



# Learning an instrument?

## Music Practice Tips

### TOP TIPS:

Play pieces you enjoy

Try to practice every day  
(Set an alarm if you always forget)

Perform your favourite pieces to your family

### Extra ideas

Always warm up:

Playing long notes and focusing on the sound you are creating is a great way to do this.

Little and often:

Short regular practice sessions are better than occasional long ones. You could try putting a timer on for 10 minutes so you know how long you've done.

Keep it tidy

Practice in an area you are comfortable in. If it's tidy then you will be more focused.

Hydrate:

Keep a drink nearby to help with concentration.

Break it down:

Don't just play the whole piece, break it down into sections. Focus more on the tricky bits.

Relax:

Don't worry if you are finding something hard. Slow it down and give it time.

Play with others:

Making music with other people is so much fun!

