

1. Dates & Events

Event	Yr	Date	Time
Y4 trip to Worthing Mosque	Y4	Tuesday 4 th February	am
YR visit from Guile's Reptiles	YR	Wednesday 5 th February	am
Parent/Carer Consultations	YR – 6	Thursday 6 th February	4.50 – 8pm
YR Maths Games with parents/carers	YR	Friday 7 th February	8.45–9.15am
Safer Internet Day	All	Tuesday 11 th February	All day
Parent/Carer Consultations	YR – 6	Tuesday 11 th February	3.40 – 6pm
West Sussex Youth Cabinet Elections	KS2	Thursday 13 th February	All day
Y1 Buckingham Palace Tea Party	Y1	Thursday 13 th February	2.30 – 3pm
PTA – Cake Sale	All	Thursday 13 th February	3 – 3.30pm
Y2 trip to South Downs Planetarium	Y2	Friday 14 th February	All day
Half-term		Monday 17 th – Friday 21 st Feb	

Don't forget to check the dates for the whole term on the website!

2. **NEW DATES / AMENDMENTS TO DATES**

- Safer Internet Day: Tuesday 11th February
- YR visit from Fire Brigade: Thursday 12th March, 11am
- Y3 Sea Lion Music Showcase: Wednesday 25th March, 9.15am
- Y3 Seal Music Showcase: Wednesday 25th March, 2.45pm
- Y4 Easter Showcase: Tuesday 31st March, 9.15am
- Dojo Reward Afternoon: Thursday 2nd April, 1 – 3pm
- Y1 DD Showcase: Friday 1st May, 9.15am
- Y4 & Y5 Chartwells Workshops: Monday 4th May
- Y6 SATS week: Monday 11th – Thursday 14th May
- Y1 SD Showcase: Friday 15th May
- Y5 adventure at Truleigh Hill YHA: Thursday 18th – Friday 19th June
- Y5 & 6 Swimming Gala: Thursday 9th July, am
- **Date amendment:** WS Youth Cabinet Elections will now be held on Thursday 13th February (**NOT** 4th Feb).

Please note that THURSDAY 3rd SEPTEMBER is an Inset Day – children will start school on Friday 4th September.

3. **INFORMATION ABOUT UPCOMING EVENTS**

- **YR Maths Games, Friday 7th February:** Reception parents and carers are welcome to come and play Maths games with their children after drop off.
- **Safer Internet Day:** this year, *Safer Internet Day* is on Tuesday 11th February. The focus this year is on “*Exploring whether young people feel free to be themselves online,*” and will aim to “*inspire young people to support each other in being who they want to be, celebrate difference and help us work towards creating a truly inclusive internet.*” For more information, as well as e-safety advice and support, please visit www.saferinternet.org.uk
- **Parent Consultations:** Reminder that parents should attend their appointment without their children as there is no supervision available and no room for them in the hall. School is open and insecure.

Orchestra Trip: some of our Y3 children undertook a trip to see an orchestra at Worthing Assembly Hall. We had hoped to take more children but were only allocated a few tickets! We asked children who were interested and/or played an instrument. We know that more children would have liked to go – hopefully there will be another opportunity!

