



A massive well done and thank you to our staff, parents, governors, community any children for an amazing school year.

Good luck and farewell to our Year 6 families- if this is your last day with us, thank you for supporting us and the children.

For our other families, have a brilliant summer and we look forward to coming back together again on Thursday 4 September.

Mr Lincoln and the Senior Leadership Team

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** office@stnm.org.uk - please do not email staff directly (unless agreed previously).
- **Calendar:** Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Language of the Month:** Mandarin
- **Sign of the Week:** Holiday (nearly there!)
- **Facebook page:** facebook.com/stnmschool

2. DATES AND EVENTS: click [here](#) for the dates list.

3. REQUESTS, REMINDERS AND GENERAL NOTES

- **Books:** As in previous years, we will continue to use any pupil exercise books in their new classes if they are not full at the end of the summer term. This allows us to save much needed funds as well as being much more eco with our use of paper and resources. Therefore, only exercise books that are full/nearly full will come home at the end of term.
- **End of year rewards:** We were very excited this week to celebrate the successes of our children across the school at our end of year celebration assemblies- well done to our amazing children. I would like to address an issue that has arisen regarding a reward for KS1 children yesterday. As part of our behaviour policy, some KS1 children receive recognition through gaining a leaf on our tree of success. This year, at a very late stage, Year 6 very kindly offered us a short session on their bouncy castle reward day. Rather than it being left unused, we took the decision to give the children who had gained a leaf this year a very short play session on the castle. Whilst we felt this was well received by the children who had gained a leaf, on reflection we acknowledge that this was a difficult experience for the children who were still in the classrooms. We unreservedly apologise to any of our wonderful children who were upset by this. This was never our intention, however we will think carefully for next year what we can do to reward our children but also does not make other children feel excluded. Thank you for your feedback on this. *Mr Lincoln*

4. JOB OPPORTUNITIES: we are currently advertising for:

- Administration Assistant – closing date Monday 8 September (interviews on Wednesday 10 September)
Full details are available on our website [Job Opportunities](#), the WSCC website [WSCC job search](#) or please speak to a member of SLT for further information.

5. Regular Travel Home Permission Arrangements: Please email the school office at office@stnm.org.uk with any updates to your child's going home arrangements.

- **Ad-hoc Pickups:** If someone other than yourself is collecting your child on a one-off basis, please provide their full name, their relationship to your child and the date they have permission to collect.
- **Regular Pickups:** If someone else will be regularly collecting your child, please let us know their full name, relationship to your child, and the specific day(s) they are authorised to collect.
- **Year 5 & Year 6 – Walking Home:** If your child has permission to walk home alone, please confirm the days they are allowed to do so.
- **Year 5 & Year 6 – Walking Home After Clubs:** If your child has permission to walk home alone after attending a club, please include the club name and the day(s) they are allowed to walk home.
- **Please note:** Any arrangements from the previous academic year will remain in place unless you inform us of changes.

6. 🏆 SPORTS REPORT – A YEAR OF TEAM SPIRIT AND TRIUMPH 🏆

Autumn Term Action: As the leaves turned and the school year got underway, our students jumped straight into a packed and energetic sports season.

- 🏉 **Rugby:** Our rugby team tackled the autumn term with strength and determination, securing a gold medal at our locality tournament. A big thank you to Shoreham Rugby club for also hosting a fabulous Year 5 and Year 2 workshop the children absolutely loved it.
- 🤸 **Gymnastics:** Precision and poise were on full display as our gymnasts dazzled at the locality competitions. Well done to all teams, who impressed the judges with their fantastic floor and vault routines! A big shout out also to my wonderful gym club members who have shown amazing dedication and put on numerous extra performances for assemblies, you are all amazing!
- 🏀 **Basketball:** Our basketball teams showed true grit and teamwork. Both squads came away victorious, qualifying for the next stage.
- ⚽ **Football:** The football squads have been unstoppable! Winning the locality tournaments, well done to all the girls and boys who have played competitively and in friendly games.
- 🏃 **Cross Country:** Cold winds couldn't slow our runners! In a tough, muddy meet, our cross-country squad brought home a collection of individual medals, and a majority qualified for the area and then county championships. Special mention to Amelie T and Theo for achieving county medals.

