



This week, we have been reflecting on how having a hope that has God at its centre can give us the assurance we need to flourish.

Have a wonderful weekend.

Mr Lincoln and the Senior Leadership Team

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** office@stnm.org.uk - please do not email staff directly (unless agreed previously).
- **Calendar:** term dates, events. Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Language of the Month:** French
- **Sign of the Week:** Chinese New Year
- **Facebook page:** facebook.com/stnmschool

2. DATES AND EVENTS: click [here](#) for the dates list.

- **Great British Athlete Visit:** 10th February. We will have a special visit from gymnast Courtney Orange. A sponsorship form has been sent home regarding this.
- **Sports Team Cake Sale:** 10th February There will be a cake sale after school to raise a donation for the athlete visit. If you would like to bring in some bakes, please drop them in to the office. Thank you!
- **Y5 Applesham Farm - Turtles** Wednesday 2nd April / **Terrapins** Thursday 3rd April - PLEASE NOTE: Children will need to be dropped off at the farm at 9.15am, collected and brought back to school at 12pm.

3. REQUESTS, REMINDERS AND GENERAL NOTES

- Parking during drop off and pick up:** Please can parents and carers refrain from parking over driveways during drop off and pick up times.

- Celebration:** We are incredibly thankful to work in a school that is filled with so many wonderful children. We have therefore decided to do a monthly celebration assembly where teachers from each class choose two children who have shown consistently an amazing attitude to their work, friendships and all of school life. We will then invite them to come up to the front of our assembly, to hear why the teacher has chosen them and receive a sticker and a round of applause from the rest of the school. Today was our first time doing this (names below) and we look forward to our next celebration assembly in February.

Class	Child	Child
Blue Whale	Aaron	Sonny
Gray Whale	Chloe	Albus

Dusky Dolphin	Otto	Ayla
Spinner Dolphin	Isla	Jude
Penguin	Edward	Dolly Jo
Puffin	Matilda	Frankie
Seal	Charlie	Isla
Sea Lion	Molly	Olive
Seahorse	Daisy	Farrah
Sea Otter	Caleb	Otto
Terrapin	Harrison	Evie
Turtle	Dilly	Harry
Coral	Phoebe	Oliver
Oyster	Tia	Henry A

5. Inspection success: Please see the following news story from The Herald (due to appear in print next week) about our recent SIAMS and Ofsted inspections: <https://www.sussexworld.co.uk/education/school-celebrating-double-inspection-success-4966950>

Mindfulness Club

*A nurturing, creative, fun
after-school club
for St Nicolas and St Mary's
Primary School*

At mindfulness club we will:

- Explore our emotions using the arts and play
- Learn new ways to manage and explore feelings
- Have space to de-stress and be creative
- Find calm, peace and support
- Have fun and get to know ourselves and each other!

Mindfulness club will be run by the same child therapist every week.

Day and Time: Tuesday's, 3.15-4.15pm

Dates: Spring term 2025, weekly from 7th January – 1st April

Year groups: 1,2,3,4,5 and 6

Cost: £9 per child, per week

Bonus for parents and guardians: *If your child attends Mindfulness club you will be given free access to the Your Space Therapies 'Boost the Bond webinar' so you can learn key strategies to support your child's emotional and mental health.*

To book please scan the QR code:



Home of Junior UK Harmonica Champions since 2011



DEDICATED HARMONICA CLASSES IN YOUR SCHOOL

Try a **FREE TASTER SESSION**
Starter harmonica and music sheet INCLUDED!
Ongoing lessons just £40.00 per half-term



A great way to make music

We recently showed your school how much fun it is to play the harmonica. It sounds great, it's easy to carry and it's cool for boys and girls alike. In fact it's the perfect way to access music for children of any age, from Pre-School to Key Stage 2, and it's much more affordable than other instruments. No tricky keys, frets or finger holes for small hands either. If you can breathe in and out, you can enjoy making music on the harmonica!

Thank you so much for introducing my daughter to this wonderful art form. She absolutely loves harmonica and will keep playing forever!

Woodingdean Primary School

Why learn harmonica?

