by your phone, friends, music, or other people!

RULE 2

SLOW DOWN

Even if you're super-fast, being in a rush can be dangerous! **STOP** before you get to the kerb, so you've got time to make the right call. It's not easy to judge how fast traffic is going, so never run across the road.

Practice following these top tips with your child to help them on their future Safe Adventures!

There's a world of opportunity when you know the rules of the road.

RULE 3

CROSS SAFELY

Cross at designated crossings or choose a spot where you can see clearly in all directions. Don't be a daredevil – avoid crossing between stationary vehicles, on a bend, close to the brow of a hill. When crossing between parked cars, treat the outer edge of the cars as the kerb and make sure there is a gap on the other side, so you can reach the pavement. Look right, left, and right again before crossing.

THINK

SAFE ADVENTURES

ARE YOU READY FOR YOUR SAFE ADVENTURES?

START HERE

It's your first solo journey to secondary school! You've done the practice walk, you've got this!

Explore the scenarios to see if you're ready to take on independent journeys to school and beyond!

If you reach a dead-end, go back and think again!

1

You've waved goodbye and you're on your way. You're a bit late this morning and need to make up time. There are two routes you can take. You....

TRY AGAIN

Take the shortcut and cross in-between parked cars.

Walk down the street to use the crossing.

3

You've reached a pedestrian crossing and pressed the button. You...

TRY AGAIN

Stop and wait for the green man and then check traffic has stopped in both directions.

Run across the road as soon as there's a gap.

4

Before you cross the road, you stop and...

TRY AGAIN

Look one way then start across the road.

Look right, look left, and look right again to double check that it's clear before you cross.

5

You're waiting to cross a road. You stand...

TRY AGAIN

On the edge of the kerb – so it's quicker to get across the road.

On the pavement behind the kerb, avoiding bends or the top of hills where you can't see clearly.

6

You see a car coming towards you, but you think there's enough time to cross. You...

TRY AGAIN

Wait – it's not worth the risk.

Sprint across the road – you're pretty fast.

7

Outside the school, a bus stopped at the bus stop is blocking your view. You...

TRY AGAIN

Cross in front of the bus.

Wait until the bus leaves and you can see the whole road – remember Eyes Up, Slow Down and Cross Safely!

WELL DONE YOU'VE MADE IT!

use these skills on every journey to school and look forward to lots of Safe Adventures...