Spring Term Highlights: Spring brought more thrilling moments and joyful participation across all levels of sport.

- 🏠 **Indoor Athletics:** Our largest event of the term delivered incredible performances across all year groups. Highlights included standout sprints, relay victories, and strong field events. Our school finished near the top of the leader board in both tournaments, a very competitive meet – an amazing achievement!
- 🌈 **Inclusive Sports Festival:** One of the most uplifting events of the year was our All-Inclusive Sports Festival, where students of all abilities came together in the spirit of fun, teamwork, and inclusivity. From adapted games to team challenges, it was a brilliant day of smiles, medals, and shared celebration.
- 🏊 **Swimming Gala: St. Nic's Steals the Show!** The annual Swimming Gala made waves! St. Nics emerged as overall winners, with strong performances in both individual and team races. The swimmers' determination and sportsmanship were a credit to the school.
- 🏐 **Netball:** Netball was a true highlight in the Spring term, with the Year 5 and 6 team displaying incredible skill and cohesion. The team came 2nd and the locality tournament and went on to the area finals. Other members of netball club enjoyed friendlies against Swiss, Shoreham Beach and Glebe Primary school. Well done for some fantastic shooting, and defenders for their consistent play!

Summer Term Success: The sunshine only made our sporting spirit stronger! Summer was packed with fun, fierce competition, and community celebration

- 🏏 **Cricket Champions:** Our cricket teams bowled over the competition this term, winning a hotly contested tournament with great accuracy and communication on the field.
- ⚾ **Rounders – Undefeated Champions!** An incredible achievement this term: our rounders teams went undefeated, showing brilliant batting, lightning-fast fielding, and excellent team coordination throughout the season.
- 🎖 **Community Games Days:** Thank you to Shoreham Academy. Years 3, 4 and 5 had an amazing day trying out new sports run by leaders. This is a great opportunity for our children and a thoroughly enjoyable day.
- 🏃 **Sports Days: A Huge Thank You!** Our KS1 and KS2 Sports Days were a summer highlight – full of cheering, sunshine, and fantastic individual and team efforts.

A huge thank you to everyone who attended, cheered, and supported – your presence made these days even more special. Miss Baggs and I were incredibly proud of all the children – not just for their performances, but for their teamwork, resilience, and sportsmanship throughout.

A final thank you: With almost 50 events, it's hard to mention them all, but none of this year's success would have been possible without our incredible coaching team. A heartfelt thank you to our dedicated coaches – your energy, guidance, and enthusiasm have made all the difference.

Without your support, we would not be the strong, successful sporting community we are today. Here's to another phenomenal year of sport at our school – and even more to come! 🏆 🎉

6. Smartphone Free: Following on from our letter regarding the ban on pupils bringing smartphones to school from September 2025, we have been in discussions with St Peter's Catholic Primary School; they are also banning smartphones from September. St Peter's are holding a parent meeting on Tuesday 16 September at 7.30pm at their

school and have extended the invitation to all parents from our school as well. The workshop will be run by the group Papaya and aims to support parents with the challenges of technology. For more information about Papaya and what they do please use the link. <https://www.papayaparents.com/workshops>

7. Little Fishes Nursery - 30 Hour Free Childcare Code Reminder – Just a reminder to apply now to ensure you have renewed your 30 hours free childcare code by **31 August 2025**. Log in to your childcare account to check your details are up to date and reconfirm your eligibility by **the autumn term** to ensure you continue to be eligible for 30 hours free childcare in the Autumn Term - <https://www.gov.uk/sign-in-childcare-account>. Contact the HMRC helpline if you are experiencing issues applying or reconfirming on 0300 1234 097.

8. Special Discounts for St Nic's School Uniform: Felix School wear has special discounts available on all St Nic's uniform. Complete the online form below (link also available on school website).

- 10% off all school uniform (code: 10SUMMER). Excluding polo shirts – see separate discount below.
- 15% off all orders of school uniform over £80 (code: 15SUMMER). Excluding polo shirts – see separate discount below)
- 20% off all orders of school uniform over £120 (code: 20SUMMER). Excluding polo shirts – see separate discount below)
- 30% off all polo shirts – discount already applied on the order form.