- ✓ It sounds great
- ✓ It's affordable
- ✓ It's portable
- ✓ It's cool for boys & girls
- ✓ Free taster session
- ✓ Performance opportunities
- ✓ Music aids wider learning

Musical Enrichment with Harp Academy

We provide daytime harmonica classes at your school for groups of up to 8 children. Each session is half an hour and we provide ten sessions per term. We also offer individual tuition on request. Lesson content includes fun warm-up activities, instrument skills, exploring musical elements from the national curriculum and learning songs for enjoyment and performance. Our teachers are professional musicians, with DBS certification, safeguarding and first aid training.



Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.



WWW.HARPACADEMY.CO.UK

Try a **FREE TASTER SESSION**
Starter harmonica and music sheet INCLUDED!
Ongoing lessons just £40.00 per half-term



DEDICATED HARMONICA CLASSES IN YOUR SCHOOL

ACCESS ALL AREAS

Every subscriber receives a backstage pass for our home learning web pages.



Harp Academy online

Children and parents who subscribe to Harp Academy also enjoy a complimentary backstage pass for the protected content on our website. There are carefully prepared support pages for the music we are learning, some helpful key skill advice and exercises to help build musical technique. For weekends and holidays, there is also an exciting Harp QI section to explore, with fun videos, music activity ideas and wider learning topics.



The home of champions

At Harp Academy having fun is top of our wish list, and playing to audiences is a vital part of our Curriculum. We understand how performance builds self confidence and creates happy memories for everyone. When children are ready, their journey starts with playbacks in school assembly. From there we attend local festivals such as Paddle Round The Pier, Harpin' By The Sea and entertain in children's hospitals. There is also an opportunity to compete at the national harmonica festival, where we have been producing junior champions since 2011!



Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.

WWW.HARPACADEMY.CO.UK



Confidence Building Fun

Try a Free Drama Class

— This is a fab class!
It was mentioned at
Katie's parents' evening
that her confidence
in class seems to
have grown so I am
delighted. Jane Spurgeon



Try Perform for free and claim a £40 discount

Today, your child took part in a Perform drama, dance and singing workshop – a unique mix of activities designed to bring out every child's true potential.

Our small classes ensure lots of individual attention by our experienced teachers – hand-picked for their warmth, energy and professionalism. They'll focus on your child's engagement in the activities rather than their precision, and be with them every step of the way to guide, inspire and encourage.

As well as having fun at Perform, your child will enjoy real benefits: greater confidence, improved concentration and an increased awareness of what they can achieve.



perform.org.uk



Your nearest Perform venues

See more at perform.org.uk/venues

Perform Shoreham-By-Sea

Mondays at 4pm
Shoreham Baptist Church, Western Road, Shoreham-By-Sea, West Sussex, BN43 5WD

Perform Hove

Saturdays at 9.30am
Cornerstone Community Centre, Church Road, Hove, East Sussex, BN3 2FL

Perform Hove

Fridays at 4pm
Cornerstone Community Centre, Church Road, Hove, East Sussex, BN3 2FL

Perform Worthing

Tuesdays at 4.15pm
St John The Divine Church Hall, Ripley Road, West Worthing, West Sussex, BN11 5NQ

Perform Rottingdean

Thursdays at 4pm
Rottingdean Public Hall, Park Road, Rottingdean, Brighton, BN2 7HL

Your £40 introductory discount

Your child can enjoy a free trial class at any Perform venue. Sign up on or before the expiry date to claim your special discount. Call **020 7255 9120** or visit perform.org.uk/free

DISCOUNT CODE

WSZX200325

EXPIRY DATE

20-Mar-25

The discount code cannot be applied retrospectively. Visit perform.org.uk for full terms and conditions.

020 7255 9120

Training

Spring 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex.



