Personal, Social, Health and Economic (PSHE) Education Curriculum Map

Be **Courageous!** Live and Learn in **Faith,** Hope and **Love**

Term	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Carpet and Rainbow Rules / School values / Our class / Our Buddies	Mental health and wellbeing	Mental health and wellbeing	Mental health and wellbeing	Mental health and wellbeing	Mental health and wellbeing	Mental health and wellbeing
	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values	Food & Fitness or British Values
Autumn 2	My Family and my celebrations	Making friends – playing and learning together	Keeping safe online	Making choices online	Exploring ways to manage risk	Safe connections online	Managing money and online spending
Spring 3	Around the town – Where do we live?	Safety at home	Safety outside the home	Keeping safe out and about	Forming respectful relationships	Positively engaging with our world	Drug education – assessing risk and managing influences
	Health & Safety	Health & Safety	Health & Safety	Health & Safety	Health & Safety	Health & Safety	Health & Safety
Spring 4	Perspective of others- Is it 'Good for me, Good for you, Good for everyone'?	Celebrating me, you and our families	Money and work	Me, my friends and belonging	Money matters and news literacy	Respecting boundaries	Developing our understanding of AI
Summer 5	Growth mind-set. What do you want to 'grow' at?	Showing kindness to ourselves and others	Me, my body and staying safe	Looking out for each other	Families and growing together	Friendships stereotypes and bullying	Changes in puberty and sex education
	Celebrating Cultures	Celebrating Cultures	Celebrating Cultures	Celebrating Cultures	Celebrating Cultures	Celebrating Cultures	Celebrating Cultures
Summer 6	Pirate challenges- what made them brave? What makes you brave?	Being healthy	Looking back and moving on	Building healthy habits	Me, my body and growing up	Embedding healthy habits and learning first aid	Looking to the future