Please use this order form: <https://form.jotform.com/201631732045344>

9. Junior Adventures Group – Please find information on free funded summer holiday clubs for FSM children through this [link](#).

10. Samba Band: We are delighted to share that St Nics' **Samba Band** will be relaunching in September under the leadership of its co-founder, primary school music teacher Sam Harris.

New time; Wednesdays 3.25pm - 4.25pm.

We look forward to welcoming both existing and new young musicians.

Please email Sam at hello@happytunesmusic.co.uk to register your interest and secure your space today.

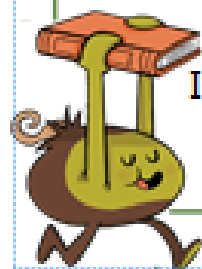
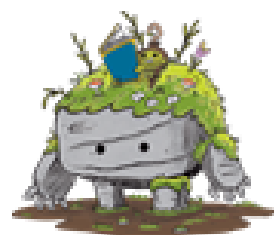
11. WSCC Summer Activities and Summer Reading Challenge:

- If you are looking for things to do and places to go with your children or grandchildren, then take a look at [Experience Sussex](#) where you'll find inspiration and ideas to make the most of the warm summer days and nights. Information on keeping safe during summer can be found [here](#).
- Children of all ages can combine reading with nature and the great outdoors at West Sussex libraries when taking part in Story Garden, the 2025 Summer Reading Challenge. Sign up [here!](#)

Story Garden

Join thousands of children taking part in the
Summer Reading Challenge
in all West Sussex Libraries from Saturday 12 July

- Fill in the **online registration form** at arena.westsussex.gov.uk/src
- Tell library staff the **secret code word**
- Pick up a book and start **reading!**
- **Collect rewards** for reading library books and completing special 'Extra Mile' Book Quests
- Read **any library books** you like—it's just for **FUN!**
- Look out for fun events and activities at your local library!



It's **FREE** to join the library and **FREE** to take part
Let's get GROWING!



At Mindfulness Club we will:

- Explore our emotions using the arts and play
- Learn new ways to manage and explore feelings
- Have space to de-stress and be creative
- Find calm, peace and support
- Have fun and get to know ourselves and each other!

Mindfulness club will be run by the same child therapist every week.

Day and Time: Thursday's, 3.15-4.15pm

Dates: Autumn term, 12 weeks, from 11th September- 4th December 2025

Cost: £9 per child, per week

Bonus for parents and guardians: If your child attends Creative Emotions club you will be given free access to the Your Space Therapies 'Boost the Bond webinar' so you can learn key strategies to support your child's emotional and mental health.

To book please click this Eventbrite link:

[St. Nicolas and St. Mary's Mindfulness Club- Book Now!](#)



www.yourspacetherapies.org

Summer Holiday Mindfulness Pony Day's for Kids!

Explore Calm, Connection, and Confidence with Our Gentle Ponies!

Dates: Friday 8th August, Monday 11th August, Monday 18th August, Monday 1st September.

Time: 9am- 2pm

Location: Ponies 'n' Kids, Eaton Thorne Stables, Woodmancote, Nr Henfield, W.Sussex, BN5 9BH

Join us for a magical day designed especially for children ages 5-11! Dive into a world of peace, friendship, and mindfulness, all while experiencing the calming presence of our adorable ponies.

Your Child's Special Day with the Ponies will include:

♥ Mindfulness Time with Ponies, Pony Care, Riding and Mounted Games and Mindful Nature Art.

Spaces are limited to 15 children per session! Please visit the Eventbrite links below now to ensure your spot. Once your booking is confirmed we will contact you to gather further information.

Friday 8th August Mindfulness Pony Day. Book now!

Monday 11th August Mindfulness Pony Day. Book now!

Monday 18th August Mindfulness pony Day. Book now!

Monday 1st September Mindfulness Pony Day. Book now!

Contact: bookings@yourspacetherapies.org

Cost: £140

Join us for an unforgettable experience that combines mindfulness and pony magic!



