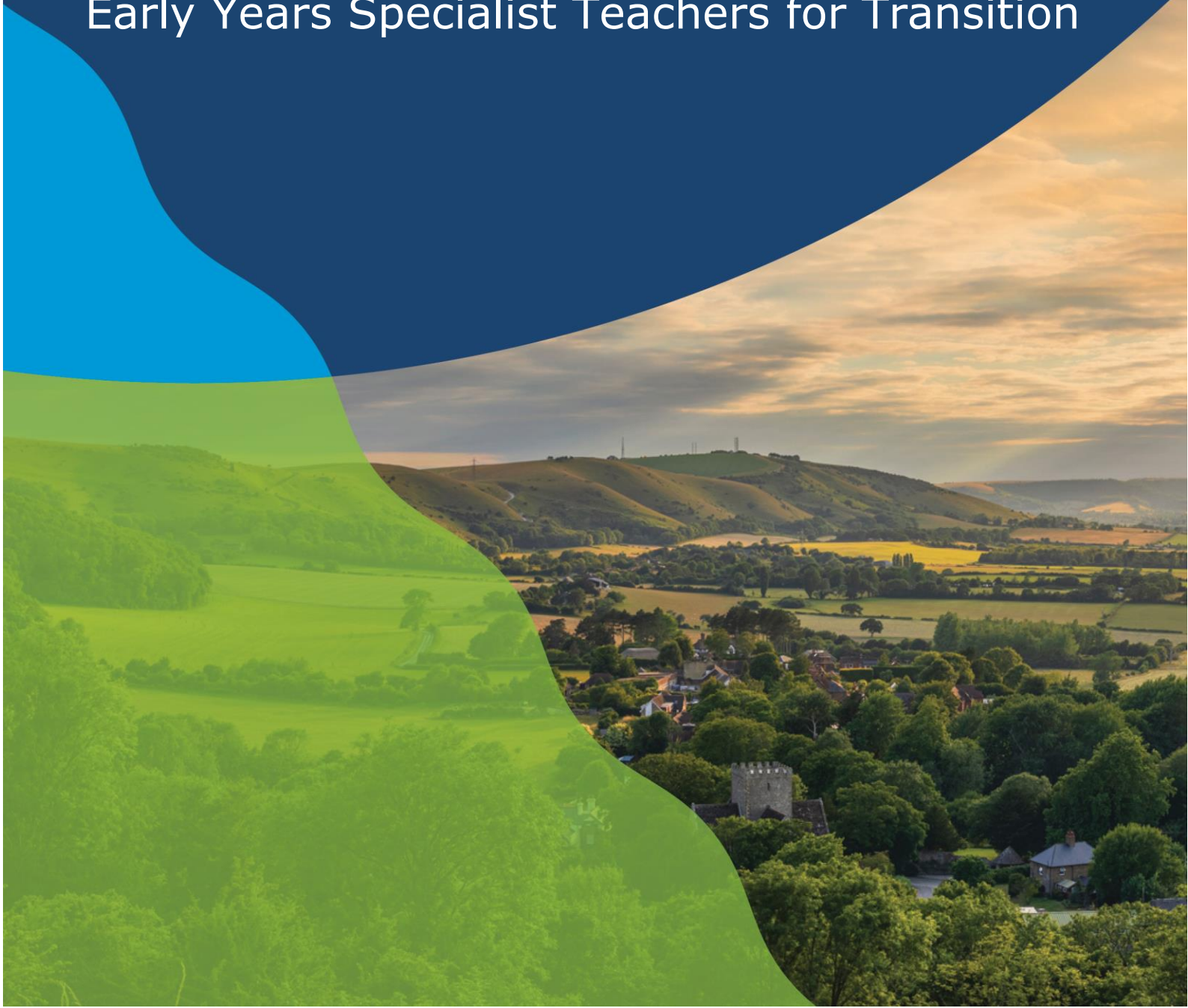


# Getting Started Guide: Supporting Children with SEND to use the toilet in Reception.

Early Years Specialist Teachers for Transition



## Introduction

This Getting started Guide contains some information and links that may help staff to support children with SEND to use the toilet.

