

May the God of Hope
fill you with all joy and
Peace in believing, that you
may abound in hope
by the power of
the Holy Spirit.
Rom 15:13



I am not sure quite how, but we have almost made it to the start of December and with it the start of Advent! Over the next 3 weeks- the school will (even more than normal) be a hive of festive joy, busyness and activities- I can't think of a better place to be...

Have a wonderful weekend
Mr Lincoln and the Senior Leadership Team

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** office@stnm.org.uk - please do not email staff directly (unless agreed previously).
- **Calendar:** Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **New website:** we are hoping to launch the new website in the next week or so, thank you for your patience!
- **Language of the Month:** Polish
- **Sign of the Week:** Friend
- **Facebook page:** facebook.com/stnmschool

2. DATES AND EVENTS: click [here](#) for the dates list.

- **Friday 5 December:** Cut-off date for booking Christmas Lunch <https://bookings.gocatering.co.uk/>
- **Friday 5 December:** Eucharist – parents are welcome to join – 9.15am in the Main Hall
- **Thursday 11 December:** Sea Lion Class African drumming concert 1.30-1.45pm in the Small Hall
- **Thursday 11 December:** Seal Class African drumming concert 2-2.15pm in the Small Hall
- **Friday 12 December:** PTA – “Be an Elf on the 12th” and Break the Rules Day

Christmas Performances



Monday 8 th December	4.30pm	Year 1
Tuesday 9 th December	9.30am	Reception
Tuesday 9 th December	2.30pm	Year 1
Tuesday 9 th December	5pm	Year 2
Wednesday 10 th December	2.30pm	Year 2 (<i>Care Homes also invited</i>)
Thursday 11 th December	2.30pm	Reception
Tuesday 16 th December	1.30pm	KS1 Carol Service at St Giles
Tuesday 16 th December	2pm	LFN Cookies and Carols
Wednesday 17 th December	2pm	KS2 Carol Service at St Mary's

3. REQUESTS, REMINDERS AND GENERAL NOTES

- **PE Kit All children:**
 - plain navy shorts or cycling shorts – leggings **must not** be worn

- red T-shirt with school logo
- dark coloured tracksuit (if wished for cold weather)
- **KSI:** white/black plimsolls
- **KS2:** trainers should be worn for outdoor sport/events
- **Parking Safely:** West Sussex County Council have produced guidance (see flyer below) on parking safely outside of schools. We would be grateful for your support in making school drop-off and pick-up as safe as possible for all our children. Thank You.
- **Metacognition Guide for Parents:** You may be interested in this parents' guide to metacognition designed to support parents and carers facilitate metacognitive development on home, through everyday activities and actions. <https://www.mrmetacognition.com>
- **4ft Artificial Christmas Tree Needed!** We are looking for a kind donation of a 4ft artificial Christmas tree for our St Nic's Singers Christmas Concert please. If you can help, we would be incredibly grateful. Thank you in advance to anyone who can help with this.

4. ABSENCE IN CASE OF ILLNESS

Please inform the school office **by 9am of any absence**. Parent/carers need to update the school each day their child is absent. To leave a voice message call the school office on **01273 454470**. Alternatively, you can register with **StudyBugs** and download their app which provides a quick and easy way to report your child's absence due to illness. If you haven't already registered, please follow the link: <https://studybugs.com>

The Education Welfare Officer has informed us that we cannot merely state that a child is unwell so if your child is poorly, please leave details of your child's name, class and reason for absence e.g. temperature, sickness.

Sickness & Diarrhoea: Please note that if a child has had sickness and/or diarrhoea they must not come back to school/nursery until 48 hours after the last bout of vomiting/diarrhoea.

5. Prevention and Control of Head Lice

We have had a recent outbreak of headlice. Head lice are not a health hazard because they do not carry serious diseases but they are a persistent nuisance in schools. To control outbreaks it is important that you check your child's hair on a weekly basis and not just when you receive a text notifying you of cases in school. For more information on checking your child's hair and options available for treatment please follow the NHS link <https://www.nhs.uk/conditions/head-lice-and-nits> If you find your child does have head lice, please inform the school office and anyone who may have had head-to-head contact with your child. To help prevent the spread of head lice, comb your child's hair regularly with a nit or bug-busting comb (you can buy these from your local pharmacist); periodically inspect the hair of all the children in the family;

6. SAVE OUR PTA!



The PTA held its Annual General Meeting this morning and we are delighted that we just about had enough people present to elect two Co-Chairs and a Treasurer. The PTA does an amazing job and has provided invaluable resources and equipment for all the children in the school, as well as lots of fun activities and events for the school community to engage with. All schools are struggling financially and the future picture is not looking very positive with less funding, increased costs and less pupils. Funding is based on the number of pupils so when there is a low intake, as there was in Reception this year, this has a huge impact on the budget for the school. This is why we need the PTA more than ever.