The links to book these events are:

[Friday 8th August Mindfulness Pony Day. Book now!](#)

[Monday 11th August Mindfulness Pony Day. Book now!](#)

[Monday 18th August Mindfulness pony Day. Book now!](#)

[Monday 1st September Mindfulness Pony Day. Book now!](#)

N.B We are unable to provide refunds for this club once spaces are booked. After we have received your booking, we will email you from bookings@yourspace therapies.org with an essential registration form to complete. Thank you.



WE'RE SUPERSIZING SCHOOL HOLIDAY FUN

**Free Funded Spaces
available at
your local venue
through the HAF
scheme!**



**Scan to book your
free funded space.**



Introducing the Holiday HQ!

Holiday HQ is the ultimate destination for kids looking for an unforgettable break during school closures!

From thrilling outdoor adventures to creative workshops, cooking classes, and interactive learning sessions, our expert team offers a dynamic mix of engaging activities and enriching experiences. We also ensure that every child's holiday is not just entertaining but an opportunity for growth. Helping them to build new friendships, explore their interests, and return to school with unforgettable memories.

Experience Types

At Holiday HQ, every programme is packed with exciting activities to keep children entertained and engaged. From take-home creations to exciting special events, we offer a range of fun experiences tailored to spark imagination and creativity.



Dive into a new adventure every day with our exciting daily-themed activities! Each school holiday features a special overarching theme, introducing something new daily, with a hero activity that children will love.



Skill Zone is a daily session designed to build confidence, curiosity, and teamwork through themed challenges and purposeful play. Aligned with each day's theme, children explore new ways to think, move, and create—developing life skills in a fun, inclusive environment.



Craft your own unique creation and take it home as a Holiday HQ souvenir! Whether it's arts and crafts, DIY science experiments, or even designing your own t-shirt, every creation is a special Holiday HQ keepsake.



Experience exciting performances, games, and activities brought to your club by expert facilitators—from epic animal encounters and Nerf battles to silent discos, every week features a special event extravaganza!



Everyday our on-site teams will also deliver Team Challenges, Super Sports and Arts and Crafts activities, which are all picked by and led by the children.



**Proud to offer HAF spaces
during the Easter, Summer
& Winter holidays!**






HOLIDAY HQ

SUMMER CAMP

WATER WEEK

SPORTS WEEK

SCIENCE INNOVATION

OUTDOOR ADVENTURE

FUN OF THE FAIR

PLUS LOTS MORE!

Swing into the school holidays.
Scan or click here to book your child's free funded space

Free Funded Spaces available at your local venue through the HAF scheme!

Looking for an unforgettable break from the school routine? Holiday HQ is the place to be!

WEEKLY THEMES | SPORTS | TEAM GAMES | STEM | ARTS & CRAFTS | SPECIAL EVENTS | MAKE AND TAKES | AND MUCH MORE!

SUMMER CAMP

Check out what's on offer:

- Themed Hero Activities:** Embark on a new adventure each day with exciting themed activities—like Outdoor Explorers, Sports Week, Crazy Science & Inventions, Fun of the Fair, and more—for unforgettable holiday fun!
- Make and Take:** Craft your own unique creation and take it home as a Holiday HQ souvenir! Whether it's arts and crafts, DIY science experiments, or even designing your own t-shirt, every creation is a special Holiday HQ keepsake.
- Special Events:** Experience exciting performances, games, and activities brought to your club by expert facilitators—from epic animal encounters and Nerf battles to silent discos, every week features a special event extravaganza!
- Skill Zone (Daily):** Skill Zone is a daily session designed to build confidence, curiosity, and teamwork through themed challenges and purposeful play. Aligned with each day's theme, kids explore new ways to think, move, and create—developing life skills in a fun, inclusive environment.
- Team Challenges (Daily):** Join forces and take on exciting team-based games and challenges that build teamwork, creativity, and confidence. Every day is a new mission to accomplish together!
- Super Sports (Daily):** Get active and unleash your energy with a variety of dynamic sports and physical games. From classic favourites to new twists, it's all about movement, fun, and friendly competition!
- Arts & Crafts (Daily):** Let your imagination shine through daily arts and crafts activities! From painting and sculpting to creating themed masterpieces, every day is a chance to express your inner artist.

