



Personal, Social, Health and Economic (PSHE) Education Curriculum Map



Be **Courageous!** Live and Learn in **Faith, Hope** and **Love**

Term	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Carpet and Rainbow Rules / School values / Our class / Our Buddies	Rainbow Rules/Class Charter Executive Function: Think Squad	Rainbow Rules/Class Charter Executive Function: Think Squad	Rainbow Rules/Class Charter Executive Function: Think Squad	Rainbow Rules/Class Charter Executive Function: Think Squad	Rainbow Rules/Class Charter Executive Function: Think Squad	Rainbow Rules/Class Charter Executive Function: Think Squad
	Respect for All Month	Respect for All Month	Respect for All Month	Respect for All Month	Respect for All Month	Respect for All Month	Respect for All Month
Autumn 2	My Family and my celebrations	Who Is Special To Us?	What Makes A Good Friend?	How Can We Be A Good Friend? What Are Families Like?	How Do We Treat Each Other With Respect?	How Can Friends Communicate Safely?	How Can The Media Influence People?
Spring 3	Around the town - Where do we live?	What Helps us Stay Healthy? (Goodness & Mercy)	What Helps us Stay Healthy? (Goodness & Mercy)	How can we Express and Manage our Feelings? (Goodness & Mercy)	How can we Look After our Body? (Goodness & Mercy)	How Can We Manage our Feelings and look after Ourselves? (Goodness & Mercy)	How can we Keep our Bodies Healthy? (Goodness & Mercy)
	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values
Spring 4	Perspective of others- Is it 'Good for me, Good for you, Good for everyone'?	What Is The Same And Different About Us?	What jobs do people do?	What makes a community?	How Can Our Choices Make A Difference To Others And The Environment?	What Decisions Can People Make With Money?	How Do Friendships Change As We Grow?
Summer 5	Growth mind-set. What do you want to 'grow' at?	How do People Show they Care for us? (Goodness & Mercy)	Families, friends, bullying, our bodies (Goodness & Mercy)	Why Should We Eat Well And Look After Our Teeth? (Goodness & Mercy)	What Makes up a Family? (Goodness & Mercy)	Families and Friendships (Goodness & Mercy)	How Can We Keep Healthy As We Grow?
	Health & Safety	Health & Safety	Health & Safety	Health & Safety	Health & Safety	Health & Safety	Health & Safety
Summer 6	Pirate challenges- what made them brave? What makes you brave?	How Can We Look After Each Other And The World?	How Do We Recognise Our Feelings?	Why Should We Keep Active and Sleep Well?	How Will We Grow And Change?	What Makes Up A Person's Identity?	What Will Change As We Become More Independent?

Key **Yellow:** Rainbow Rules & Executive Function **Green:** Health and Well-Being **Orange:** Relationships **Blue:** Living in the Wider World