EMPOWER

INFORM

SUPPORT

Training Workshops

January

Understanding ADHD	Monday 13th	7.30pm
Making Sense of Education Health & Care Needs Assessments & Plans	Thursday 23rd	7.30pm
Making Sense of Behaviours that Challenge in Adolescence	Friday 24th	10.30am
Understanding Autism	Monday 27th	7.30pm
Making Sense of Wellbeing: Self-care and managing stress	Tuesday 28th	7.30pm

February

Making Sense of Disability Living Allowance (DLA)	Wednesday 5th	10.30am
Understanding Demand Avoidance	Friday 7th	10.30am
Making Sense of Masking	Monday 10th	7.30pm
Making Sense of Wellbeing: How to manage your anxiety	Tuesday 11th	10.30am

All training above will be delivered via Zoom

For further information visit our website or email:
outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

Umbrellas

Parent Support Group

Spring Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub (Shoreham)

14th Jan / 4th Feb / 4th Mar / 1st Apr

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

22nd Jan / 12th Feb / 12th Mar / 2nd Apr

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

21st Jan / 11th Feb / 18th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

15th Jan / 26th Feb / 19th Mar

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

30th Jan / 27th Feb / 27th Mar

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

28th Jan / 25th Feb / 25th Mar

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

16th Jan	7.30 pm - 9 pm
6th Feb	7.30 pm - 9 pm
13th Mar	7.30 pm - 9 pm
3rd Apr	7.30 pm - 9 pm

Training

Spring 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex.



New SEND Law training workshops for parent-carers

Training Workshops

January

Understanding ADHD	Monday 13th	7.30pm
Making Sense of Education Health & Care Needs Assessments & Plans	Thursday 23rd	7.30pm
Making Sense of Behaviours that Challenge in Adolescence	Friday 24th	10.30am
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All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

We are delighted to be delivering two brand new workshops in partnership with **IPSEA**, the leading charity in the field of **SEND Law in England**.

Bookings open:
TUESDAY 14TH JAN
at 7PM

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



SCAN ME

▶▶▶ Making Sense of SEND Law and knowing your rights

For parents and carers who would like an understanding of the framework of SEND law, what rights children and young people have to special educational provision that meets their needs, and the duties of nurseries, schools and colleges.

Thursday 13th February, 10.30am - 12.30pm
via Zoom

▶▶▶ Making Sense of SEND Tribunals: hints and tips for parents and carers

For parents and carers who would like to find out about the appeals process, from submission through to the tribunal hearing, and gain invaluable hints and tips.

Tuesday 1st April, 7.30pm - 9.30pm
via Zoom



IPSEA
Independent Provider of Special Education Advice



Reaching Families
www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

February Umbrellas

10.00 am to 11.30 am



Shoreham

Tuesday 4th

Adur East Family
Hub (Shoreham)

with
Southern Water

Worthing

Tuesday 11th

Durrington
Community Centre

with
Learning & Behaviour
Advisory Team (LBAT)

Littlehampton

Wednesday 12th

Creative Heart
Community Hub

with
Early Help

Burgess Hill

Tuesday 25th

The Cherry Tree
Centre

with
Learning & Behaviour
Advisory Team (LBAT)

Horsham

Wednesday 26th

Family Hub

with
West Sussex Fire &
Rescue Service

Chichester

Thursday 27th

Donnington
Parish Hall

with
Portage

Online

Via Zoom

Thursday 6th
7:30 pm

with
Learning & Behaviour
Advisory Team (LBAT)

For more information or
the link to join the online
group, contact:

outreach-training@
reachingfamilies.org.uk

Shoreham Port Drawing Competition

Draw **Port Kitchen** as part of **Railway 200** for a chance to have your drawing displayed at Southwick station!

Use this photo as your inspiration, or why not come and visit us?



We're celebrating 200 years of modern railway!



The drawing competition is open to children in Key Stage 2 and will be judged by award-winning picture book author and illustrator **Sophy Henn**.

The winner will have their drawing displayed at Southwick Station and will receive a bumper pack of prizes including Port Kitchen vouchers, art supplies and Sophy Henn books.

Send a photo or scan of your drawing to community@shoreham-port.co.uk

**Competition closes
14th February**



Did you know...

