



In our assembly today, I spoke to the children about our school's desire to give more opportunities to celebrate our children's wonderful achievements in and out of school. Do encourage your children to speak to their teacher or come and find me and share the good news. Have a wonderful weekend.

Mr Lincoln and the Senior Leadership Team.

1. COMMUNICATION

- **Website:** please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- **Email:** office@stnm.org.uk - please do not email staff directly (unless agreed previously).
- **Calendar:** term dates, events. Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Language of the Month:** English. During September, we will be celebrating the English language by continuing our focus from last term on our 'marvellous manners' and establishing our new school routines.
- **Sign of the Week:** Welcome

2. UPCOMING DATES AND EVENTS:

here are the upcoming events for the next few weeks. Please see the dates list [here](#) for events happening later in the term.

- Thursday 26th September: African Workshop for YR-Y6 (Not just Y2-Y6 as previously stated!)
- Friday 27th September: INSET day - School closed for all children (including Little Fishes nursery)

3. REQUESTS, REMINDERS AND GENERAL NOTES

- **Ear piercings:** We are aware that quite a few children have had their ears pierced over the summer holidays. Please can you ensure that your child is able to remove their own earrings at school for PE days or alternatively don't wear them on PE days. Children are unable to participate in PE lessons if they cannot remove their earrings - please see our uniform policy on the website for further information.
★ If your child is planning to have their ears pierced can we please ask that you do it at the beginning of the summer holidays so they have 6 weeks to heal before returning to school.
- **Year 5 & 6 School Samba Band:** The school samba band still has a few spaces left! The club runs from 3.25-4.10pm on a Tuesday straight after school. The cost is £30 a term. No musical experience necessary. A wonderfully fun club which encourages teamwork, improves rhythm skills, helps memory and concentration, builds confidence, is a great creative outlet - and there will be performance opportunities too! Please email cellis@stnm.org.uk to sign up!

4. PARENTAL ENGAGEMENT ACTIVITIES 2024-25

As mentioned last week, we are intending to have a range of activities/meetings/presentations each month this academic year, to support you as parents and carers by having the opportunity to share your views and thoughts on specific areas of school life, as well as giving you strategies, support and techniques to further support your child's educational development. We will be introducing a calendar of events beginning with a Coffee Morning for our new parents (Reception and others new to the school) on **Wednesday 25th September at 9am in the Small Hall**. An exciting new introduction this year will be the trialling of a Parent Council. This has proved very popular in other schools and I am currently speaking to another Headteacher about how we can roll this out and make it a success for all. We intend to have our first meeting in October so look out for more information soon!

5. **Art Exhibition:** St Mary de Haura Church currently has an exhibition which includes artwork from St Nics pupils. Please visit to have a look!



6. **Harmonica Group:** Places are available in our popular Harmonica Group, which meets after lunch on Wednesday afternoons. Sessions are thirty minutes and newcomers are invited to a **FREE TASTER SESSION**, which includes a **FREE STARTER HARMONICA**. Organised by Harp Academy in line with the national curriculum for music, harmonica students learn popular pieces, explore the inter-related dimensions of music, enjoy different musical genres, and develop key instrument and performance skills. To register your interest please visit www.harpacademy.co.uk and click the Gold Harmonica, or call Richard Taylor on 07525 256954.

7. **Cashpot for Schools:** 'If you shop at Asda, please can you opt into the Cashpot for Primary Schools Campaign via the Asda Rewards App. Just search for our School 'St Nicolas and St Mary CofE School' and our school will earn a percentage of your shop. This will not impact at all on your own Rewards cash pot. You will be able to follow the amount you are helping raise for our School by checking 'Cashpot' on your Reward App.'

INTRODUCING CASHPOT FOR SCHOOLS

Download and opt-in with Asda Rewards and we will donate ££s to schools.

