

I. Dates & Events

Event	Yr	Date	Time
Chartwells – Knife & Fork Workshops	Y1	Monday 25 th November	pm
PTA – Wreath Making	Adults only	Monday 25 th November	7.30 – 9.30pm
Parent/Carer Forum – Personal Social Health & Economic (PSHE) Education	Parents & Carers	Tuesday 26 th November	9 – 10am
Y6 Oyster Class Living Wax Museum – parents & carers welcome	Y6-Oys	Wednesday 27 th November	9 – 9.30am
Parent/Carer information session on Zones of Regulation	All	Thursday 28 th November	9 – 9.30am
Y6 Coral Class Living Wax Museum – parents & carers welcome	Y6-Cor	Friday 29 th November	9 – 9.30am
Non-uniform day in exchange for donations for the Christmas Fayre chocolate and bottle tombolas	All	Friday 29 th November	All day
PTA – Christmas Fayre	All	Friday 29 th November	3 – 6pm
Stay & Play for LF January 2020 starters only	LFN – Jan starters	Monday 2 nd December	3.15 – 4.15pm
Little Fishes Christmas Show	LFN	Tuesday 3 rd December	9.30am & 1.30pm
Y3 Science Showcase – parents/carers welcome	Y3	Wednesday 4 th December	9.15–9.45am
St Nicholas Day Eucharist – parents/carers welcome	Y2 – 6	Friday 6 th December	9 – 10am
PTA – KS2 Christmas Film Night	Y3 – 6	Friday 6 th December	3.15 – 5.30pm
PTA – Breakfast with Santa	All	Saturday 7 th December	am

Don't forget to check the dates for the whole term on the website!

2. **NEW DATES / AMENDMENTS TO DATES:** none added this week!

- Parent/Carer information session on Zones of Regulation – Thursday 28th November, 9 – 9.30am
- Little Fishes Stay & Play for January 2020 starters only – Monday 2nd December, 3.15 – 4.15pm
- Y5 Greek Feast – Monday 9th December
- Y5 Fun Day at Shoreham Academy – Wednesday 24th June

INFORMATION ABOUT UPCOMING EVENTS

- **Parent/Carer Forum, Tuesday 26th November:** do come along to the next forum where we will be talking about Personal, Social Health and Economic Education. All parents and cares are welcome.
- **Understanding Challenging Behaviour, Wednesday 27th November, 1.30 – 3pm:** workshop for parents and carers, if you are interested in attending please email homeschoollink@stnm.org.uk
- **Non-uniform day in exchange for bottle and chocolate tombolas, Friday 29th November:** children are welcome to come in non-uniform (**not** onesies or dressing up clothes) in exchange for a donation for the bottle and chocolate tombola stalls. Children can of course wear Christmas-themed jumpers/t-shirts if they would like to! *Extract from Uniform policy: On non-uniform day pupils should wear clothes that are suitable and appropriate for school, for example crop tops are not considered appropriate for school.*

3. **Letters sent home this week:** Click on the link to see past letters <http://www.stnicolasmarty.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56>

- YR, Y1 & Y2 – Read, Write Inc Phonics
- Members of the Samba Band – performance at the Christmas Fayre
- YR & Y2 Nativities – tickets have gone home in book bags this week to parents who requested them. A maximum of 2 tickets per family have been issued. We will send a text next week if any more tickets are available.
- All – Artist Competition (*letter emailed with this bulletin*)
- All – Zones of Regulation and guide

4. **Clubs:** to check if clubs are running, see the *Extra-curricular Activities* page on the website [Extra-Curricular Activities](#)

5. **Worship & Ethos:**

'But you Lord, are a shield around me, my glory, the One who lifts my head high' Psalms 3:3



Messy Church: St Giles Church Hall, Upper Shoreham Road, Saturday 23rd November, 3pm – 5pm. We will be exploring the story of Jonah and the Whale and also sharing in a family friendly Communion. We look forward to welcoming you and enjoying the worship, craft and meal together.



We are Emmanuel: Join us for a festive evening of Christmas carols with the Emmanuel Choir and pro-musicians, set to a blend of traditional and modern music. Show starts at 7pm, but come early for drinks and treats, and stay for the after-show party! For more information visit www.weareemmanuel.com/TheGift Click on the link to see more: <https://vimeo.com/372609056/ecdc38bf57>

6. **CHRISTMAS NEWS**

🍎 **Christmas Fayre:** the PTA would be grateful for donations of cakes and savouries for the Fayre – donations can be brought in from Thursday 28th November in the Palace. There is a map on the next page of where stalls will be next week – we will email a copy out next week which you can print if you would like to!