- Shoreham Port has been operating as a commercial Trust Port since 1760 and is a certified EcoPort.
- Southwick station has been in place since 1840 and at this time there was a branch of the track that went directly into the Port from the Brighton to Shoreham line. This remained for more than a century before it was removed in the 1960s.
- Shoreham Port has been a Community Rail Station Partner at Southwick Train Station since 2012.

We are proud to run Port Kitchen sustainably, and will be handing out stickers to anyone who travels sustainably to Port Kitchen whilst the competition is running.

How to enter

Send a scan or photo of your drawing to us by **14th February 2025**. Please remember to include the name of the child with each submission. The Judging will take place over half term and the winning drawing will be chosen by author and illustrator Sophy Henn. The winner will be announced on **Monday 24th February 2025**.

Learn more about [Railway 200](#). Learn more about [Shoreham Port](#).

Conditions

The competition runs from 13th January - 14th February 2025. The winner will be chosen by Shoreham Port colleagues and Sophy Henn; judges' decision is final. One entry per child from Key Stage 2. Parents/Guardians must give permission for the child to enter the competition. The lucky winner will be contacted on 24th February 2025, via an email to the child's school. The winner will receive £50 of Port Kitchen vouchers, valid for 12 months, along with some art supplies and Sophy Henn books. The prize cannot be exchanged. The school will be contacted via the provided email address to arrange prize delivery. By entering, you agree that Shoreham Port may use any images you supply or we take, on our website and social media channels. Please note that surnames and email addresses will not be included or shared on our website or social media.

CHRIST'S HOSPITAL
**INDEPENDENT SCHOOL
OF THE YEAR**
OPEN MORNING
SATURDAY 8 MARCH 2025

www.christs-hospital.org.uk

We warmly invite the families of your current Year 5 pupils, who are considering secondary education in **September 2026** to our **Open Morning** on **Saturday 8 March 2025**.

Christ's Hospital was established over 470 years ago as a charitable school and is proud to maintain its founding principles and ethos. It offers an independent boarding education of the strongest quality to children with academic potential, from all backgrounds in a caring and supportive environment.

To book now sign up here > [Book an open morning - Christ's Hospital](#)



FEBRUARY HALF TERM CLUBS

ST NICOLAS AND ST MARY CE PRIMARY SCHOOL

MONDAY 17TH FEB

**DINOSAUR DETECTIVE:
TROUBLE ON T-REX ISLAND**

TUESDAY 18TH FEB

**BUSHCRAFT:
LIGHT MY FIRE**

WEDNESDAY 19TH FEB

**WALK LIKE AN EGYPTIAN:
MUMMIES, TREASURES AND PHAROHS**

THURSDAY 20TH FEB

**SPACE MISSION:
EXPLOSIONS, ROCKETS & ALIENS**

FRIDAY 21ST FEB

**NERF:
MEGA GAMES DAY**

**BOOK FOR JUST 1 DAY OR THE WHOLE WEEK
CHILDCARE VOUCHERS ACCEPTED
9AM - 3PM | £39.50/DAY | YEARS 1-6**

**BOOK
NOW**

"BEST HOLIDAY CLUB AROUND" ★★★★★ BOOK NOW

For more info on dates, locations and how the clubs run & to book: WWW.THEOUTDOORSPROJECT.CO.UK

**DINOSAUR
DETECTIVE**

**EGYPTIAN
ADVENTURE**

**SPACE
MISSION**

**NERF
GAMES**

**ROCKETS
& ALIENS**

**BUSHCRAFT
DENS**

ONCE A
WEEK TAKE A
PEEK

LET'S FIGHT HEAD LICE TOGETHER

St Nicolas & St Mary's is promoting the Once a Week Take a Peek campaign, which offers parents and carers guidance on how to check and treat their child's hair for head lice.

We encourage parents and carers to read the easy-to-use guide and to incorporate regular checks for head lice into their routine.

The Once a Week Take a Peek campaign has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.

Visit (<http://www.onceaweektakeapeek.com/>) to access the online guidance.

#Onceaweektakeapeek #Headlice #Backtoschool #Hedrin

And remember...
'Once a Week, Take a Peek!'

