
***"May he give you the desire of your heart and make all your plans succeed."
Psalm 20:4***

1. COMMUNICATION

- **Full opening update:** Please take the time to read this document and share the relevant information with your child.
- **Emails:** please use office@stnm.org.uk to contact the school with queries. Email remains our main form of communication and we continue to receive a huge amount – we will endeavour to respond as soon as possible.
- **School Office:** parents and carers should **not** enter the foyer unless they have a pre-arranged appointment. Please refer to the school website for information or email / phone if you have any queries 01273 454470. The office will be manned to respond to emails and telephone queries from 8am – 4.30pm.
- **Calendar:** term dates, upcoming events etc. This can be filtered by year group to help you find dates relevant to you. Follow the link for instructions on how to [use](#) or [subscribe](#) to the calendar.
- **Letters sent home this week:** Click on the link to see past letters:
<http://www.stnicolasmary.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56>

2. STARTING SCHOOL: We are very excited about welcoming all our children back to school on Monday. We realise things will be very different and we would like to reassure you all that we have been working very hard to ensure they are coming to a welcoming and safe environment. We will be circulating the Opening Update for parents and carers today which will also be available on the website. Please read this document carefully as it contains essential information about the logistics of coming to school and health and safety processes. Please do check the 'Returning After Closure' part of the website for resources to support children's return.

3. HOME SCHOOL LINK SUPPORT: We are delighted to announce that Ms Thompson will be taking on the role of Home School Link Worker. Ms Thompson has worked at the school for several years and she has lots of knowledge and experience supporting children. Ms Thompson will be on the playground every Monday to Thursday morning and can be contacted through the Office.

4. WORSHIP & ETHOS – Assemblies:

- We are delighted that all our children will be back in school this term. We will not be doing daily 'Awesome Assemblies' as we can do some class assemblies and 'live' broadcasts within school. Mr Badger still hopes to do one Awesome Assembly a week, in addition to some of his new friends (more news on these in following weeks!) As we will no longer need to text links to our assemblies, please **'subscribe to Awesome Assemblies'** and allow notifications if you still want to watch them at home.

5. FREE SCHOOL MEALS: Is your child eligible? Free School Meals for children in Years 3 – 6 can provide a saving for families of more than £450 per year per child. If your child does qualify for Free School Meals (whether or not you take up the meals), the government will also give our school extra funding, known as **Pupil Premium** funding, to help pupils reach their full potential regardless of their background or financial situation. All children who are entitled to Free School Meals bring an **additional £1345** into the school budget to support their learning experiences at school. This vital funding makes a real difference to the quality of education we offer, enabling us to plan and support learning opportunities for eligible children. Checking whether your child is eligible is quick and easy – just a simple form, [click here](#) to go to the Free School Meal application form on our website (on a mobile phone please scroll to the bottom of the page to find the form). Alternatively, please email the school office and we will print out a hard copy for you. If you would like any assistance with completing the form, we are happy to help you and it should take no more than 10 minutes. The information will be treated in confidence.

6. OCTOPUS AND STARFISH CLUBS

- All bookings for the first half of the Autumn Term must be made by the end of Thursday 10th September and sessions will not be available to book after this date.
- Once bookings are made, four weeks' notice must be given for cancellation.
- Sessions are booked on a first come first served basis – we reserve the right to cancel your booking with a full refund if the place is required for a vulnerable child or for children of critical workers.
- Sessions are not available to book on an ad hoc basis, this is to ensure we can continue to keep children in year group bubbles during this time – this is not manageable if numbers in year groups fluctuate greatly. Please only book for regular days e.g. every Monday in Starfish Club.
- We are not able to offer Little Octopus and Little Starfish clubs until further notice.

7. **Chartwells Hot School Meals:** the autumn menu is available on our website, please click on the link which will take you to the hot school meals section on our *Food and Drink at School* page and then click on the “Chartwells Menu for Autumn 2020” text: [Hot School Meals - Chartwells](#)

8. HEALTH & SAFETY

- **Journey to school:** If you are travelling to and from school by bike/car via Upper Shoreham Road please allow extra time as there are gas works in Upper Shoreham Road. These started on Monday 24th August for approximately three weeks. The work is between the junctions with Park Avenue and Eastern Avenue and there are temporary multi-way lights in place. The lights will be manually controlled between 6.30-9.30am and between 2.30-6.30pm to assist the traffic flow.
- **Public Health England's 'Better Health' campaign:** PHE has launched a 'Better Health' adult health campaign that provides an opportunity for the nation to reset and introduce healthy changes. For many, the past few months have been a wake-up call, with people realising how precious their health is and recognising that it is time to get back on track. To support people to live healthier lives, the campaign provides a variety of tools and apps to help you make healthier food choices, become more active and prevent future weight gain. One of these tools is the NHS 12-week weight loss plan, providing engaging content that can be personalised and tailored to the goals and needs of the individual. Click the link to find out more: <https://www.nhs.uk/better-health/>



SewCrafty

SewCrafty sewing & craft club
for children in Y3-6



SewCrafty has moved online!

When: Mondays or Wednesdays, 4:15-5:15pm

Cost: £7 weekly, half-termly blocks

Who: For children in Y3-Y6

Contact: Yo Clay at yosewcrafty@gmail.com m. 07825 381160



Weekly sessions after school

Small friendly classes (places limited)



Resources delivered to your door

Learn how to sew, create unique projects and have lots of fun!

Hand-sewing (machine sewing can be incorporated if you have a machine and know how to use it!)