We recognise that people's working patterns have changed over the last few years and everybody's lives are so busy which can make it tricky to attend meetings or support events but we do want everyone to be able to be involved if they would like to do so. To that end, the PTA will be hosting an online meeting on Wednesday 14 January 2026

at 8pm. A link of how to join the event will be sent out nearer the time but please put the date in your diary now! We hope as many of you as possible will be able to join the meeting to discuss what fundraising events the school community would like this year.

Feel free to pop in and out of the meeting when you are able – you don't have to have your camera on, you don't have to say anything (although any input would be welcome), just be there! To echo that well-known supermarket strapline – *Every Little Helps* – and it really does!

7. **LITTLE FISHES NURSERY - 30 HOUR FREE CHILDCARE CODE REMINDER – RENEW BY 31ST DECEMBER**

Just a reminder to apply now to ensure you have renewed your 30 hours free childcare code by 31st December 2025 to ensure you continue to be eligible for 30 hours free childcare in the Spring term.

Log in to your childcare account to check your details are up to date and reconfirm your eligibility by 31st December 2025 gov.uk/sign-in-childcare-account

Contact the HMRC helpline if you are experiencing issues applying or reconfirming on 0300 1234 097.

8. **Starfish Club and Little Starfish Club:** a couple of weeks ago we wrote about what activities children in Breakfast and After school clubs have been doing but we weren't able to include all the photos so we are including them now! The children were really excited to harvest the potatoes that we planted during the summer term and we were able to make some delicious chips which we all loved trying. The children also collected conkers from our huge tree and created some brilliant art work with leaves as well as making amazing edible sparklers to celebrate Bonfire Night. Last week they decorated gingerbread. The second half of the term is one of our favourite times of year as we always have a wide range of Christmas craft and cookery to offer.





STARTING SCHOOL IN SEPTEMBER 2026?



At St Nicolas and St Mary CE Primary School, we're passionate about providing an early years learning environment where every child feels valued and empowered to reach their full potential.



**NEWLY-REFURBISHED
CLASSROOMS**



**NEW PLAY
EQUIPMENT**



**EXTENSIVE SCHOOL
GROUNDS**



**DEDICATED AND
PASSIONATE STAFF TEAM**

We'd love to meet you and your child at one of our upcoming tours or stay and play sessions. Please call or email the office to book:



- Mon 13 Oct/Weds 22 October - 9.15-10.15am
- Tues 11 Nov - 9.15-10.15am
- Weds 12 Nov - 6-7pm
- Thurs 13 Nov/Tues 18 Nov - 3.40-4.30pm - STAY and PLAY
- Fri 28 Nov - 9.15-10.15am
- Sat 29 Nov - 10-11.30am - STAY and PLAY
- Thurs 4 Dec - 1.30-2.30pm
- Weds 7 Jan - 9.15-10.15am

'Thank you to everyone for settling my child into school so brilliantly. I love the wide range of areas my child learns about and how the learning follows the children's interests. The Reception team staff are so nurturing and caring' - Reception Parent.

 01273 454470



www.stnicolasmmary.w-sussex.sch.uk /
office@stnm.org.uk



Eastern Avenue, Shoreham-by-Sea, West Sussex, BN43 6PE

Park Safely at School

**Your child's safety is our
priority.**

**We all have a
responsibility to look after
our children –
INCLUDING YOU!**



Guidance for Parents Parking Outside Schools

Can I park on School Keep Clear / zig zag markings?

NO. You must not park or even stop on a School Keep Clear / zig zag marking.

Can I park on double and single yellow lines?

NO. You can stop on yellow lines for a short period to enable someone to get in or out of the vehicle providing no other obstruction is caused, but not to wait for them. Do not park on yellow lines directly outside the school as views can be blocked for pedestrians, especially children. The School Crossing Patrol's view may also be obscured.

Can I park where there are "kerb blips"?

NO. The kerb blips indicate No loading / unloading and it is an offence to stop there during the hours shown on a sign which will be displayed nearby.

Can I double park if I remain in my vehicle?

NO. Vehicles parked in the middle of the road cause obstruction for all road users and may block the view for pedestrians, especially children wishing to cross the road.

Where can I park?

We ask that you avoid driving to school, but if necessary please park away from the school area and in line with any restrictions that might be in place.