FOLLOW US ONLINE @JUNIORADVENTURESGROUPUK
junioradventuresgroup.co.uk
hello@junioradventuresgroup.co.uk
0333 577 1533

Secure your free funded space today!

*Please note that activities may vary by service. Contact your local service directly for full details.

THE TEAM THAT BROUGHT YOU
THE EXCELLENT PRESENTS
EASTER EVENT!







SUMMER MEGAFEST! 2025

THERE WILL BE GAMES! COMPETITIONS! TEAM CHALLENGES! PRIZES! SONGS! INFLATABLES...

...ICE CREAM! SWEETS! ART AND CRAFT! EXPLORING THE CHRISTIAN FAITH! AND MORE!!!

COME AND ENJOY A DAY OF AWESOME SUMMER FUN...AGAIN!!!

FOR KIDS AGED 5-11
COST: £5 (£2.50 FOR ADDITIONAL SIBLINGS)
DATE: SATURDAY 2ND AUGUST 2025
TIME: 10:00-15:00 (9:40 REGISTRATION)
WHERE: CITYCOAST CHURCH, NORTH STREET, PORTSLADE, BN41 1DG

FOR MORE INFO CONTACT US AT
e: citykids@citycoast.church
www.facebook.com/nextgencitykids

CityCoast CHURCH

MESSY CHURCH

SUMMER CELEBRATION

JULY 26TH 3PM

St Giles Church,
Upper Shoreham Rd,
BN43 6BT

RSVP: 07989 250 314





DAVISON

C.E. High School for Girls

Come and have a look at our school

OPEN MORNINGS 30th Sept, 1st, 2nd, 3rd Oct 9.00am - 11.00am

OPEN EVENING 7th October 5.00pm - 7.30pm

Presentation and Headteacher talks 5.30pm and 6.30pm

For further details: www.davison.w-sussex.sch.uk

**We are delighted to be able to invite you to our forthcoming open events
for admissions in September 2026**

Please come along and have a look at our school, the preferred date for families of your primary school to attend the Open Morning is **Thursday 2nd October** and there is no need to book.

Please see the link below to our e-prospectus for more information:

<https://www.davison.w-sussex.sch.uk/admissions/prospectus/>

We are very much looking forward to meeting you.

Davison CE High School for Girls

<https://www.davison.w-sussex.sch.uk/admissions/prospectus/>



Shoreham Academy
The best in everyone™
Part of United Learning



To all Parents/Carers of pupils in **Years 5 and 6 (2025/26)**
living within the local area

Shoreham Academy Open Evening Thursday 25th September 2025 from 5.30pm until 8pm

Presentations in the Main Hall at 6pm and repeated at 7pm
by Mr Jim Coupe, Shoreham Academy Principal

Presentations will last approximately 30 minutes
We estimate that you will need about 1 hour to tour the Academy
Refreshments will be available for the evening
Please plan your tour to fit around the presentations

- ALSO -

Shoreham Academy Open Mornings at 9.00 am on:

Tuesday 30th September 2025
Wednesday 8th October 2025
Thursday 16th October 2025
Friday 24th October 2025

Attend with your children if possible

To secure your place for an open morning,
please book [HERE](#)
(NO BOOKING REQUIRED FOR THE OPEN EVENING)

Any questions, please email: vicki.pearson@shoreham-academy.org

We look forward to meeting you all!

Kingston Lane, Shoreham-by-Sea, West Sussex, BN43 6YT 01273 274100
enquiries@shoreham-academy.org www.shoreham-academy.org

AFTER SCHOOL CLUB **2025 AUTUMN TERM**



FUN, EXERCISE, FRESH AIR & DIFFERENT ACTIVITIES EVERY WEEK

NEW ACTIVITIES FOR THIS TERM INCLUDE:

HARRY POTTER QUIDDITCH
BONFIRE NIGHT FIREWORKS PAINT MURAL
SCAVENGER HUNT: SPOOKY TRAIL
CAMPFIRE COOKOUT: AUTUMN EDITION
NERF GAMES: ZOMBIE APOCALYPSE
BONKERS CONKERS & LEAF MONSTERS
BUSHCRAFT SHELTER & DEN MAKING
AMONG US & VIKING KUBB
& AS USUAL: FUN VIBES & ADVENTURE!

