

# St Nicolas and St Mary School Water Guidance

Reviewed in Summer 2023

**Aim:** to keep pupils hydrated and healthy

## ***Roles and responsibilities for Parents/Carers:***

- To ensure that their child has a suitable, named water bottle, which is full of fresh water daily.
- To encourage their children to take increasing responsibility to drink water at the right time
- To inform the school, in writing, of any medical needs related to drinking water

## ***Roles and responsibilities for Children:***

- To drink water during break and lunchtimes to avoid minimum disruption to lesson time
- To top up their water bottle (or ask for support with this if necessary)
- Not to ask for their water bottle during the teacher input
- To keep their water bottle in the tray provided (not on the tables)
- To ask for permission if they need a drink during lesson time (KS2)

## ***Roles and responsibilities for Teachers and TAs:***

- To ensure that water bottles go out on the playground at break and lunchtimes (either using Water Bottle Monitors or managing this with TA support)
- To ensure that if a child has a medical reason, they can access their water bottle as recommended by health professionals
- To ensure that children can access their water bottles or a water fountain when they need to
- To ensure that children are not using their water bottles or water fountains as an excuse for avoiding work
- To teach children that it is their responsibility to take the time to drink during their break and lunchtimes.

**Please note that during extreme hot summer weather, children may be given permission to have their water bottles on their tables but this is not the usual rule.**

## ***Phase Guidance***

EYFS (Nursery and Reception)	Key Stage 1 (years 1 and 2)	Lower Key Stage 2 (years 3 and 4)	Upper Key Stage 2 (years 5 and 6)
Children should be allowed to go to their water bottle independently during choosing time but ask for permission during carpet time.	Children should be allowed to access their water bottles at times other than the teacher input and ask permission, where possible.	Children should ask permission when accessing their water bottles at times other than the teacher input.	There is an expectation that children should be responsible for ensuring that they have a drink during break and lunch times. However, if they need a drink during lesson times they should do so discretely and in a timely manner so as not to disrupt learning.