<https://www.onceaweektakeapeek.com>



The Once a Week Take a Peek guidance has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.

Hedrin

Medical Entomology Centre

WE SUPPORT THE...

ONCE A
WEEK TAKE A
PEEK
...CAMPAIGN

Let's fight head lice together
with free, expert guidance



west
sussex
music

PLAY IN A BAND



Worthing Contemporary Music Centre

Northbrook College, BN12 6NU

Wednesdays from 4:30pm - 5:30pm

Ages 7 - 16 years

- ✓ Make new friends
- ✓ Develop your skills as a band member
- ✓ Expert tuition on all instruments

Weekly sessions designed for those who sing or play drums, guitar or keyboard



Book online

www.westsussexmusic.co.uk/band

01403 286330

Supported using public funding by



ARTS COUNCIL
ENGLAND



west
sussex
music

Starting JANUARY 2025!

Back for another year the incredible TOMORROW'S ORCHESTRA PROGRAMME

Free group lessons on orchestral instruments for
children aged 7 - 11

✓ Free for term one

✓ Free Instrument hire

✓ Play in an orchestra



BOGNOR REGIS
Thursdays

CHICHESTER
Saturdays

HORSHAM
Saturdays

WORTHING
Saturdays



ONLINE BOOKING ESSENTIAL LIMITED PLACES

www.westsussexmusic.co.uk/top
01403 286330



#GetPlaying
#EveryChildAMusician

Supported using public funding by



ARTS COUNCIL
ENGLAND

THE HOLIDAY SKATE CLUB



CHILDREN AGED 6-12
ALL ABILITIES WELCOME
GAMES AND ACTIVITIES
EQUIPMENT PROVIDED
MOBILE SKATEPARK
ARTS AND CRAFTS

EASTBROOK PRIMARY ACADEMY
SOUTHWICK

PATCHAM HIGH SCHOOL
BRIGHTON

£45 PER DAY | FULL-WEEK DISCOUNT
LATE PICK AVAILABLE

MONDAY 17TH - FRIDAY 21ST FEB | 9AM - 3PM

FOR MORE INFORMATION GO TO:
[THESKATECLUB.COM/HOLIDAYSKATECLUB](https://theskateclub.com/holidayskateclub)



Help us to clean Shoreham's War Memorial



Our war memorial is badly in need of a clean. In March 2025, cadets from the Shoreham Air Cadets and Army Cadets will undertake the work with the help of an expert.

We need to raise **£1,300** to purchase specialist tools and materials.

If you would like to donate, please use the QR code below.



SAMA

KIDS KARATE

St Nicolas & St Marys C.E. Primary

Thursdays 3.40pm



register your
child here

CLASSES £6.00 PAY AS YOU GO

GREAT FOR KIDS • DISCIPLINE • FITNESS • RESPECT
CONFIDENCE • SELF- DEFENCE • GREAT FUN

SamaKarateandKickboxing.co.uk
01903 767616

BOOK YOUR
FREE
Taster!

Sussex Youth Theatre
TRAINING IN THE ARTS

DRAMA CLASSES

The Shoreham Centre

Mondays 5.30 - 7.30pm
Ages 6 - 18

Contact Mitch Now on 07788 497 779

www.SussexYouthTheatre.co.uk

"Isobel became more confident and made some great friends with SYT.
I can't put into words how much she benefitted from all that was on offer."



Screenshot and
WHATSAPP to Friends



4 CFC - Girls Elite Academy Horsham
Physical, Technical, Psychological &
Social development in Football

4 CORNER FOOTBALL COACHING





4 CFC - Girls Elite Academy Training
5-14 years old welcome
Trail Date - Wednesday 19th February
Venue - Horsham Rugby Club 4G Pitch - RH13 6PJ
5.00-6.00pm
BOOK NOW - www.4cfc.co.uk
Email - info@4cfc.co.uk

CHILDCARE VOUCHERS ACCEPTED

Ofsted
Registered

4 CORNER FOOTBALL COACHING

JUNIOR ALLPAWS

PAWS

FREE EVENT



HAVE A GO AT DOG AGILITY EVENING FOR JUNIORS
(Limited Spaces)
Thursday 6th February - 7:15pm
Indoor Venue - Hunters Lodge Riding Centre Nr Chichester
To book a space or for further details call/email or scan

 **07519 792914**
 **allpawsdogagility@gmail.com**





The Childcare Club

COME AND JOIN THE FUN!

FEBRUARY HALF TERM
HOLIDAY CLUB AT
BUCKINGHAM
PARK PRIMARY SCHOOL!



**OPEN MONDAY-
THURSDAY
8:30AM-3:30PM**

8.30AM-9AM: £3

9AM-1PM: £18

9AM-3PM: £27

**WITH ACTIVITIES
SUCH AS:
BAKING
ARTS AND CRAFTS
OUTDOOR PLAY
SENSORY PLAY
AND SO MUCH MORE!**



CALL 07818517618 FOR MORE INFORMATION OR BOOK
ONLINE AT WWW.THECHILDCARECLUBWORTHING.CO.UK

Em: office@wannadostreetdance.com

FEBRUARY 1/2 TERM DANCE DAY

WORTHING

WANNADO
STREETDANCE

**AGES
4-11!**

- LEARN STREET DANCE FOUNDATIONS
- HAVE FUN AND PLAY GAMES
- MAKE NEW FRIENDS
- COMPLETE FUN CHALLENGES
- RECEIVE A BALLOON AND CERTIFICATE!



COME AND DANCE WITH US THIS 1/2 TERM!



**TAB INFANT SCHOOL
WORTHING**

**WEDNESDAY
19TH FEBRUARY**

9AM-4PM

**£30 PER
CHILD**

**Email to book: LIMITED SPACES!
kerry@wannadostreetdance.com**

THERE'S NO PLACE LIKE *home!* 15 – 23 FEBRUARY



Join us this February half term to
celebrate houses and homes

Have a go at hands on activities and follow the
house hunting trail around our 40 acres site.



Weald & Downland Living Museum
Singleton | Chichester | PO18 0EU



Find out more at wealddown.co.uk
01243 811363



SewCrafty

February Half Term Holiday Club 2025
For children in Y3-Y8



When: Monday 17, Wednesday 19, Thursday 20 February
(classes will run providing minimum 4 children book on each date)

9am - 4pm (whole day: £60, or half day AM or PM sessions may be available: £35)

Complete this Google form to request to book: <https://forms.gle/FwmpiuZL2cszvD4q9>

Contact: Yo at yosewcrafty@gmail.com m. 07825 381160



Small friendly classes in Shoreham-By-Sea (places limited to max 6 children)

Learn how to use a sewing machine, create unique projects & have lots of fun!
No prior experience required.

Run by Yo Clay (Mum of 3, experienced qualified teacher, fully insured & DBS clearance)



After school club, holiday workshops, parties, 1:1 lessons
Check out @yosewcrafty



FEB 17TH - 21ST NEXT THING EDUCATION PRESENTS **9am-4pm**

FEBRUARY HALF TERM



TECH CAMP

Ofsted Registered



FEBRUARY CAMPS 2025

£39.99 PER DAY OR £175 FOR 5 DAYS FOR BOYS AND GIRLS AGED 5-11

FIND YOUR NEAREST CAMP ON OUR WEBSITE
www.nextthing.education

SCAN FOR LOCATIONS MAP



NEXT THING EDUCATION CAMPS PRESENTS

FEB HALF TERM 2025

17TH - 21ST FEBRUARY 2025







Coding & Robots | Circuitry & Inventions | Creative Technology | Expert Engineers | Media Madness

Movie Making | Video Game Design | Robot Coding | STEM Experiments | Engineering

17TH - 21ST FEBRUARY - LIMITED SPACES
AGES 5 - 11 MULTI DAY BOOKING DISCOUNTS!

What Parents Say

"Absolutely Fantastic!
First time attending &
my son loved it!"