After school club, holiday workshops, parties, 1:1 lessons

Check out [@yosewcrafty](https://www.instagram.com/yosewcrafty)  



ELITE COACHING SOCCER ACADEMY

UNLOCK YOUR POTENTIAL



EVERY THURSDAY

ADVANCED DEVELOPMENT CENTRE

We have structured our coaching programme to concentrate on the individual progression within a player rather than a result based environment. Our development courses are designed to enhance your individual abilities for you to perform for your youth grassroots teams.

Our sessions are delivered by our experienced, FA-qualified coaches. There is also opportunities to progress through our player pathway into our E.C.S.A Invitational squads.



SIR ROBERT WOODARD ACADEMY

Boundstone Lane, Lancing, BN15 9QZ

SCHOOL YR - 2 - 6

17:50 - 18:50

SCHOOL YR - 7 - 11

17:50 - 18:50

**BOOKINGS ARE LIVE!
BOOK YOUR SPACE ONLINE.**

TEL: 07515 971040

EMAIL: HARRY@ELITECOACHINGSOCCERACADEMY.CO.UK

WEB: WWW.ELITECOACHINGSOCCERACADEMY.CO.UK



ELITE COACHING SOCCER ACADEMY

UNLOCK YOUR POTENTIAL

BOYS & GIRLS DEVELOPMENT COURSES 6-12 YEARS

The E.C.S.A. structured coaching programme concentrates on the progression of each individual rather than a player's performance within a results-based environment.

Our development courses are designed to enhance your abilities so that you can play your best for your grassroots youth team. Our programme also provides opportunities to progress through our player pathway into our E.C.S.A. Invitational squads.

We aim to unlock the potential and confidence of all players, whatever their ability in a fun and safe environment.

THURSDAYS - ADVANCED DEVELOPMENT CENTRE

17:50 - 18:50

FRIDAYS - GIRLS SPECIFIC DEVELOPMENT CENTRE

YR 3 - 6 17:50 - 18:50

YR 7 - 11 18:50 - 19:50

SATURDAYS - BOYS & GIRLS SATURDAY SOCCER SKILLS 10:30 - 11:30

Saturday Soccer Skills has been designed to provide action-packed, fun-filled, exciting, and progressive sessions that keep children of any ability active and entertained. Our goal is to aid the development of children's football abilities, as well as focusing on social aspects such as teamwork and sportsmanship.

GOALKEEPING DEVELOPMENT 6 - 11 YEARS

Being a goalkeeper is one of the hardest jobs on the pitch, yet it is one of the most overlooked aspects of a team training session! This is where we are here to give you the quality training you need to take your game to the next level.

FRIDAYS

YR 3 - 6 17:50 - 18:50

YR 7 - 11 18:50 - 19:50



SIR ROBERT WOODARD ACADEMY
Boundstone Lane, Lancing,
BN15 9QZ

LITTLE DRIBBLERS 3 - 6 YEARS

Developed for ages 3-6, Little Dribblers encourages children to enjoy and regularly participate in sport. Created with the younger player in mind, our sessions ensure activities are fun and rewarding.

SATURDAYS 10:30 - 11:30



INVITATIONAL ELITE SQUADS

E.C.S.A. Elite is precisely structured to help ambitious players unlock their full potential. Our detailed programme supports our players to gain the skill-sets required to excel when faced with competitive challenges. It is our intention to develop our squads over a sustained amount of time, working with a very comprehensive schedule. Contact us for more info.

WWW.ELITECOACHINGSOCCERACADEMY.CO.UK

EMAIL: HARRY@ELITECOACHINGSOCCERACADEMY.CO.UK

TEL: 07515 971040



Sussex Music School

Guitar, Piano, Violin, Cello, Drumming, Singing, Woodwind , Brass and Music Production lessons for children, teens and adults across Sussex.

Contact us on info@sussexmusicschool.com to book a free trial lesson with one of our highly qualified and experienced local teachers.



SussexMusicSchool

www.sussexmusicschool.com



Confederation of School Trusts

This diagram shows how to advise individuals (children and adults) and their households if they become unwell OR if they are sent home because they have been in contact with someone who is ill. It is based on the [guidance](#) for the full opening of schools set out in section one, Public Health advice to minimise risks. This is not a substitute for reading the full guidance and CST does not accept responsibility if you use this solely or instead of the planning guidance.

A person with symptoms

If a person becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), **then** *they* must be sent home, arrange a test and self-isolate for at least 7 days

If a person becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), **then** *other members of their household* should self-isolate for 14 days from when the symptomatic person first had symptoms.

If a person with symptoms **tests negative** and if they feel well and no longer have symptoms similar to coronavirus (COVID-19), **then** *they* can stop self-isolating. *Other members of their household* can stop self-isolating.

If a person with symptoms **tests positive**, **then** *other members of their household* should self-isolate for 14 days from when the symptomatic person first had symptoms.

A person who is sent home because they have been in contact with someone with who has tested positive

The health protection team will provide definitive advice on who must be sent home. A person who has been in contact with someone who has tested positive will be sent home and asked to self-isolate for 14 days.

If a person has been in contact with who has tested positive and is sent home to self-isolate for 14 days, **then** *their household* does not need to self-isolate, unless the person who is self-isolating subsequently develops symptoms.

If a person who has been in contact with someone who has tested positive subsequently *develops symptoms themselves* within their 14-day isolation period, **then** they should stay at home and get a test.

If the test delivers a **negative result**, **then** they must remain in isolation for the remainder of the 14-day isolation period as they could still get symptoms after being tested

If the test delivers a **positive result**, **then** they should inform their school immediately, and must isolate for at least 7 days from the onset of their symptoms.

If the test delivers a **negative result**, **then** *their household* can stop self-isolating if they do not have symptoms

If the test delivers a **positive result**, **then** *their household* should self-isolate for at least 14 days from when the symptomatic person first had symptoms.

Neither the Governors nor West Sussex County Council support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this bulletin or any other publication).