WATCHING CHILDREN'S
CONFIDENCE GROW &
NEW FRIENDSHIPS FORM
AT OUR CLUBS IS ONE OF
THE MOST REWARDING
THINGS WE DO.

**ST NICOLAS AND ST MARY
CE PRIMARY SCHOOL**

**WEDNESDAYS 3:30 - 4:30PM
YEARS 1 - 6**

**10TH SEPTEMBER - 17TH DECEMBER 2025
TOTAL COST: £112 / 14-WEEK TERM**

**The
Outdoors
Project**

MORE INFO & BOOK: WWW.THEOUTDOORSPROJECT.CO.UK

HOLIDAY CLUBS - BIRTHDAY PARTIES - SCHOOL WORKSHOPS - AFTER SCHOOL CLUBS - SAILINGS PARENT & TODDLER GROUP
OFSTED REGISTERED & CHILDCARE VOUCHERS ACCEPTED

Exciting News - SAM's Back!

In-Person Music Lessons Available. Guitar + Singing lessons at the school! - £9.90!

+ *Drums, Guitar, Piano/Keyboard + Vocals Online*

SAM Music Service is a music service that offers weekly instrumental lessons. Established in 2008, SAM has delivered tens of thousands of lessons and are currently working with our school to give these opportunities to our pupils.

In-Person school lessons (Guitar + Singing)

- Enquire now for in-person lessons www.sammusicservice.com/stnics
- Small group lessons £9.90 per lesson
- Guitar + Vocal lessons during the school day
- Weekly progress and termly summary reports via SAM's easy to use online platform, 'mySAM'
- Encouraged to progress through **Grade exams**
- Performance opportunities
- Paid for **half-termly**, Childcare vouchers accepted

Online lessons (Drums, Guitar, Piano/Keyboard + Singing)

- Free no-commitment online **taster lesson**
- Complimentary set-up call, quick and **easy to connect**
- Watch videos of each **recorded lesson**, beneficial for practice
- Lessons take place from home outside of school hours, **no missing curriculum time**
- Mon-Fri up to 830pm, and **Sats** 9am-3pm
- Individual online 30-min lessons £18.50. Paid for **half-termly**, Childcare vouchers accepted
- Check out their reviews on Google with an average **5 star** ★ ★ ★ ★ ★ **rating!**

To enquire, visit www.sammusicservice.com/stnics, complete the short enquiry form, and one of their friendly team will be in touch to organise your taster lesson. Alternatively, you can email them on lessons@sammusicservice.com or call them on 0800 756 9411. Find them on all socials @sammusicservice.





STEM INNOVATION Ltd
Inspiring the future!

S.T.E.M



CLUB



St Nicolas & St Mary's CE
Every Friday 12th of Sep
To 19th of Dec
£110 (13weeks)
3:30 to 4:30




For Booking Details Contact: – Ali Khan
Email : STEMInnovation@outlook.com
Tel : 07951287236

Payment to :
STEM INNOVATION Education
ACCOUNT NO : 17721733
SORT CODE : 01-00-04

www.steminnovation.co.uk





STEM INNOVATION Ltd
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Every Tuesday 9th of Sep
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SORT CODE : 01-00-04

www.steminnovation.co.uk

TERM TIME CLASSES

HOLIDAY WORKSHOPS



Art Classes

FOR AGES 4+

Now Booking for
Autumn Term 2025

Wacky Wildlife

- Armadillo with Clay
- Axolotl with Masking Fluid and Ink
- Draco Lizard with Gouache
- Immortal Jellyfish with Printing
- Duck Billed Platypus with Watercolour
- Leafy Sea Dragon with Soft Pastels
- Purple Harlequin Toad with Oil Pastels and Ink
- Saiga Antelope with Pencil
- Tarsier with Acrylic



07982246981 | HASOCKS@CYGNETSARTSCHOOL.COM

WWW.CYGNETSARTSCHOOL.COM/HASOCKS

fine art
FOR YOUR KIDS

Cygnets @ St Nicholas
& St Mary Primary

Term Time Classes

AGES 4-11 | (ALL ABILITIES)

Mondays 3.20 - 4.40pm

£16 per class

£192/ Term (12 Classes)

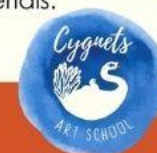
Book Here: <https://cygnets-art-school-hassocks.classforkids.io/info/31>

At Cygnets our focus is on traditional drawing, painting, and sculpture, combined with unique projects, all taught by experienced teachers using professional quality materials.