★★★★★



HOW TO BOOK

STEP 1
SCAN THE QR CODE



STEP 2
FIND YOUR NEAREST CAMP



STEP 3
BOOK ONLINE SPACES LIMITED

BOOK

W: WWW.NEXTTHING.EDUCATION
E: INFO@NEXTTHING.EDUCATION T: 01442 873150



West Sussex Young People's Service



February Half Term Activities 2025: Families and Young People

Monday 17th February	Worthing Holiday Camp For Young People Age 8+ 10:00-15:00	Worthing, West Sussex	Friday 21st February	Woodland Activity Day For Young People Age 8+ Session 1 is 10:00-12:30 Session 2 is 13:00-15:30 In Collaboration with Sussex Forest Activities. Both sessions can be booked.	Arun, West Sussex
Tuesday 18th February	Worthing Holiday Camp For Young People Age 8+ 10:00-15:00	Worthing, West Sussex			
Wednesday 19th February	Aspens Fun Day For Families of All Ages 10:00-14:00 In Collaboration with Sussex Cricket. More information to be released, keep an eye out!	Arun, West Sussex	Friday 21st February	Girls Group Social Evening For Girls Age 12-18 17:00-20:00 Girls Group is a safe place find friendships, have fun and enjoy activities with the opportunity to ask questions that others may not understand	Worthing, West Sussex
Thursday 20th February	Sword Master Workshop For Families of All Ages 10:00-12:00 In Collaboration with Mark Gilbert. Learn basic training and exciting team games using realistic looking high density foam weapons.	Chichester, West Sussex	Saturday 22nd February	Youth Club Worthing For Young People Age 14-18 10:00-12:00 With a range of fun activities	Worthing, West Sussex

To find out more or book a place please go to <http://wsxshortbreaks.aspens.org.uk/bookings>

These sessions have been designed specifically for families and young people on the neurodevelopmental pathway (including but not exclusive to SEMH, ASC, ADHD).

Website: aspens.org.uk

Charity no: 1171446



February 2025 Newsletter

Thursday
20th Feb
19:00 - 20:00
FREE



FREE SESSION
Supporting Healthy Screen Use
A range of steps that can help minimise the harms from screens

Monday
3rd Feb
10:00 - 11:30
£24



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
11th Feb
19:00 - 20:30
£24



Facing Defiance
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday
18th Feb
19:00 - 20:30
£24



Cannabis & Ketamine Awareness
Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday
25th Feb
19:00 - 20:30
£24



Understanding the Teenage Brain
A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

Understanding Anger	10 FEB 7pm
Supporting Healthy Screen Use	11 FEB 10am
Facing Defiance	14 FEB 7pm
Raising Self-Esteem	27 JAN 7pm 25 FEB 10am
Supporting Healthy Sleep	28 JAN 7pm 24 FEB 10am
Supporting a Child with ADHD	3 FEB 10am 3 MAR 7pm
Improving Family Communication	3 FEB 7pm 4 MAR 10am
AUTISM: Improving Communication	4 FEB 10am 4 MAR 7pm
Understanding Addictive Behaviour	4 FEB 7pm 3 MAR 10am
Anxiety-Based School Avoidance	10 FEB 10am 10 MAR 7pm
What is ACT?	17 FEB 10am 17 MAR 7pm
Introduction to OCD	17 FEB 7pm 18 MAR 10am
Anxiety Explained	18 FEB 10am 18 MAR 7pm
Cannabis & Ketamine Awareness	18 FEB 7pm 17 MAR 10am
Decreasing Depression	24 FEB 7pm 25 MAR 10am
Understanding the Teenage Brain	25 FEB 7pm 24 MAR 10am



St Mary de Haura 

Mary's Music

Songs, toys,
bubbles and
fun!

A fun morning
for children
0-4 and their
grown-up.

 Monday's
10 - 1130 am
Term Time
£2

St Mary's Hall
25 East St
S'ham
BN43 5ZQ
(Opp the
Church)



St Mary
de Haura



Toddler Time

Baby and Toddler Group

St Mary de Haura
Church

 Join us for songs
Stories and craft activities
in the church
Every Wednesday
(term time)
10-11am
Suggested donation £2 



St Mary
de Haura