🍎 **Santa's Breakfast, Sat 7th December from 9am:** tickets for Santa's Breakfast are now live! (see flyer)

🍎 **Chartwells Christmas Dinner** – Thursday 19th December: if your child is in Years 3, 4, 5 or 6 and they would like to have a Christmas dinner on this day, you need to book a meal for them online (see menu attached) <https://westsussex.mealselector.co.uk/> The deadline to book is Sunday 8th December.

7. **Zones of Regulation Curriculum**

Please see the letter and attached guide (emailed this morning) about the Zones of Regulation curriculum which is going to be launched across the school next week. You are welcome to pop along to our **parents/carers information session** on *The Zones of Regulation* from **9-9.30am on Thursday 28th November**. This will involve a brief introduction to the Zones and an opportunity to look at/take some resources home. Staff will be on the playground first thing on **Friday 29th November** to share Zones resources and ideas. You can also find information on our school website about the Zones under Parents/Carers > Curriculum > Zones of Regulation. More information and resources will be uploaded at the end of next week.

8. **Requests & Reminders**

- **Camel Costumes please!** Y2's nativity is called "Lights, Camel, Action!" They need three camel costumes so if anyone has one they could loan please contact the office on 01273 454470 or office@stnm.org.uk Thank you.
- **Data sheets:** please return your child's data sheet if you haven't already done so. It is really important that these are returned so our system is up-to-date with details and permissions.
- **Tulip bulbs please!** Y1 and Y2 would be very grateful for donations of tulip bulbs for the planters outside their classrooms – thank you!
- **Uniform:** Children should all now be dressed in winter uniform please. See the school [website](#) for more information.
- **The Sun Newspaper's Book for Schools:** don't forget to collect the tokens from *The Sun newspaper* so we get some books for the school! Thanks, the English Team.
- **Little Fishes Nursery Extended Funding:** in order for your child to access Extended FE in the spring term their 30 hour code must be issued or renewed by HMRC by **31st December 2019**. To renew log in to their childcare account to check their details are up to date, and reconfirm their eligibility to ensure they continue to be eligible for Extended FE: gov.uk/sign-in-childcare-account For any queries please email free.entitlement@westsussex.gov.uk
- **Unwanted Toys** – Reception are after any toys (character/film related i.e. Disney, Toy Story, PJ Masks, Go Jettters, Paw Patrol etc. etc.), if you have any you are willing to donate the children will be very grateful.

9. **Premises, Health & Safety**

- **Be Net Aware:** Follow this link to use [NSPCC's fantastic guide](#) to inform yourself about the social networks, apps and games that your child may be accessing online.
- **Sickness & Diarrhoea:** please do not send your child to school if they are unwell. Although we wish to encourage good attendance, children who are ill must stay at home. Please note in particular that if a child has had sickness and/or diarrhoea they must not come back to school/nursery until 48 hours after the last bout of vomiting/diarrhoea. Please see the Guidance on infection control in schools and other childcare settings issued by Public Health England (link below) and consult your doctor if you are in any doubt whether to send your child to school or not. [Guidance on infection control in schools](#)

- **Lockdown:** Our primary aim is the safety and wellbeing of our pupils and we practise fire drills and lockdown drills to help us to respond to a potential incident either in the community or directly affecting the school, whilst minimising disruption to learning. Next week we will be telling the children that we are going to practise our lockdown drill and that we are all going to pretend that Albert the Donkey is loose in the allotments and so everyone needs to stay inside their classroom and close doors and windows until we are sure that it is safe. It is important to carry out a lockdown drill so that in the unlikely event of an emergency that requires the school to be locked down, staff and children know what to do. Parents should be aware that in the event of a real incident requiring lockdown the following actions may be taken:
 - Staff will ensure all pupils are inside the school buildings and lock any outside doors and close any windows that may be open;
 - If pupils are outside, staff will bring them back into their classrooms;
 - A register will be taken and any pupil not present will be notified to senior staff who will arrange a search for the missing pupil;
 - Site and office staff will ensure all external doors are secured and closed;
 - Emergency services will be notified;
 - A message will be sent to parents /carers via our normal systems to advise of the emergency;
 - Pupils will not be released from the school until the all clear is given;
 - **Parents/Carers MUST NOT try to contact the school or come to the school until the all clear has been given. This can both block essential routes of communications and hamper the emergency services.**

Potential hazards for which a lockdown might be appropriate are:

1. A reported incident, disturbance in the local community;
2. An intruder on the site;
3. A warning being received regarding a local risk of air pollution e.g. smoke plume, gas cloud;
4. A major fire in the vicinity of the school;
5. The close proximity of a dangerous dog.