4. **Letters sent home this week:** Click on the link to see past letters <http://www.stnicolasmary.w-sussex.sch.uk/page/?title=Letters+Sent+Home&pid=56>
- Y1 Phonics letter
5. **WORSHIP & ETHOS** 'Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken' **Psalms 55:22**
6. **Octopus & Starfish Club & Little Octopus & Little Starfish Clubs:** The bookings slots for the 2nd half of the spring term are now available on sQuid.
7. **Internet safety:** We have become aware that children in the school are accessing social media sites at home to message and communicate with each other. We understand that this is a complex area for parents therefore we felt it would be helpful to share with you the **minimum age restrictions** for a range of social media sites:
- | | |
|------------------|---------------------------------------------------------------------|
| WHATSAPP | 16 years (was previously 13 but went up to 16 in April 2018) |
| FACEBOOK | 13 years |
| TIK TOK | 13 years |
| SNAPCHAT | 13 years |
| INSTAGRAM | 13 years |
- We highly recommend that you have a look at the NSPCC Net Ware website which provides concise information for parents about each social network, app and game as well as other tips and advice about keeping your child safe online: <https://www.net-aware.org.uk/>.
8. **House Point Winners (Autumn Term):** Congratulations to **Blue House in KSI** for achieving the highest number of points on the KSI Tree of success last term. In addition, well done to **Red House** for coming out on top (it was closest term in terms of points between all 4 houses, we have ever had) in the **KS2 House Points** competition. We have decided as the prize to once again allow the winning children to wear **non-school uniform for one day**. The date for this will be **Friday 7th February**. We will send a reminder text out next week to the parents of children in **KSI Blue House and KS2 Red House**.
9. **Shoebox Appeal:** thank you to everyone who donated a shoe box before Christmas. Link to Hope sent 37,400 shoeboxes to those in need in Eastern Europe. If you would like to read their delivery diary please click on the link: <https://linktohope.co.uk/shoebox-appeal-2019/shoebox-delivery-diary-2019>
10. **Childcare services:** if you are looking for a childminder and not sure where to start, do pop into the office and ask. As a school we are unable to recommend specific childminders but can sign-post you to information. The West Sussex County Council website offers a search facility which may be useful: <https://familyinfoservice.westsussex.gov.uk/Synergy/PublicEnquiry/>
11. **REQUESTS**
- **Junk modelling for YR:** Reception would welcome any small boxes and other items for junk modelling, please drop into the office! Thank you.
 - **Second Hand Uniform:** The PTA are looking for good quality second hand uniform donations from Monday. Please hand in to the office in preparation for the next PTA uniform sale.
 - **The 5p challenge!** A reminder that the 5pm challenge starts on Monday 3rd February. Each class will receive an empty 2l bottle. They can earn 5p coins at home by doing jobs and chores, then bring them into class to pop into their class' bottle. Each class can then work together to collect as many 5p coins as they can over 8 weeks. There will be prizes for the classes that collect the most to spend on whatever they want as a whole class. 1st prize will be £75, 2nd prize £50 and 3rd prize £25. The challenge will run from 3rd February until 3rd April. The winners will be announced after Easter.
12. **HEALTH & SAFETY**
- **Flu Vaccinations:** following our participation in the Flu Vaccination Programme 2019/20 we are pleased that our overall uptake rate was 67% which was above the NHS target of 65%.
 - **Head Lice:** we have had a lot of cases of head lice in school recently so thought we would just give you further information about how to prevent and treat it. Head lice are not a health hazard because they do not carry serious diseases but they are a persistent nuisance in schools. To control outbreaks it is important that you check your child's hair on a weekly basis and not just when you receive a text notifying you of cases in school. For more information on checking your child's hair and options available for treatment please follow the NHS link <https://www.nhs.uk/conditions/head-lice-and-nits>. If you find your child does have head lice, please inform the

school office and anyone who may have had head-to-head contact with your child. To help prevent the spread of head lice:


- o comb your child's hair regularly with a nit or bug-busting comb. You can buy these from your local pharmacist;
- o periodically inspect the hair of all the children in the family;
- o do not be embarrassed to tell the parents of any other children who may have had head-to-head contact with your child;
- o thank other parents if they let you know that their child has lice.

13. PARENT/CARER COURSES

- **Your Space Therapies – Boost the Bond: The BEST Relationship with your Child:** a therapeutic parenting course, Wednesday 5th February 2020. This course will be at St Nic's 6-8pm (see flyer).
- **Parentalk – the Primary Years:** six sessions starting on Tuesday 28th January at Shoreham Baptist Church (see flyer).

14. 2Simple – 2Build a Profile

In line with data protection we are going to archive data saved at the end of each academic year and will delete all data at the end of the following year. Therefore, if any information is required by parents of pupils who used 2Simple during the academic year of 2017/2018 please access your account or contact 2Simple at info@2Simple.com for further assistance. This information will be deleted after the Easter Holidays on Thursday 23rd April 2020.




Congratulations!

St Nicolas and St Marys CofE Primary School


Are Fantastic Flu Fighters!

The national target for 2019/20 uptake of the flu nasal spray at school in West Sussex was 65%.

Your school achieved **67%**



Excellent care at the heart of the community




Family & Elderly Shoebox Appeal

A Big Thank You to

St Nicholas & St Mary School

for helping us to deliver Christmas Shoeboxes to some of the poorest people in Eastern Europe.
Every box contained a smile from you to them.



37,400 Shoeboxes!

Link to Hope
Link House, Park Road, Worthing, West Sussex,
BN11 2AN

Tel: 01903 529333
www.linktohope.co.uk
info@linktohope.co.uk

Reg. Charity No. 1069722



Secure attachments
Robust learners • Building futures



Your Space Therapies are pleased to present a Therapeutic Parenting Course in Sussex.

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.



Boosting the Bond for the BEST relationship with your child



Wednesday 5th february 2020 6-8pm
£20 per ticket. Capacity 40.



Your Space Therapies are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offer practical strategies and therapy games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours.

To book please email bookings@yourspacetherapies.org

43% of delegates who have attended your Space Therapies trainings have rated them 'excellent'.

"This course really helped me think about why my children behave the way they do and now I have practical ways to help"

"Now I have helpful ways to respond when my children are angry or upset"

"I loved learning the therapeutic games"

"Learning about children's emotional brain development was fascinating"



Venue:

St. Nicolas and St. Mary's Primary School,
Eastern Avenue, Shoreham-by-Sea,
West Sussex, BN43 6PE

Did you know . . . Your Space Therapies can also provide bespoke parenting consultations as well as various therapies? To enquire please contact

info@yourspacetherapies.org

Tel: 01903 209991
www.yourspacetherapies.org



Church of the
Good Shepherd

Love your neighbour

Saturday 15th February 3pm to 5pm

Craft, games, story, celebration,
family, food

The Church of the Good Shepherd, Shoreham Beach



Rainbows are the youngest section of GirlGuiding for girls aged 5-7



Come and join the fun.

3rd Southwick Rainbows meet on Thursdays between 4.30 and 5.45pm at St Michael's church hall Southwick. We currently have spaces and are accepting new girls to our waiting list.

If you would like to know more or join our waiting list, please register your daughters interest at :<https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>



£2.35

Pancake Friday

28th February

Choose a main meal...

Fish & Chips
or

Omelette & Chips

on the side...

Baked Beans
or Salad

for dessert...

Pancake with Syrup
or Fruit Salad



Please place orders by Sunday 16th February at www.mealselector.co.uk, where greater details are displayed.

For more information on special diets please contact westsussexspecialdiets@compass-group.co.uk. Please ensure special diet requests are made 2 weeks prior to the event.

Terms and Conditions apply.



Neither the Governors nor West Sussex County Council support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this bulletin or any other publication).

GIGS 4 KIDZ

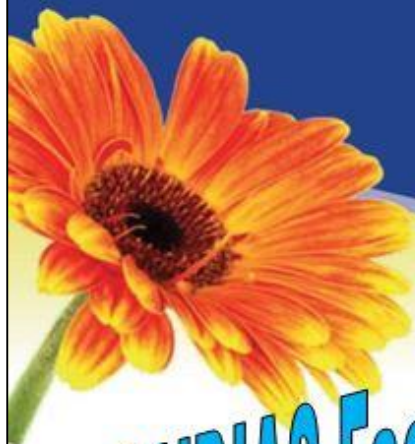
Party entertainment for all the family!

SATURDAY 1ST FEBRUARY
From 6pm – 9pm
at the Longshore pub, Shoreham

An evening of live music,
singing & dancing fun
for the whole family!

www.gigs4kidz.co.uk

Open to all and
free entry!



West Sussex SEND Information,
Advice and Support Service

*Providing impartial advice and support to
young people with special educational needs
and/or disabilities, and their parent carers*

SENDIAS Face to face Sessions

Up and coming sessions for parent carers:

FRIDAY 7th FEBRUARY 2019 – CHICHESTER AREA

Chichester C&FC, St James' Road, Chichester, PO19 7AB (For SatNav use PO19 7HY)

WEDNESDAY 26th FEBRUARY 2019 – HORSHAM AREA

The Needles Children and Family Centre, Three Acres, Horsham, RH12 1RS

TUESDAY 10th MARCH 2020 – EAST GRINSTEAD AREA

East Grinstead Blackwells Children and Family Centre,
Blackwell Farm Rd, East Grinstead RH19 3JL

FRIDAY 13th MARCH 2020 – HORSHAM AREA

Pulborough Children and Family Centre, Pulborough Village Hall,
Swan View, Lower Street, Pulborough, RH20 2BF

Would you like to attend a face to face session?

Following your feedback, we have arranged face to face parent carer support sessions across the county with our Advisors where we can give you free, confidential and impartial information and advice on your individual situation.

To book a session on Eventbrite, please copy the following link into your web browser: <https://bit.ly/2ZnKyEH>

Please make sure that you have chosen the correct venue & time that you wish to book.

If you are unable to book on line, please contact the
West Sussex SEND Information, Advice and Support Service on 0330 222 8555
or email: SEND.IAS@westsussex.gov.uk

FRESH AIR. FRESH ACTIVITIES. FRESH ATTITUDE.

FEBRUARY 1/2 TERM HOLIDAY CLUBS



AT VICTORIA PARK, WORTHING AND BUCKINGHAM PARK, SHOREHAM



Ofsted Registered

We accept childcare vouchers

"I've seen my son's confidence grow during his time spent doing The Outdoors Project"

"The staff are brilliant, great personalities and fantastic with the kids!"

"My daughter has asked if she can attend the After School Club until she leaves school!"

- MONDAY 17 FEBRUARY - VICTORIA PARK - MEGA GAMES DAY
 - MONDAY 17 FEBRUARY - BUCKINGHAM PARK - ARCTIC SURVIVAL CHALLENGE
 - TUESDAY 18 FEBRUARY - VICTORIA PARK - WORLD STICK CHAMPIONSHIP & MANHUNT
 - TUESDAY 18 FEBRUARY - BUCKINGHAM PARK - CAMPFIRE COOKOUT
 - WEDNESDAY 19 FEBRUARY - VICTORIA PARK - CAMPFIRE COOKOUT
 - WEDNESDAY 19 FEBRUARY - BUCKINGHAM PARK - NERFAGEDDON
 - THURSDAY 20 FEBRUARY - VICTORIA PARK - NERFAGEDDON
 - THURSDAY 20 FEBRUARY - BUCKINGHAM PARK - WORLD STICK CHAMPIONSHIP & MANHUNT
 - FRIDAY 21 FEBRUARY - VICTORIA PARK - ARCTIC SURVIVAL CHALLENGE
 - FRIDAY 21 FEBRUARY - BUCKINGHAM PARK - MEGA GAMES DAY
- 5 FOR 4: BOOK 4 DAYS THEN CONTACT US TO GET THE 5TH FREE!

MORE INFO ON ACTIVITIES AND TO BOOK WWW.THEOUTDOORSPROJECT.CO.UK

What's in Store...

Gymnastics

If your child loves gymnastics look no further than Premier Education's Holiday Camps, dedicated to their number one activity. We have teamed up with British Gymnastics to provide a jam-packed schedule with some of the country's best and brightest Activity Professionals.

Performing Arts

If you have a budding star who loves to perform, nurture that creative spark at one of our dedicated Performing Arts Holiday Camps. With a range of exciting activities including street and contemporary dance, cheerleading, musical theatre and drama.

Football

Play the beautiful game under the watchful eyes of FA qualified coaches and scouts. Dribbling, passing, shooting and lots of matches are sure to give your child a fun-filled day playing football.

Zorb football

Combining the beautiful game with bubbles to create hilarious, fun and excitement. Whether it's king or queen of the ring, bubble relays, or zorb football matches, there is guaranteed amusement to be had!

Multi-Sports

The best team activities and sports combined, our courses blend traditional sports with exciting, up-and-coming games and activities. Whether it's learning new sports like Archery or mastering the classics like Dodgeball, our sports camps have something for everyone.

Nerf Play

Adrenaline pumping fun adventures to be had by all in a variety of nerf challenges and games set in a safe environment. Action packed challenges and competitions are sure to bring the competitive side out in everyone in these thrill-a-minute nerf activities.

1999-2019

20

YEARS

OF Premier
Education

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EARLY BIRD DISCOUNT.
When you book online
up to two weeks before
course start date!

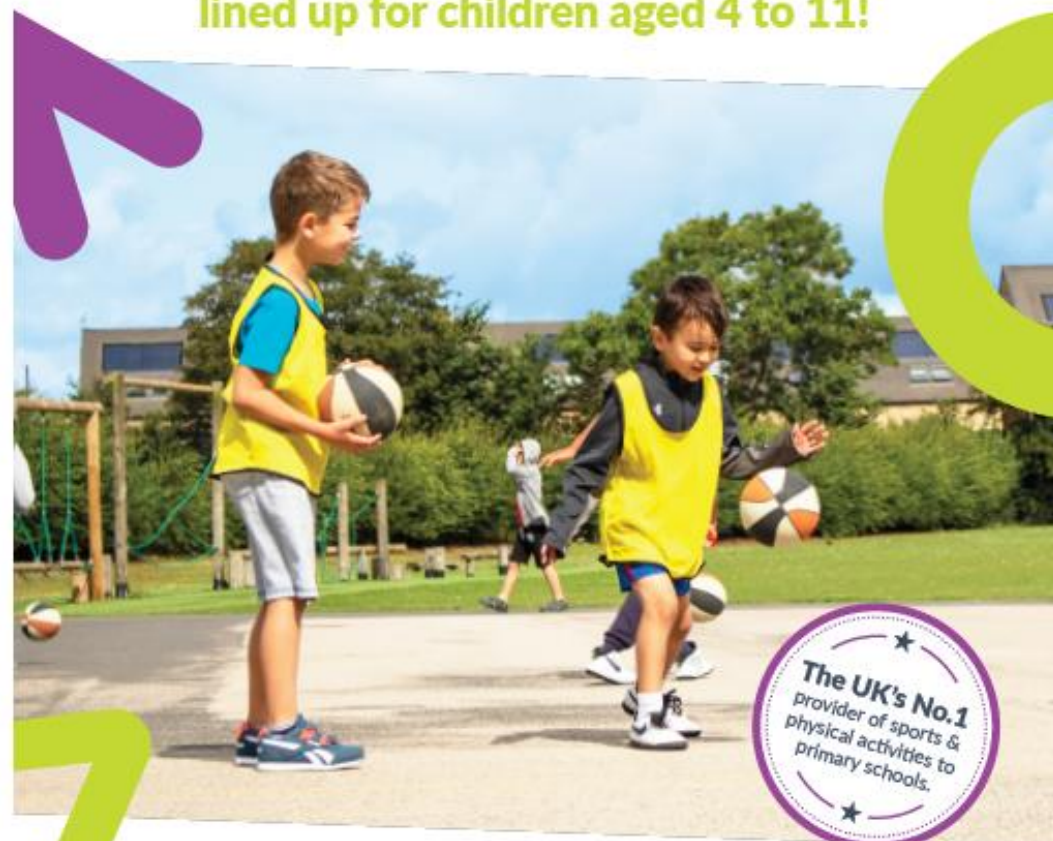
★ Trustpilot



Rated 4.7 out of 5

Holiday Camps!