St Nicholas & St Mary Primary,
Eastern Avenue, Shoreham-by-Sea, West Sussex, BN43 6PE

✉ hassocks@cygnetsartschool.com

🌐 cygnetsartschool.com/hassocks



@CYGNETSARTSCHOOL

Book Now!



Monday 3:20pm - 4:20pm

12 sessions

Mon 15 Sep 25

Mon 22 Sep 25

Mon 29 Sep 25

Mon 06 Oct 25

Mon 13 Oct 25

Mon 20 Oct 25

Mon 03 Nov 25

Mon 10 Nov 25

Mon 17 Nov 25

Mon 24 Nov 25

Mon 01 Dec 25

Mon 08 Dec 25

CALLING ALL PARENTS AND GUARDIANS!

Your child is about to embark on a thrilling new adventure - secondary school! Now is the perfect time to do a practice journey to show off your safer crossing moves and master some of our legendary road safety rules together.

Let's all stay alert, stay safe and conquer the streets.



Discover more at bit.ly/safeadventures

RULE 1



EYES UP

Look out and keep your eyes on the road! Make sure you look all around and listen for traffic. Hey! Don't get distracted by your phone, friends, music, or other people!

RULE 2



SLOW DOWN
Even if you're super-fast, being in a rush can be dangerous! **STOP** before you get to the kerb, so you've got time to make the right call. It's not easy to judge how fast traffic is going, so never run across the road.

Practice following these top tips with your child to help them on their future Safe Adventures!

There's a world of opportunity when you know the rules of the road.

RULE 3



CROSS SAFELY

Cross at designated crossings or choose a spot where you can see clearly in all directions. Don't be a daredevil - avoid crossing between stationary vehicles, on a bend, close to the brow of a hill. When crossing between parked cars, treat the outer edge of the cars as the kerb and make sure there is a gap on the other side, so you can reach the pavement. Look right, left, and right again before crossing.

THINK!

SAFE ADVENTURES

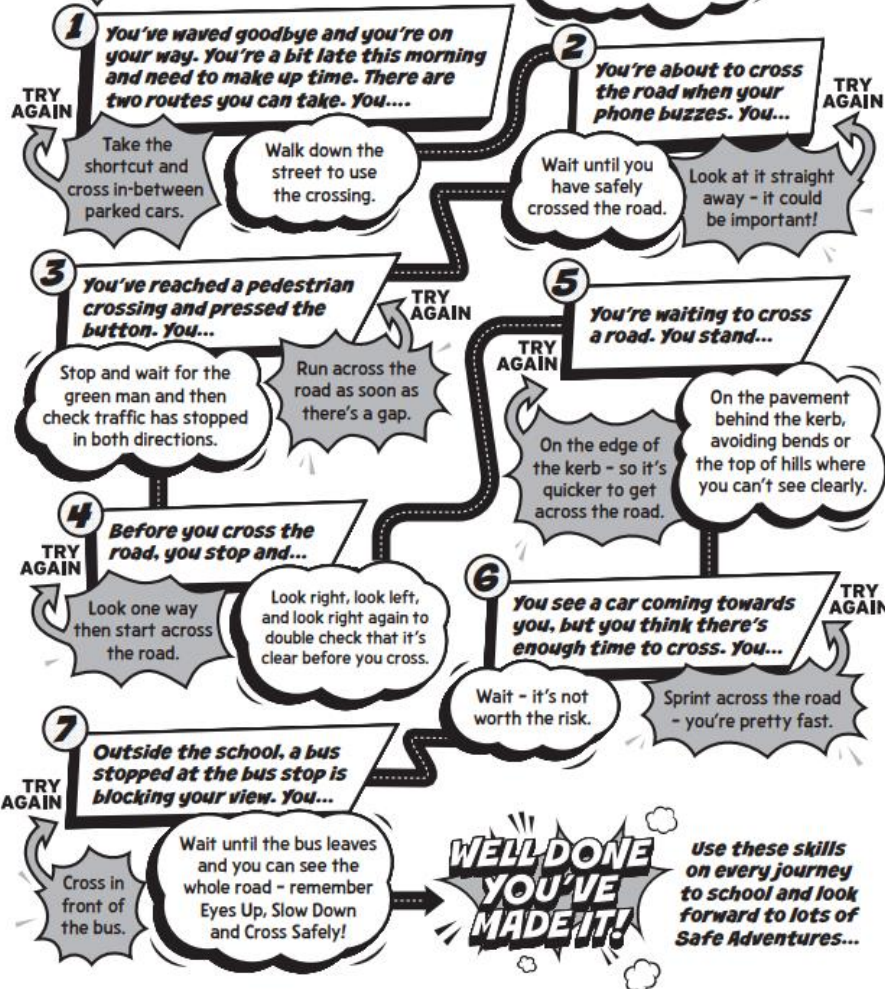
ARE YOU READY FOR YOUR SAFE ADVENTURES?