10. **Calling All Budding Artists:** you will have received a letter today about an Art Competition and Exhibition, which children can take part in and which will be part of the Adur Art Open Houses next summer 2020. The competition is open to anyone who is in a primary school in Shoreham. Art work must be handed in to school by 9am on Monday 13th January 2020 with the £1 fee.



11. Supporting Charities

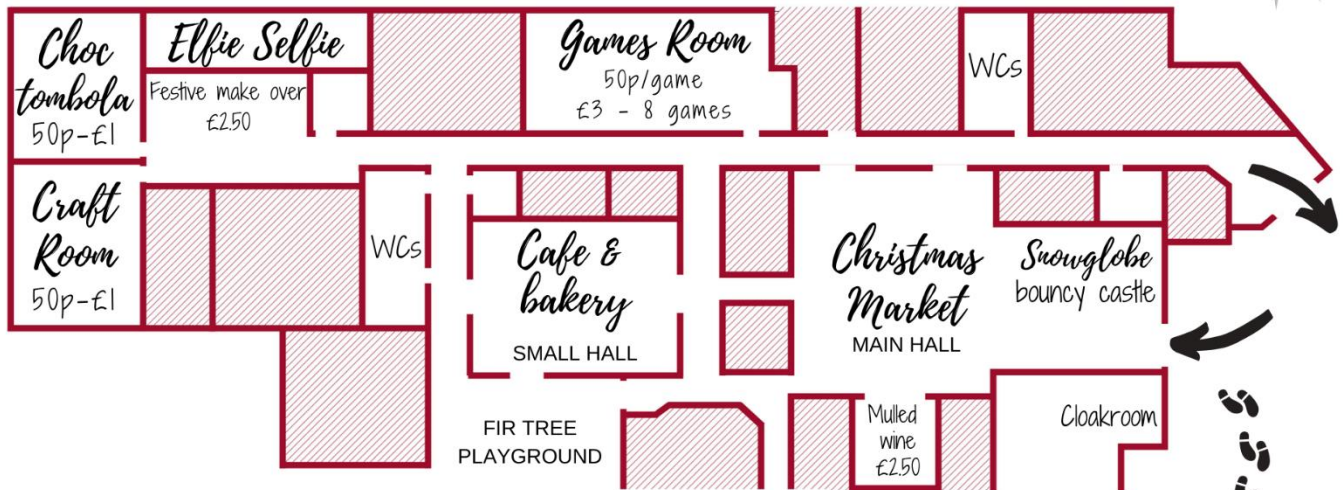
- **Helping our Local Homeless:** we are collecting items (box in reception) which can be used at the local hubs during the run up to Christmas and would be really grateful if you can make a donation from the list provided (see wish list on page 4). Please ensure that any donated sleeping bags or duvets are clean and have the necessary fire instructions. The centre is always in need of tea and coffee due to the huge amount of cups which are served each day! Any donations will be very gratefully received.
- **Shoe Boxes for Romania:** thank you so much to everyone who donated a shoe box, they will make such a difference to those who receive them.

12. **Cycling & Walking Infrastructure – Consultation:** West Sussex has launched a cycling and walking consultation. The Draft Plan (and key routes) have been designed with education / business / community sites in mind and they would be extremely grateful for your views. The [Consultation on the Adur & Worthing Draft Local Cycling and Walking Plan was published on the Councils' website last Wednesday](#). They are keen for as many people as possible to have their say on ways to make walking and cycling easier and safer across Adur and Worthing. The online consultation will run until 6th January with exhibitions held at the Shoreham Centre and Worthing Town Hall foyers between 27th November – 6th January 2020. There are also drop in events on Thursday 19th December 2019. The online consultation and the draft document can be found on the council consultation webpages: [Consultation on the Adur & Worthing Draft Local Cycling and Walking Plan](#).

13. **Applying for a school place for September 2020:** parents & carers applying for a place need to:
- Complete the [County Admissions Form](#) (online) by Wednesday 15th January 2020 (compulsory). www.westsussex.gov.uk/admissions
 - Complete and return the [Supplementary Information Form](#) to school by 4pm on Wednesday 15th January 2020.
 - If you are a regular worshipper, please ask your Minister / Priest to complete the [Church Support Form](#), and ask him/her to return the form to the school by 4pm on Wednesday 15th January 2020.



ST NIC'S • CHRISTMAS • FAYRE!