If you walk your child to school, or they are walking on their own, please remember to:

- First find a safe place to cross.
- Stop near the kerb.
- Look all around for traffic and listen.
- If traffic is coming let it pass.
- When it is safe to cross, walk straight across the road – and not run – looking both ways and listening whilst crossing.

If there are parked cars, they should try their best not to cross between them, but if there is nowhere else to cross:

- Choose a place where there is a space between two cars.
- Make sure neither car is about to move off.
- Walk to the outside edge of the cars and stop.
- Follow the rules above for crossing the road.

If you have any questions relating to parking, please contact your Local Authority.





HOLIDAY SKATE CLUB



EQUIPMENT PROVIDED
ALL ABILITIES WELCOME
MOBILE SKATEPARK
ARTS AND CRAFTS
GAMES AND ACTIVITIES



W/C MON 29TH | 4 DAYS (NOT NYD) | 9AM-3PM

BOOK: [THESKATECLUB.COM/HOLIDAYSKATECLUB](http://theskateclub.com/holidayskateclub)

**TAX-FREE
CHILDCARE
+ VOUCHERS
ACCEPTED**

AFTER SCHOOL CLUB SPRING TERM 2026



"MY SON HAD SO MUCH FUN. HE WANTS TO GO BACK FOR MORE TOMORROW!"



"MY DAUGHTER WAS FULL OF BEANS AND BURSTING WITH LOVELY STORIES WHEN I COLLECTED HER"

FUN, EXERCISE, FRESH AIR & DIFFERENT ACTIVITIES EVERY WEEK

NEW ACTIVITIES FOR THIS TERM INCLUDE:

YETI DINNER PLATES
CAMPFIRE COOKOUT: MARSHMALLOWS
CUDDLY TOY CATAPULT ASSAULT
MINIBEAST MAYHEM: BUG HUNTING
VIKING RUNESTONES & CODE BREAKING
BUSHCRAFT: FIRELIGHTING TECHNIQUES
BUSHCRAFT: HEAD SHELTER MAKING
FAIRY DOORS & TREE SPIRITS
& AS USUAL: FUN TIMES & ADVENTURE!

WATCHING CHILDREN'S CONFIDENCE GROW & NEW FRIENDSHIPS FORM AT OUR CLUBS IS ONE OF THE MOST REWARDING THINGS WE DO.

**ST NICOLAS AND ST MARY
CE PRIMARY SCHOOL**
EVERY WEDNESDAY 3:30 - 4:30PM
YEAR GROUPS 1-6
7TH JANUARY - 25TH MARCH 2026
PRICE: £88 (11 WEEK TERM)



MORE INFO & BOOK: [WWW.THEOUTDOORSPROJECT.CO.UK](http://www.theoutdoorsproject.co.uk)
HOLIDAY CLUBS - BIRTHDAY PARTIES - SCHOOL WORKSHOPS - AFTER SCHOOL CLUBS - SAILINGS PARENT & TODDLER GROUP
OFSTED REGISTERED & CHILDCARE VOUCHERS ACCEPTED



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St Nicolas and St Mary's CE
Every Tuesday 13th of Jan

To 24th of March

£86.6 (10 weeks)

3:30 to 4:30

For Booking Details Contact: - Ali Khan
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LP CREATIVES & THE ROPETACKLE ARTS CENTRE PROUDLY PRESENT

"SUPERB!" "PUNCHY&PERFECT!" "TERRIFIC!"
THE ARGUS BRIGHTON AND HOVE NEWS BRITISH THEATRE GUIDE

GUESS WHO'S BACK, BACK AGAIN... AND A DAME LEGEND DEBUT FOR PLUS QVC, REGENCY RADIO & 'GIGS 4 KIDZ'

JAMES AUSTIN-HARVEY AS 'KING RAT'
DANIEL BEALES AS 'SARAH THE COOK'
SARAH BOOKER AS 'THE CAT'

19TH-31ST DEC 2025

DICK WHITTINGTON

 **ROPETACKLE ARTS CENTRE** LP CREATIVES

BOOK TICKETS AT: ROPETACKLECENTRE.CO.UK / 01273 464440

 **Fire Fighters**
Charity

SANTA COMES TO SHOREHAM COMMUNITY FIRE STATION



22ND DECEMBER

**STALLS AND RIDES OPEN
FROM 4-9PM**

**MEET SANTA - PRE-BOOKING
ONLY 5-9PM**

**SEE FACEBOOK FOR DETAILS
OR BOOK IN PERSON
AT THE STATION**



Booking Page



Facebook Page

TRAINING

AUTUMN TERM 2025



WORKSHOPS

Making Sense of Masking	Tuesday 11 th November	10.30am - 12.30pm
Wellbeing - Communication skills for parents and carers	Tuesday 18 th November	10.30 am - 12 pm
Understanding Autism in Girls	Wednesday 19 th November	7.30 - 9.30 pm
Making Sense of Disability Living Allowance (DLA)	Thursday 27 th November	10.30am - 12.30pm
Making Sense of Anxiety in Children (Primary age)	Tuesday 2 nd December	7.30 - 9.30 pm
Making Sense of Adult Life - Supporting Adolescents	Thursday 11 th December	7.30 - 9.30 pm
Understanding Sensory Processing Differences	Friday 12 th December	10.30am - 12.30pm