HERE'S HOW:

- 1 Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2 Choose your primary school
- 3 Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4 Shopping online? Simply log in to Asda.com using the same details as your Asda Rewards account.
- 5 We'll do the rest! We donate ££s to your chosen school every time you shop, so they can spend it on exactly what they need.

With Parentkind

Home of Junior UK Harmonica
Champions since 2011

harpacademy

where musicians are made

DEDICATED HARMONICA CLASSES IN YOUR SCHOOL

Try a **FREE**
TASTER SESSION
Starter harmonica and
music sheet **INCLUDED!**
Ongoing lessons just
£40.00 per half-term



A great way to make music

We recently showed your school how much fun it is to play the harmonica. It sounds great, it's easy to carry and it's cool for boys and girls alike. In fact it's the perfect way to access music for children of any age, from Pre-School to Key Stage 2, and it's much more affordable than other instruments. No tricky keys, frets or finger holes for small hands either. If you can breathe in and out, you can enjoy making music on the harmonica!

Thank you so much for introducing my daughter to this wonderful art form. She absolutely loves harmonica and will keep playing forever!

Woodingdean Primary School

Why learn harmonica?

- ✓ It sounds great
- ✓ It's affordable
- ✓ It's portable
- ✓ It's cool for boys & girls
- ✓ Free taster session
- ✓ Performance opportunities
- ✓ Music aids wider learning

Musical Enrichment with Harp Academy

We provide daytime harmonica classes at your school for groups of up to 8 children. Each session is half an hour and we provide ten sessions per term. We also offer individual tuition on request. Lesson content includes fun warm-up activities, instrument skills, exploring musical elements from the national curriculum and learning songs for enjoyment and performance. Our teachers are professional musicians, with DBS certification, safeguarding and first aid training.



Free Taster Session

Why not take advantage of a **FREE TASTER SESSION**? We'll provide a harmonica and music sheet to get you started. Dates and times for our termly 10 week schedule are advertised on the Harp Academy website. To register, simply click the **Gold Harmonica** on our homepage and we will email you further details. Subscription for further sessions is just **£40.00 per half term**. That's a third of the price for private music tuition. Further information is on our website.



WWW.HARPACADEMY.CO.UK



DAVISON

C.E. High School for Girls

Come and have a look at our school

OPEN MORNINGS 24th, 25th, 26th, 27th September 9.00am - 11.00am

OPEN EVENING 1st October 5.00pm - 7.00pm

Presentation and Headteacher talks 5.30pm - 6.30pm

For further details: www.davison.w-sussex.sch.uk

We are delighted to be able to invite you to our forthcoming open events
for admissions in September 2025

Please come along and have a look at our school, the preferred date for families of your primary school to attend the Open Morning is **Friday 27th September** and there is no need to book.

Please see the link below to our e-prospectus for more information:

<https://www.davison.w-sussex.sch.uk/admissions/prospectus/>

We are very much looking forward to meeting you.

Davison CE High School for Girls

Apply online at:
westsussex.gov.uk/admissions



Is your child due to transfer to secondary school in September 2025?

Apply online!

It's simple, convenient and time-saving.
If your application is received after the deadline, your chance of securing a place at one of your preference schools could be seriously affected.

You can apply online from **Monday 2 September 2024**.
If you would like further advice or information, phone: 03330 142 903.

Deadline: Thursday 31 October 2024

Free internet access to apply online is available at all West Sussex libraries.



WS110(A) 08.24

Open House Event



01273 558551 | www.cncs.co.uk



CARDINAL NEWMAN
CATHOLIC SCHOOL

Come and see
what we do
at Cardinal
Newman Catholic
School!