START HERE

It's your first solo journey to secondary school! You've done the practice walk, you've got this!

Explore the scenarios to see if you're ready to take on independent journeys to school and beyond!

If you reach a dead-end, go back and think again!





August Timetable

All sessions delivered live online via zoom £24 each
or **FREE** with School Membership - 90 minutes long
Book online at facefamilyadvice.co.uk Recordings available for 48 hours

Anxiety Explained	4th 10am
Cannabis & Ketamine Awareness	4th 7pm
What is ACT?	5th 10am
Introduction to OCD	5th 7pm
Raising Self Esteem	11th 10am
Decreasing Depression	11th 7pm
Supporting Healthy Sleep	12th 10am
Understanding the Teenage Brain	12th 7pm
Improving Family Communication	18th 10am
Autism: Improving Communication	18th 7pm
Understanding Addictive Behaviour	19th 10am
Supporting a Child with ADHD	19th 7pm
Understanding Anger	25th 10am
Supporting Healthy Screen Use	25th 7pm
Facing Defiance	26th 10am

Early Help Service SEND EVENT

Adur East Family Hub

Middle Road, Shoreham-By-Sea,
BN43 6GA

In partnership with
**WSCC FAMILY
LEARNING**

Wednesday 20th August 2025

Session 1 - 10am-11.30am

Session 2 - 1.30pm-3.00pm

Open to all families with a child/children who
have special education needs and disabilities
(SEND) up to age 11.

**To book your FREE place and fill in a form to help fund
the event, please call the Hub:
01273 467998 or pop in to see a lovely Hub Support
Assistant.**

Join us for lots of sensory play and fun!

***Food may be used in messy play, a change of clothes may be
needed.**

Training

Autumn 2025

(1st half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

Training

Workshops and courses on a variety of issues delivered online, via Zoom

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Facebook Group

An online parent support group providing news, information and peer support

Animations

Short animated films on a variety of subjects

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906



www.reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

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Training Workshops

September

Making Sense of Wellbeing: Understanding and building resilience	Tuesday 16th	7.30pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 18th	7.30pm
Understanding Autism	Tuesday 30th	10.30am

October

Making Sense of Personal Independence Payment (PIP)	Thursday 2nd	7.30pm
Making Sense of Behaviours that Challenge (age 2-11 years)	Thursday 16th	7.30pm
Understanding Demand Avoidance	Tuesday 21st	7.30pm
Making Sense of Education Health & Care Needs Assessments and Plans (EHCPs)	Wednesday 22nd	10.30am

The SEND Foundation Course

An introduction to SEND and the key issues parents and carers will encounter as their children grow and develop.

Dates: 24th September / 1st October (2-part course) Wednesdays 10.00am-11.15pm

All training above will be delivered via Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk