

This week we have been reflecting with the children that showing Courage can be through trying something new but also it can be saying no/not doing something that isn't right.

Have a wonderful weekend Mr Lincoln and the Senior Leadership Team.

I. COMMUNICATION

- Website: please check the website for answers to queries before contacting the office. General information can be found under the Parents & Carers tab. Bulletins/letters are under Parents & Carers > News & Events.
- Email: office@stnm.org.uk please do not email staff directly (unless agreed previously).
- <u>Calendar</u>: term dates, events. Follow the link for instructions on how to <u>use</u> or <u>subscribe</u> to the calendar.
- Language of the Month: English. During September, we will be celebrating the English language by continuing our focus from last term on our 'marvellous manners' and establishing our new school routines.
- **Sign of the Week:** Good Morning/Good Afternoon
- School Communications Parent/Carer systems: we use various systems within the school and we would like to ask that you please check you have access to the relevant systems eg School Ping for messages, Childcare Bookings for the Breakfast and After School Clubs etc. Please see page 3 for details.
- 2. **UPCOMING DATES AND EVENTS:** here are the upcoming events for the next few weeks. Please see the dates list <u>here</u> for events happening later in the term.
 - Thursday 26th September: African Workshop for YR-Y6 (Not just Y2-Y6 as previously stated!)
 - Friday 27th September: INSET day School closed for all children (including Little Fishes nursery)
 - Friday IIth October: PTA Coffee and Cake
 - Friday 25th October: Break the Rules Day
 - Parental Events/Opportunities: (Further information will be sent through via email/ping)
 - Tuesday 1st or Thursday 3rd October- 3.30 3.45pm- An opportunity for parents of children in Year 1-4 to have a brief walk around our newly refurbished ARK building. The idea being that your child can show you their classroom and take you on a swift walk around the building.
 - Wednesday 2nd October- NEW Parents coffee, tea and cake morning- 9.00am 9.45am (Small Hall) chance to meet members of the Senior Leadership Team and importantly, time to have a chat with your fellow new parents
 - November 2024: Early Reading and Phonics workshop + How can i support my child with their maths workshop.

Christmas Services:



Tuesday 10th December: 2pm Year 2 Nativity Performance

Wednesday 11th December 2pm Reception Nativity Performance

Thursday 12th December 9.30am Reception Nativity Performance

Thursday 12th December 2pm Year I 'Jingle Bell Rock' Concert

Thursday 12th December 6pm Year 2 Nativity Performance (Children arrive at 5.30pm)

Monday 16th December 11am Little Fishes 'Cookies and Carols'

(More dates including church carol services will be added in the next few weeks)

3. REQUESTS, REMINDERS AND GENERAL NOTES

- Toys: Please refrain from sending your child into school with toys. Many thanks.
- ATTENDANCE:

Fixed Penalty Notices - Please note the changes that the Government have recently announced to the Fixed Penalty Notice process. More information is available on GOV.UK

Headline Information: From August 2024, the cost of a FPN is raising to £160 with the opportunity to pay this at a lower rate of £80 in the first 21 days. This will relate to any unauthorised absence which occurs after 19 August 2024. Absence prior to this date will lead to FPNs being issued at the £120 rate with an opportunity to pay at a lower rate of £60 if paid within the first 21 days.

- In some circumstances, the ability to pay the lower amount is not available.
- An escalation process is to be introduced. When a parent has received two FPNs in a three year period, the offer of a FPN will not be available. Instead, the matter will either be allocated to an Investigating Officer or referred to the Magistrates' court. Please note if the absence is related to holidays in term time, the case is likely to go before the Magistrates' court.
- FPNs issued prior to the change will not count to the escalation period.

Our absolute priority is to have as many children in school as possible everyday. This is why we will sharing much more about attendance strategy in the next bulletin- including attendance rewards for classes and individuals, how we can support families and more on why it is so important for children to be in school.

4. Parent Webinar on Strategies to Manage Your Child's Anxiety. We are excited to be able to offer all parents the opportunity to access a webinar from our School Therapy Organization, Your Space Therapies, as described below. We know that children can experience anxiety for many reasons at different times and that this can also add additional stress and anxiety for parents and carers. We are delighted to be funding this special webinar for you and hope that you will take advantage of watching it during the two week window 13th-28th October. Please make a note of this in your diaries and more details, including the unique code to access the webinar will be available nearer the time. Overcoming Overwhelm – In order to live, learn and love to our full potential 2 hours. This course explains what happens to children's brains and bodies when they experience extreme overwhelm. We explore ways to support parents manage their own anxieties in order to help their children and creative ways to listen and communicate well with children who are struggling with big feelings. Examples of therapeutic games, activities and strategies that will help calm, soothe and overcome anxiety are provided for children age 2-10.

Website: www.stnicolasmary.w-sussex.sch.uk Em: office@stnm.org.uk Calendar: click on link for how to use or subscribe

- 5. Parent Readers: We are currently looking for parents and guardians to help us with 1:1 reading in our school. If you can spare even 15 minutes per week to come in at drop off and stay till 9.15am and support the children we would be most grateful.
- Sepsis Awareness Month: As part of Sepsis Awareness Month this September, we are highlighting the importance of recognising the symptoms of sepsis. In the UK alone, there are at least 245,000 cases and up to 48,000 deaths of sepsis every year. That's more deaths than breast, bowel and prostate cancer combined. There is no single sign or diagnostic test, and sepsis is indiscriminate: while it primarily affects very young children, older adults, and people with underlying health conditions, it can sometimes be triggered in those who are otherwise fit healthy. **Sepsis** is a life-threatening condition. For more information please https://sepsistrust.org/about-sepsis/faqs/

Sports News

7. **Netball at Shoreham College:** A big thank you to Shoreham College for inviting some of our Year 3 and 4 netball players along for a festival last week. The team, Libby, Iris, Liv, Elsie, Lois and Sophie all had a fantastic afternoon. They scored lots of goals and learnt how to work together as a team. Well done everyone.



8. BasketBall Tournament: St Nicolas and St Marys have started off the year on a high with their first win at our locality sports event at Shoreham Academy. On Wednesday the 18th of September it was our Year 3 and 4 Basketball team's time to shine. Leo, James, Will, Teddy, Libby and Ola won every game and all scored numerous goals. Each and everyone of them showed excellent sportsmanship throughout and we could not be any prouder. Well done all and a big thank you to Joe Benn and Shoreham Academy for hosting.



9.

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Group & private lessons available to book now

Swimming lessons

Parent & baby • Pre-school age

Fridays 9.30am-12pm

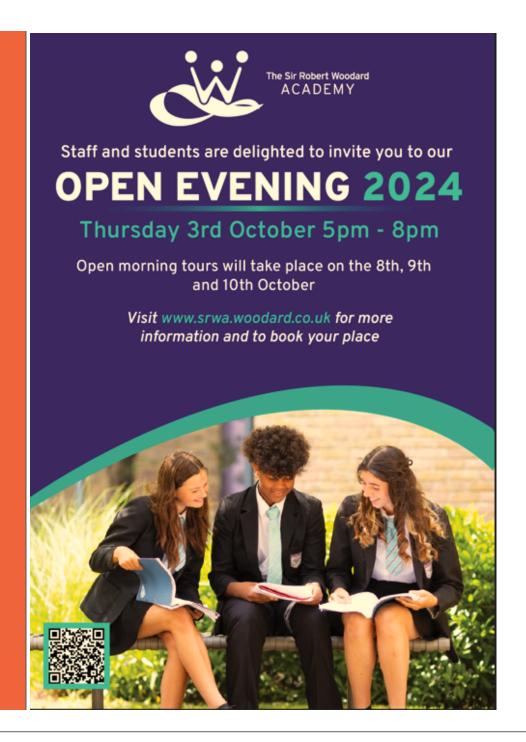
Ages 4+ • Adult

Mon-Thurs 3.30pm-6pm

Beginners - Stage 5 Swim England

Robins Garth, Henfield Road, Small Dole, West Sussex, BN5 9XJ

Contact Keri on 01903 372742 or email: keri@loveforswimming.com loveforswimming.com





Shoreham Academy Year 5 EHCP open morning

Shoreham academy Inclusion & Learning support team would like to invite you to an open morning.

We appreciate making the right decision for your child's school placement can be a difficult one.

The morning will include:

- A Q&A session with the ILS leadership team in the library (drinks and biscuits included)
 - A tour of the school by some of our pupil representatives and TAs

SA Inclusion & Learning Support



An inclusive education that develops the potential of each child to bring out 'The best in everyone.'

Tuesday 25th March 9:30-10:30

Please confirm attendance by emailing Hannah.Phillips@shoreham-academy.org

Umbrellas

Parent Support Group Autumn Term 2024

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.



Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Southwick Community Centre

10th Sept / 1st Oct / 5th Nov / 26th Nov

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

11th Sept / 2nd Oct / 6th Nov / 27th Nov

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

17th Sept / 8th Oct / 12th Nov / 3rd Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

18th Sept /16th Oct / 20th Nov / 18th Dec

Chichester Umbrellas

Thursdays, 10 am - 11.30 am

Donnington Parish Hall

26th Sept / 17th Oct / 21st Nov / 12th Dec

Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
24th Sept / 15th Oct / 19th Nov / 10th Dec

If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email:

outreach-training@reachingfamilies.org.uk



www.reachingfamilies.org.uk

Umbrellas Online

Thursdays via Zoom

19th Sept	7.30 pm - 9 pm
24th Oct	7.30 pm - 9 pm
14th Nov	7.30 pm - 9 pm
12th Dec	7.30 pm - 9 pm

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