Save
the
Date

We invite you to join us for our

OPEN EVENT

Thursday 24 October



Thursday 24 October 2024

Daytime Tours | 9:15, 11:15 & 12:15

Open Evening | 4-6pm

More information about booking to follow



DSOPA TOTS CLASSES AGES 18 MONTHS -5YRS

2 FREE TRIALS

St Nicolas and St Marys CE primary school
Shoreham by sea
BN43 6PE

<https://www.dynamicsopa.co.uk>

07474862840

info@dynamixsopa.co.uk



20 % for 12 weeks
&
2 free trials



SATURDAY

9-9.30AM **NEW**

TINY TOTS

18 months -3 yrs
(an adult is invited
to stay)

9.30-10.15am

Tots dance

NEW Tots Drama
3 - 5yrs

10.15-11.10am **NEW**

Tots combo
modern ballet and
tap
3 -5yrs

11.10-11.50am **tots acro**
3-5yrs



PERFORMING ARTS AFTER SCHOOL CLUB

Wednesday

3.15-5.30pm

Price

£32 for 6 lessons

location

St Nicolas & st Mary's ce primary school
Shoreham-by-Sea, West Sussex,
BN43 6PE

contact

07474862840

Info@dynamixsopa.co.uk

REGISTER NOW!



NEW CLASS ! TINY TOTS 18 months - 3yrs



The Tiny tots class introduces the basics of dance using movement, play and song with a wide range of props.

This class develops physical and communication skills in a fun welcoming environment. Parents are invited to stay and join in, as the children explore musicality, and basic dance movement.

NEW CLASS ! TOTS DANCE & DRAMA 3-5yrs



Each week is an exciting new adventure, themed around seasons, stories, and explorations. While we introduce basic dance and drama, our classes explore musicality, expression, and coordination and speech, seamlessly integrating elements of dance into imaginative play. Our programme is designed with the Early Years Foundation Stage (EYFS) framework in mind, helping prepare your child for school. The best part? They're having so much fun, they won't even realize they're learning!

NEW CLASS ! TOTS COMBO -MODERN, BALLET & TAP 3-5yrs



in this exciting new class, your child will:

Tap into rhythm as they explore the basics of tap dancing following the ISTD exam syllabus. Enter the world of ballet learning the pre primary RAD exam syllabus, building grace and balance. Move with energy in modern dance, where creativity and expression take center stage.

Our classes are designed to be a joyful introduction to dance, focusing on musicality, coordination, and confidence-building. With engaging music, fun routines, and plenty of encouragement, your child will develop their love for dance in a nurturing environment with fully qualified early years practitioners with professional experience in dance.

TOTS ACRO 3-5yrs



This class is the beginning of our acro syllabus where we follow Acrobatic arts and Acrotrix. Children will begin learning some basic Acro tricks in a safe environment with our fully qualified teachers. In the session children will develop core strength flexibility and balance. Teachers will encourage independent learning following a mixture of hands on and an holistic teaching approach.

Children's Yoga & Wellbeing sessions

BOOK
With
Natalie

07738297587

Monthly workshops

Saturday 21st Sept 1-3pm

Sunday 20th Oct 1-3pm

Sunday 17th Nov 1-3pm

Sunday 15th Dec 10:30am - 12:30pm

£16 per
session
£60 all
four

Facebook.com/dramaticwaves

St Michael's Church Hall, South St, Lancing BN158AJ

**Yoga
Bears**

Increases

- ★ Confidence & self-esteem
- ★ Communication & social skills
- ★ Well being & mental health
- ★ Emotion regulation
- ★ Sense of calm

Reduces

- ★ Stress
- ★ Anxiety
- ★ Aggression



**Dramatic
Waves**
Life skills through creative experiences

- ★ Individual & paired yoga
- ★ Group games
- ★ Mindful and sensory activities
- ★ Storytelling
- ★ Music

"It is brilliant - my daughter really enjoys it. I have also seen an improvement in anger management and self-control" - mother of daughter aged 9



Sussex Youth Theatre

TO ALL THE TALENTED STUDENTS OF ST NICHOLAS AND ST MARY CE PRIMARY SCHOOL

How would you like to join us?

Come along to Sussex Youth Theatre for a **FREE** taster session and meet like-minded people.

Ages 6-18.