Christmas Market

- Teddy Bear adoption - £1
- Christmas wreaths - £10
- Stocking fillers - £1
- Christmas jumpers - £2
- Hot chocolate cones - £1

Entertainment

- 4.00pm Christmas Choir
- 5.00pm Samba Glow Band
- 5.30pm Raffle Draw



Emmanuel presents



Sun 8th Dec
7pm



At The
Shoreham Centre

The Gift

A production of traditional and modern
Christmas carols for everyone

WeAreEmmanuel.com/TheGift

Neither the Governors nor West Sussex County Council support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this bulletin or any other publication).



Secure Attachments - Robust Learners - Building Futures

Understanding Challenging Behaviour

Workshop for Parents and Carers

Wednesday 27th November 2019

1:30pm-3pm in the Small Hall

at [St Nicolas & St Mary CE Primary School](#)

Do you experience defiant behaviour at home?

Does your child have angry outbursts?

Would you like to better understand what may be behind these behaviours?

Learn strategies to support your child.

- * Workshop led by Emma Connor, Child Psychotherapist and Director of Your Space Therapies
- * Suggested donation of £5 per person
- * Limited number of places available

Please register your interest by emailing Mrs Nisbet at: homeschoollink@stnm.org.uk

Places will be confirmed in due course.



GIGS 4 KIDZ

Party entertainment for all the family!

FRIDAY 22ND NOVEMBER
From 6.30 pm
at the Harbour Club, Shoreham Beach

An evening of live music, singing & dancing fun for the whole family!

www.gigs4kidz.co.uk

Open to all and free entry!

NOVEMBER 2019

Wishlist



EDIBLE ITEMS

COFFEE
SUGAR
SQUASH
JUICE
BISCUITS



MISC ITEMS

ANTI BAC SPRAY
BLEACH
TOILET CLEANER
TOILET ROLLS
TEA TOWELS
SLEEPING BAGS
BATH TOWELS
CLEAN & UNSTAINED
SINGLE DUVETS
CLEAN & UNSTAINED
PILLOWS



CLOTHING

MEN'S JEANS (SMALL WAIST)

DUE TO AMAZING RESPONSE WE NO LONGER NEED:

TOILETRIES



THE SIGER UNIT CLOSED MON 4 - FRI 8 NOVEMBER

14-16 Seldon Road, BN11 2LL



SAME TIMES - NO FURNITURE

Telephone in advance to confirm drop off times.

Phone: 01903 680740

Open from
11 November

THANK YOU

DELIVER TO:
Mon, Wed & Fri
9am-12:30
Unit 1
The Siger Close
Worthing
BN11 2EN



 **TURNING TIDES**
ENDING LOCAL HOMELESSNESS

• DONATIONS @ TURNING-TIDES.ORG.UK | 01903 680740
Registered charity number: 1027853



CHRISTMAS FAYRE 29
NOVEMBER

CAKES & SAVOURIES

JOIN US IN THE MAIN HALL FOR
BREAKFAST WITH SANTA AND HIS
ELVES

£5 TO INCLUDE CONTINENTAL
BREAKFAST, GROUP SESSION WITH
SANTA, GIFT AND INDIVIDUAL
PHOTO OPPORTUNITY

SATURDAY 7 DECEMBER
FROM 9AM

St Nic's
PTA
supporting our children together

TICKETS AVAILABLE SOON ON PTA-EVENTS.CO.UK/
STNICSPTA



Thursday 1st Dec

£2.35

Festive Menu

Choose a main meal...

Roast Turkey
with Stuffing, Cocktail Sausage & Gravy

or

Quorn Fillet
with Stuffing Ball & Gravy

on the side...

Roast Potatoes
Peas and Carrots

for dessert...

Chocolate Dipped Shortbread

or

Fruit Salad

for a drink...

Fruit Squash

Milk

Water

To enjoy our festive-inspired day, please
order at www.mealselector.co.uk
by 8th December 2019 latest





AFTER SCHOOL CLUB

FUN, EXERCISE, FRESH AIR, DIFFERENT ACTIVITY EVERY WEEK
'Children 100% washable, towel dry'

BOOK ONLINE WWW.THEOUTDOORSPROJECT.CO.UK

WEDNESDAY at St Nicolas and St Mary

At the Outdoors Project we are all about getting kids outdoors and active, away from technology and having lots of fun. Our range of activities is truly diverse; there is something for everyone! The emphasis at our clubs is on enjoyment and appreciation of the outdoors, and our games are more about having fun than competing.

