



PE Curriculum Map – Autumn Term



Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Ball Skills P1	Fitness P1	Gymnastics P3	Fundamentals P3	Swimming P7, P8, P9	Gymnastics P3
	Fitness P1	Sending & Receiving P2	Handball P2	Basketball P2	Dodgeball P2	Tag Rugby P2
Autumn 2	Sending & Receiving P2	Invasion P2	Dodgeball P2	OAA P5	Swimming P7, P8, P9	Fitness P6
	Dance P3	Dance (Nativity) P3	Netball P2	Gymnastics P3	Hockey P2	Basketball P2

PE Curriculum Map – Spring Term

Spring 1	Gymnastics P1	Target Games P2	Dance P4	Swimming P7, P8, P9	Netball P2	Badminton P2
	Invasion P2	Gymnastics P1	Tag Rugby P2	Dance P4	Gymnastics P3	Football P2
Spring 2	Fundamentals P1	Team Building P2	Golf P2	Swimming P7, P8, P9	Golf P2	Dance (Indian) P4
	Target Games P2	Dance P3	Fitness P6	Football P2	Dance P4	Handball P2

PE Curriculum Map – Summer Term

Summer 1	Net and Wall P1, P2	Ball Skills P1	Swimming P7, P8, P9	Cricket P2	OAA P5	Tennis P2
	Team Building P2	Fundamentals P1	Tennis P2	Hockey P2	Tennis P2	Cricket P3
Summer 2	Athletics P1	Athletics P1	Swimming P7, P8, P9	Athletics P3	Athletics P3	Athletics P3
	Striking & Fielding P2	Striking & Fielding P2	Athletics P3	Rounders P2	Rounders P2	Dance (Production) P4

Notes: Highlighted units of **dance** require a school MTP as are either performance or topic based units

Key Stage 1

Pupils should be taught to:

master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities (P1)

participate in team games, developing simple tactics for attacking and defending (P2)

perform dances using simple movement patterns. (P3)

Key Stage 2

Pupils should be taught to:

use running, jumping, throwing and catching in isolation and in combination (P1)

play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending (P2)

develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] (P3)

perform dances using a range of movement patterns (P4)

take part in outdoor and adventurous activity challenges both individually and within a team (P5)

compare their performances with previous ones and demonstrate improvement to achieve their personal best. (P6)

Swimming and water safety

swim competently, confidently and proficiently over a distance of at least 25 metres (P7)

use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] (P8)

*Notes: Highlighted units of **dance** require a school MTP as are either performance or topic based units*

perform safe self-rescue in different water-based situations

(P9)

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