We've got heaps of half term fun lined up for children aged 4 to 11!



★
The UK's No.1
provider of sports &
physical activities to
primary schools.
★

Premier Education Holiday Camps are so popular thanks to our unique mix of games and activities. With all day to play, your child will be able to enjoy their favourites and discover a few more!

Book now at...
premier-education.com/holidaycamps

 Premier
Education

Our Holiday Camps near you...

ST NICHOLAS & ST MARY'S, SHOREHAM

Tuesday 18th February - Thursday 20th February

	TUESDAY	WEDNESDAY	THURSDAY
9am - 9.15am	Registration	Registration	Registration
9.15am - 10.00am	Fun Energy Games	Fun Energy Games	Fun Energy Games
10.00am - 10.15am	Break	Break	Break
10.15am - 12.00pm	Foot Golf Bench Ball	Zorb Football Fencing	Football Nerf Play
12.00pm - 12.40pm	Lunch	Lunch	Lunch
12.40pm - 1.50pm	Football Dodgeball	Foot Golf Parachute Games	Football Nerf Play
1.50pm - 2.00pm	Break	Break	Break
2.00pm - 3.00pm	Football Hockey	Football Archery	Football Nerf Play
3.00pm - 3.30pm	Cool Down Games	Cool Down Games	Cool Down Games
3.30pm	De-registration	De-registration	De-registration



From just
£10
per day!

- Football
- Performing Arts
- Multi Sports
- Zorb Football
- Gymnastics
- Nerf Play

£15.00 Full Day (9am - 3:30pm)
£10.00 Half Day (9am - 12pm)

Book now at...
premier-education.com/holidaycamps





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DEVELOPMENT
THROUGH DRAMA

AGES 4 -17!

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NOW!

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www.helenogradysussex.co.uk

BRIGHTON - HOVE - HASSOCKS
LEWES - SHOREHAM -
WORTHING

HELEN O'GRADY

DRAMA ACADEMY, SUSSEX

DEAR PARENT OR GUARDIAN,

Our drama and acting clubs promote **confidence, clarity** and **creativity** in your child's **communication** and **language** skills. All of this is taught via a carefully crafted, termly curriculum with the special ingredient of **MASSES OF FUN!**

Our relevant drama programme draws on current arts education thinking and has great benefits for life:

- Public speaking and performance skills
- Meeting and making new friends
- Mindfulness and self esteem
- Discipline through listening, movement and team work
- Trinity College, London Awards

We proudly promote on-going confidence, encourage clear speech and nurture young people's creative talents through 'theatre-thinking' in a healthy and positive environment. Our mantra is 'work hard and be nice to each other' 😊

What our Sussex Parents + Carers say:

'your programme has had such a positive effect on our son. He loves going to class and loves his teacher. The difference in him has really been noticed during school, but also on a wider level. His confidence has changed significantly. Fantastic!!!'

'The classes my daughter attended are wonderful. She was struggling with her speech and language development and has come on leaps and bounds under her teacher's tuition'

Call for a chat or email me about your child to book in your **free trial now** and join the HOGDA family this term!

My warmest wishes, Gareth Corke (Principal)



Drum Kit, Guitar, Vocal + Piano Lessons at St Nicholas and St Mary's Primary

Great news! Drum kit, guitar, piano and vocal lessons are now available to book at St Nic's and St Mary's, provided by SAM Music Service.