Next term's club will begin on 15 January 2020 and you can book via our website.

Special offer – 50% off a club t shirt if you book before 30th November!

* NEW ACTIVITIES *

- * Pokemon Stack Attack * Evolution Game * Bug Hunting *
- * Eco Planting * Shelter Build * Camp Fire Cookout *
- * Toffee Apple Making * Giant Catapult Build * Survival Dash * Mexican Gods' Eyes * Nerf Adventure Games * all featuring the key ingredient FUN !

Each session starts with games and is followed by a specific 'activity'. The clubs encourage team building, friendship, communication whilst learning new skills and having lots of fun. All our clubs run for 1 hour after school on school premises in all weather conditions. Children do not need a change of clothes but please make sure they have sensible outdoors shoes and coat. All staff are DBS checked, insured and fully trained.

- * This club is scheduled for 10 weeks starting on Wednesday 15 January until Wednesday 25 March. |
- * A designated pick up/meet point will be communicated via your booking confirmation email.
- * The club costs £7.00 per week, paid termly. If you would like an alternative payment plan, please just let us know.

FOR MORE INFO PLEASE CHECK OUT THE WEBSITE OR CALL
ROB CRUISE ON 07931 557 981 www.theoutdoorsproject.co.uk/

HOLIDAY CLUBS ** BIRTHDAY PARTIES ** SCHOOL WORKSHOPS ** SAPLINGS PARENT TODDLER GROUP

ST NICOLAS & ST MARY SCHOOL
EASTERN AVENUE, SHOREHAM-BY-SEA

Sponsored by



ST NIC'S

• CHRISTMAS •

FAYRE!

FRIDAY 29 NOVEMBER
3.15 - 6PM



ELFRIDGES
IS BACK!

SNOWGLOBE
BOUNCY CASTLE

CAFE &
BAKERY

RAFFLE &
TOMBOLAS

ST NIC'S
CHOIR SINGERS

GAMES &
STALLS

www.westsussex.gov.uk/admissions



Was your child born between
1 September 2015 and 31 August 2016?

If so they are eligible to start
school in September 2020.

Apply online!

It's simple, convenient
and timesaving. If your
application is received after
the deadline of Wednesday
15 January 2020 your chance
of securing a place at one of
your preference schools could
be seriously affected.

You can apply online from Monday
7 October 2019. If you would like
further advice or information contact:

☎ 03330 142 903

Free internet access to apply
online is available at all:

- West Sussex libraries
- Children and Family Centres



WS1900 06.2019

Apply online at:

☐ www.westsussex.gov.uk/admissions

Deadline: Wednesday 15 January 2020



CHARITY REG NO: 1027932

St Mary de Haura Church *Shereham-by-Sea*

Saturday 30th November 10am-5pm

Sunday 1st December 11am-4pm



Crafts * Gifts * Raffle * Cakes * Refreshments



→ EVENT SPONSORS



TURNING TIDES
ENDING LOCAL HOMELESSNESS

01903 680740

FUNDRAISING@TURNING-TIDES.ORG.UK

WWW.TURNING-TIDES.ORG.UK

Families In Mind Adur Play & Chat Drop In

Tuesdays 10:00—12:00

at The Co-op Community Space, Ham Road,
Shoreham-by-Sea, BN43 6PS



Families in Mind work in partnership with other charities and community services, to improve the mental health and emotional wellbeing of parents with young children.

Pop in to our free, weekly drop-in group for parents of children from bump to pre-school age. There's parking available at The Co-op. Come join us for a cuppa and have a friendly and supportive chat, whilst the little ones play.

Contact Kim on 07538 895837 for more information.



mind | Coastal
for better mental health | West Sussex



ENJOY YOUR BABY

By Dr Chris Williams and Dr Michelle Haring

5 fun
friendly
sessions

In just five, enjoyable 90-minute sessions, this course can help mums to make positive changes in their lives and start to enjoy new parenthood.

With the help of a little book and supportive guidance at each session, participants learn how to improve their feelings when they feel low, worried or hopeless and will learn skills that help them tackle problems in their lives.

They will also meet other new mums and have a lot of fun!



Time/Date:

**Term-time only
10:30-12:00
Thursdays**

Cost:

No Cost!

Location:

**Co-op Community
Space, Shoreham**

Contact:

**Please contact Kim
Anthony 07538
895837.**

Get additional help at www.fiveareas.com

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**Babies are very welcome!
All groups are subject to change.
These sessions are also available on line:**

<http://www.coastalwestsussexmind.org/mental-health-support/support-for-families/enjoy-your-baby>