All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com



www.reachingfamilies.org.uk
Registered Charity No: 1150906
Company Limited by Guarantee No: 5241094

Umbrellas

Parent Support Group Autumn Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



EMPOWER

INFORM

SUPPORT

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am
Adur East Family Hub (Shoreham)
9th Sep / 7th Oct / 4th Nov / 2nd Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am
Creative Heart Community Hub (upstairs)
10th Sep / 8th Oct / 5th Nov / 3rd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am
Durrington Community Centre
16th Sep / 14th Oct / 11th Nov / 9th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am
Horsham Family Hub
17th Sep / 15th Oct / 19th Nov / 17th Dec

Chichester Umbrellas

Thursdays, 10 am - 11.30 am
Donnington Parish Hall
25th Sep / 23rd Oct / 20th Nov / 11th Dec

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
23rd Sep / 21st Oct / 25th Nov / 16th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:
outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online Thursdays via Zoom

11th Sep	7.30 pm - 9 pm
9th Oct	7.30 pm - 9 pm
6th Nov	7.30 pm - 9 pm
4th Dec	7.30 pm - 9 pm

Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



EMPOWER

INFORM

SUPPORT

Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk
Telephone: 01903 366 360

Reg Charity No 1150906



www.reachingfamilies.org.uk

LET'S GROW TOGETHER

SUPPORT OUR CROWDFUNDER

HELP US CREATE A
COMMUNITY FARM WHERE
PEOPLE CAN COME
TOGETHER TO LEARN,
SHARE AND GROW

WWW.APRONCREATIVE.ORG

Apron



MAKE A DONATION



SCAN ME!

Coats for all

Free coats are now available at
the Co-op Community Space in
Ham Road, Shoreham.

The coats are outside on
weekdays from 1:00 to 4:00 pm,
and on Saturdays from 11:00 am
to 2:00 pm

If you have any coats, hats, gloves
or scarves (any size) to donate,
please bring them along to our
Space during these times.

Thank you

Mums to be

Would you like to take part in a baby study?



As part of my studies with the Tavistock & Portman NHS Trust, I am looking for a family interested in infant observation of their new baby

When would this happen?

I would visit you at home for one hour a week for around 30 visits a year - roughly once a week with space for holiday breaks. This would start when your child is under 4 weeks, and continue up to their second birthday.

What would it involve?

I would observe your baby's normal daily routine and interactions, what would be happening if I wasn't there. Families that have participated have enjoyed the special bonding time!

Contact Information:

📞 07841 531040

✉ Beccawhitlow4@gmail.com

If you're interested or have any questions please contact me for an informal chat :)



Holiday Activities and Food Programme



worthing theatres and museum

Tuesday 30th December Friday 2nd,
Saturday 3rd, Sunday 4th January

Ages
8-11

We're delighted to be delivering free workshops and activities in Worthing this festive season as part of West Sussex County Council's Holiday Activities and Food (HAF) scheme.

CIRCUS WORKSHOP AND PANTO

TUESDAY 30TH DECEMBER 2025, 12:00-16:30

CRAFT WORKSHOP AND CINEMA

FRIDAY 2ND JANUARY 2026, 10:00-14:00

CRAFT WORKSHOP AND CINEMA

SATURDAY 3RD JANUARY 2026, 10:00-14:00

CIRCUS WORKSHOP AND PANTO

SUNDAY 4TH JANUARY 2026, 10:00-14:30



SAMA

KIDS KARATE

St Nicolas & St Marys C.E. Primary
Thursdays 3.40pm



register your
child here

CLASSES £6.00 PAY AS YOU GO

GREAT FOR KIDS • DISCIPLINE • FITNESS • RESPECT
CONFIDENCE • SELF- DEFENCE • GREAT FUN

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& beautiful singing from
Cheryl Hopley

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11am-3pm

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* Christmas Cards * Books * Hotdogs *
* Chocolate Tombola * Santa's Grotto *



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The Church of the Good Shepherd
Kings Walk, Shoreham Beach BN43 5LF