## Key elements for successful toileting



Collaboration with parents & pre-school setting to gather information about child



Preparation of the environment and resources, including revising toileting policies



Develop consistent routines from Day 1



Scaffold learning and focus on one aspect at a time



Recognise it's a journey and some children will take longer



Provide guidance and training for all staff, in-line with school policy



Create individual Toilet Care Plan if required and review regularly

## Information and Links to websites:

### Preparation

**Bladder and Bowel UK, and ERIC the Children's Bowel and Bladder charity, provides a range of information to support schools and families with helping children to develop the skills they need to use the toilet. This includes:**

- Toilet Anxiety and reluctant users [Toilet anxiety and toilet phobia in children - ERIC](#)
- Constipation, nappies and pull-ups [Managing bowel and bladder issues in early years education settings, schools and colleges - ERIC](#)
- Toilet Training for children with additional and specific needs [Children with additional needs - ERIC](#)
- Toilet Care Plans and record keeping [Individual health care plan - ERIC](#)

### Sensory

**Sussex Community NHS Foundation Trust provide a range of short sensory videos which provide strategies to use at school and home, including smell.**

[Sensory videos - General strategies](#)

**ERIC the Children's Bowel and Bladder charity provides useful information with supporting children's sensory needs when using the toilet**

[Sensory needs and toileting - ERIC](#)

### Communication

**Information on using visual schedules, visual aids, social scripts and stories can be found here:**

[Help with toileting - ERIC](#)

[Specialist Advisory Teachers for Early Years SEND Transition | West Sussex Services for Schools](#)

## Online Training

***Pull-ups and Pants Webinar recorded by the EYSAT's Encouraging healthy toileting habits, exploring strategies for reluctant users, and understanding legal responsibilities.*** <https://youtu.be/qDcYQ2xDOXg>  
Video: [Helping children with toileting difficulties to use the toilets at school - ERIC](#)

## Legislation

**The Equality Act (section29)** [The Equality Act 2010](#)

**Disabled Children and the Equality Act 2010: What teachers need to know and what schools need to do** [Equality Act Guide for schools - FINAL.pdf](#)

**Statutory Framework for the Early Years Foundation Stage for Group and School Providers (3.36)** [Statutory framework for the early years foundation stage for group and school providers \(publishing.service.gov.uk\)](#)

**SEND code of practice:0-25 years (1.24)** [SEND code of practice: 0 to 25 years - GOV.UK \(www.gov.uk\)](#)

**Guidance for Safer Working Practices (Pt 20)** [Professional and Personnel Relationships \(cscp.org.uk\)](#)

## Other Useful Information

**Sussex Community NHS Foundation Trust - Children and Young People's Contenance Team** [Children and Young People's Contenance Team \(sussexcommunity.nhs.uk\)](#)  
Health Visitor Duty Line - 01273 242004

**ERIC the Children's Bowel and Bladder has a free helpline**  
0808 801 0343 Monday to Thursday, 10am - 2pm

## Ordinarily Available Inclusive Practice

**For the West Sussex Ordinarily Available Inclusive Practice document (Age 0 to 5)**  
[OAIP - West Sussex County Council](#)

## Specialist Advisory Teachers for Early Years SEND Transition Team

**Toileting resources and information are available from the Services for Education page, [Specialist Advisory Teachers for Early Years SEND Transition | West Sussex Services for Schools](#), which include;**

- *Toilet Training Tips*
- *Example Toileting Policy*
- *Example Toileting Care Plan (blank & completed)*
- *Example Toileting Record*
- *Example Toileting Routine Widget Symbols*
- *Example Washing Hands Routine Widget Symbols*