Talent Management

LAMDA Exams

You will be trained by amazing people in the industry.

THE SHOREHAM CENTRE

Mondays 5.30-7.30pm

Booking essential

Join Us Today!

SussexYouthTheatre.co.uk

Call Mitch on 07788 497 779 or email mitch@sussexyouththeatre.co.uk

Or message through any of our social media channels





The Curiosity Programme

Online training over 5 sessions (via Zoom)

Introducing you to the 4 stages of the Curiosity programme, discussing the ideas behind it and using real life examples to show how and why it works.

Covering:

- Understanding the ideas that inspire the programme
- Getting a child connected and sharing interaction
- Building reciprocal exchanges
- Establishing activities in a playful and enjoyable dynamic
- Creating shared attention
- Developing early communication skills
- Building confidence working with children who flourish in the very early stages of social interaction and communication

Dates: 16th September, 23rd September, 30th September, 7th October and 14th October - all sessions 9.30 - 10.45am

A certificate is provided on completion.

Price: £210 per person

Contact Jaci or Nikki on 01895 649211
or email us at allthingsautismuk@gmail.com for more details

<http://allthingsinclusionandautism.com>

All Things Toileting Exploring the challenges of toileting for children with autism / social communication needs and practical strategies to get you started Wednesday 25th September 7 - 8.30pm Online via Zoom £36 per person	Gestalt Language Processing How to support early language skills for young children including Gestalt learners Monday 21st October 7 - 8.30pm Online via Zoom £36 per person
All Things Sleep Looking at the challenges around sleep and bedtime for children with autism / social communication needs and practical strategies to support Thursday 7th November 10 - 11.30am Online via Zoom £36 per person	ADHD Understanding ADHD in young children and practical ideas to support them Monday 11th November 7 - 8.30pm Online via Zoom £36 per person
Supporting children with selective mutism Understanding the causes of selective mutism and strategies to support young children Monday 25th November 7 - 9pm Online via Zoom £44 per person	Promoting positive mental health in young children Examining causes of mental health difficulties, learning about anxiety and trauma Wednesday 27th November 9.30 am - 12 Online via Zoom £51 per person

The Curiosity programme
 Supporting young children with social interaction and social communication at the earliest stages of their development. Covering all 4 aspects of the programme, how to get started and make connections and nurture social communication 1:1.
5 consecutive Monday mornings (16th, 23rd and 30th September, 7th and 14th October at 9.30 - 10.45am)
 Online via Zoom
 £210 per person



Contact Jaci Smith or Nikki Duhig at allthingsautismuk@gmail.com or 01895 649211 to book your place/s

allthingsautismtd@gmail.com

01895 649211

<https://allthingsinclusionandautism.com>

Workshops for parents / carers (and practitioners) - Autumn term 2024

<p>All things visual strategies Supporting children with autism/ social communication difficulties with visual strategies - why use visuals, which visuals to use and how to use them? Monday 9th December 10 - 11.30am Online - via Zoom £36 per person</p>	<p>Pathological Demand Avoidance (PDA) Understanding PDA and practical strategies to support young children Tuesday 12th November 9.30 - 11.30am Online - via Zoom £44 per person</p>
<p>All things communication and play: Supporting children with autism / social communication difficulties with communication and play skills - laughing and learning together Tuesday 3rd December 9.30am - 12 Online via Zoom £51 per person</p>	<p>Autism and Girls Exploring differences and diagnosis . Understanding how autism impacts on girls and strategies and ideas to support them Wednesday 4th December 10 - 11.30am Online via Zoom £36 per person</p>
<p>All things behaviour - promoting positive behaviours for children with autism or social communication needs Friday 4th October 9.30am - 12 Online via Zoom £51 per person</p> 	<p>All things sensory - a workshop exploring the sensory needs of children with autism / social communication difficulties and practical strategies to support their needs Thursday 10th October 9.30am - 12 Online via Zoom £51 per person</p> 

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