## **2021 Prayer Space Report** St Nicolas & St Marys CE Primary



SCHOOLS & YOUTH

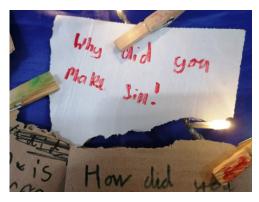
Contact: schools@offthefence.org.uk

Resisting poverty. Empowering people. Restoring hope.

-

This is a record of the Prayer Space which took place at St Nicolas & St Marys in November 2021. The Prayer Space gave students the opportunity to explore faith and spirituality from a broadly Christian perspective in a safe, creative and interactive way. Seven prayer zones were created, to help students reflect on things they are thankful and sorry for, as well as thinking about who they are, how amazing God is and also how we can all be praying for people in other countries. Each class was invited to visit the Prayer Space during prayer week, including the nursery group who came for a special story time in the space. Members of staff visited the space as part of their weekly staff meeting to take some time to pray and reflect. Over 400 people visited the space this year.







### **The Prayer Zones**

(1 Chronicles 16:34) Give thanks to the Lord, for he is good; his love endures forever.

Saying Sorr

This energetic activity helped students to be thankful for the things that make them happy. This was a fun and simple game that encouraged students to say or act out the things that make them jump for joy.

(Matthew 6:12) "Forgive us and help us to forgive others."

Here students considered the things they may need to say sorry for and the people they need to say sorry to. They wrote these on a slip of paper. They could then shred the paper while thinking about the power of forgiveness and how God always forgives us.

> (Genesis 1:31) God saw all that he had made, and it was very good.

> > e A Light

This activity was designed to help students to focus on their positive qualities and the things they like about themselves. It was also an opportunity to talk to God if being positive about themselves was something they find difficult to do.

(John 8:12) When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

Good at draw

By shining torchlight onto a world map, students selected countries they wanted to pray for. They could also use the light boxes to project the name of a country onto the map and pray for people who are lost or scared in that country.





no For lo

## **The Prayer Zones**

(Joshua 1:9) "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

This quiet area introduced students to a simple breathing exercise that anyone can do wherever they are. This was also an opportunity for students to stop for a moment and think of the things that worry them, letting go of their worries as they breathe out and giving them to God.

(Psalm 111:2) Great are the works of the Lord; they are pondered by all who delight in them.

Students looked up at the stars inside the tent, thinking about how big and amazing our universe is. They then took a moment to discuss what amazes them most about the universe, our planet and what amazes them most about God.





(Matthew 19:14) Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

This popular activity posed the question; "If you could ask God one big question, what would you ask?". This was a great opportunity for them to write down any questions they had, big or small, without fear of judgement or reprimand.

Draw a picture of your favourite thing in the Prayer Space

"I really enjoyed my time in the Prayer Space because I felt calm and relaxed. The sorry shredder kept my time at the Prayer Space positive. It was so good I just wished we could've had more time. Thank you for letting us spend time enjoying the activities." (Year 6 Student)



# Feedback

"It was a time to say sorry and talk to God and reflect."

### Year 6 Student

"Peaceful and nice, comforting time where you can think about God and the universe."

Year 6 Student

"It gave me the opportunity to really express myself to God and feel free. Thank you for this."

### Year 5 Student

"The torches and world map made me think about how grateful we are to have a safe country."

#### Year 6 Student



"I really enjoyed Prayer Space because it calmed me and gave me a break from working in school. It soothed me and it let me zone out of all the crowded and stressful emotions in my mind. Overall I really appreciate the work these people put into setting up Prayer Space."

Year 6 Student

For more information on Prayer Spaces including how they can connect with the National Curriculum, SMSC, Citizenship and R.E. Visit: https://prayerspacesinschools.com/product-category/education-guide/