We also offer **violin** lessons which take place at SAM in Shoreham (BN43 6RE) which is open 7 days a week.

Learning to play an instrument can be a fantastic way to help with confidence, creativity, social skills and academic development. Our students are encouraged to progress through the accredited graded syllabusses such as Trinity Rock & Pop.

The teachers are experienced and passionate real-life musicians; lessons are fun and engaging; and parents / guardians are kept up to date with weekly online feedback via our unique, mobile friendly software 'mySAM'!

There are limited spaces so please enquire as soon as possible to avoid disappointment, as lessons will be allocated on a first come first serve basis.

How to Enquire:

1. Email: lessons@sussexmusic.com - include student name / school name / instrument
2. Web www.sussexmusic.com/schools - complete the quick and easy contact form

What does it Cost:

- Individual 30min lessons are £16.70 per lesson
- Paired 30min lessons are £12.45 per lesson per person
- Lessons are paid for in half-termly blocks.
- We encourage individual lessons for the most efficient learning experience!
- SAM is Ofsted registered and accepts payment via **Childcare Vouchers**, thus helping to keep the price of lessons to a minimum.

Fishbourne Roman Palace & Gardens

Family
Fun!

Live Like a Roman
Mon 17th - Fri 21st February
10am - 4pm



From the Roman kitchen to Roman school,
food, ancient crafts and costumes - fun for the
whole family!

Fishbourne West Sussex
PO19 3QR 01243 785859
www.sussexpast.co.uk



MYSTERY WARRIOR THE NORTH BERSTED MAN



Thanks to generous funding provided by The National Lottery Heritage Fund, The Novium Museum has programmed a range of free activities and events to accompany the Mystery Warrior exhibition.

MYSTERY WARRIOR COMMUNITY DAYS

10am – 2pm. Free, drop-in.

Join us at the Bersted Park Community Centre to learn more about life in the Iron Age. Handle replica weaponry and objects, and see more from The Novium Museum's collection. Hear about the work that takes place at Butser Ancient Farm, a leading site for experimental archaeology, as well as from archaeologists from Thames Valley Archaeological Services who excavated the site. Learn more about what people wore and how they made their clothes, and have a go at weaving on our loom. Take part in mini-digs, craft and other activities.

7 March, Bersted Park

Community Centre – Join us as we unveil a new permanent information panel at the site where the Mystery Warrior was found.

16 May, Bersted Park

Community Centre – The Novium Museum will be presenting the finished artwork created by Year 4 students at Bartons Primary School back to the school for display.

8 August, Jubilee Hall, North

Bersted - Celebrate our final community day with us.



MYSTERY WARRIOR FAMILY DAYS

**25 January, 29 February, 28 March,
25 April, 30 May, 27 June, 25 July,
19 August, 29 August &
26 September**

**10am – 2pm. Free, drop-in
(booking for craft is recommended).**

Join us on the last Saturday of the month in the museum galleries to learn more about life in the Iron Age. Handle replica weaponry and objects, learn more about what people wore and how they made their clothes, and have a go at weaving on our loom. Take part in mini-digs, craft and trails! Please see our website for further details as activities may differ each day.

For more information about events at The Novium Museum and to book visit www.thenovium.org.



@TheNovium



@TheNovium



@noviummuseum

The
Novium
Museum



RECRUITMENT FAIR

**THERE ARE 284 SCHOOLS IN WEST SUSSEX
LOOKING FOR SOMEONE LIKE YOU**

Saturday 1 February 2020 » 10am-2pm

Premier Lounge at Fontwell Park Racecourse, BN18 0SY

Saturday 8 February 2020 » 10am-2pm

Ifield Community College, Crawley, RH11 0DB

WWW.WESTSUSSEX.GOV.UK/JOBSINSCHOOLS



Whether you are new to teaching, want to train to teach or looking for a new career, your local school may be the answer.